

Deer Park Starlights 2017 Rules

Qualifications:

- Girls must be 8 years old by December 31, 2016 and still be 13 years old on September 1, 2016 to be eligible for participation on the drill team.
- Original or certified copies of birth certificate are required at registration for all new girls and must be verified by a conference person.
- Officers must have participated on the drill team for at least 1 year.
- Cheerleaders must have participated on the drill team or Twinkles cheer team for at least 1 year.
- Officers and Cheerleaders will be chosen by judges through try outs.
- Cheerleaders and Officers can be involved with other extra-curricular activities but if it results in them missing practice or games it will result in demerits and can cause them to sit out at games (For example- volleyball, all-star cheer, softball, etc.)
- All members are required to participate at competition, post season games and Super Bowl in order to try out for an officer or cheer position the next season.
- Scores will not be publicized; they are turned into the Conference Drill Director. The results will be posted on the Deer Park Starlight's website.

Memberships and Responsibility:

- Drill Team membership is limited to 100 girls or any number of girls the drill director feels she can work with
- Every drill member is expected to attend all practices and games. (This includes out of town games as well as home games)
- Drill members are expected to be at all of the practices the week of competition in order to participate at competition.
- Parents must be sure girls are at practice on time and picked up promptly.
- Parents must stay at practice in case of a medical emergency. We also do not have public restrooms so it is the parent's responsibility to take their child to the restroom.
- Members are to remain in the team area (practices and games) until a parent or designated person arrives in the team area to pick them up. Girls should never wander off looking for their parents.
- Members are expected to follow basic rules of courtesy;
 - a) Do not talk when someone is talking or teaching.
 - b) Do not laugh or make fun of someone else's performance-always encourage others.
 - c) No talking back to coaches-always be respectful.
 - d) Any drill team member that is uncontrollable and persistently disobeys will be brought before the Tiger/Starlight Booster Club Executive Committee.

Uniform:

- The drill director will choose the drill performance uniform and cheer uniform; the Tiger/Starlight Executive Board will approve both uniforms.
- The uniform is to be worn only by the team member to whom it is assigned and only for official drill team and/or cheer functions.
- Uniforms (including gloves) will be clean for all games. Shoes and socks must be clean and white.
- Cheerleaders will have a cheer uniform and a drill uniform. Officers and drill members will have the same uniform (officers may have a different color).
- Jewelry will not be permitted at practice or games.

Insurance:

- All members of the drill team, cheerleaders and coaches are insured by the TIFI conference through their booster club.
- For the reason above, only TIFI approved applicants will be allowed on the practice and/or game field.
- In the event an injury does occur and the Director is unable to locate any parent or relative your child will be taken to the nearest medical facility with the medical form you filled out and have on file with the director.

Games:

- Games are typically played on Saturday. The drill team will perform at the first two games when we are at home and the last two games when we are away.
- Drill members must be at the field at 9am for home games and 12:00 (noon) for away games.
- Length of performance will be 12-15 minutes total including entrance and exit from the field.
- Girls will be dismissed at the end of the second game.
- Any girl who has been benched and does not show up for the game will be benched the following game.
- All girls are expected to have a clean and complete uniform in order to perform. This includes hairpiece, gloves, gauntlets, socks, hats and shoes.
- The drill team is expected to participate with the cheerleaders from the stands.
- If a total of (4) practices are missed in the first three weeks of practice or the member has reached her maximum number of demerits (9), that member will not be allowed to perform at the first game.
- Hair must be pulled back out of the face for all games in order to perform (no bangs allowed).
- After the two performing games, the drill director/or cheer director will not be held responsible for your child. Please be prompt in picking up your child.
- Drill team members and cheerleaders must change out of drill and/or cheer uniform if they stay for additional games after they have been dismissed from performing games. This includes both home and away games.
- Parents, siblings or other guests are not allowed in the team seating area. If you need to give your child a message please see the director and/or coaches.
- Cell phones are not allowed during performing games, competition or practice.

Drill:

- Practice will be 1.5 hours daily for the first 3 weeks, may include Saturdays. After the first game practice will be 1.5 hours per day not to exceed 4.5 hours per week.
- Members are expected to arrive in enough time to have their poms, gloves, etc. out of their bags and to be in line for roll call at the time practice begins.
- Members are expected to wear their practice uniforms to every practice unless specified by the drill director.
- Poms should be fluffed by first practice. Please do not leave poms in hot sunny places for a lengthy period of time. Any girl who attends two full practices per week is eligible to perform on Saturday if she is in good standing. Members must be at two of the three practices of the week to be eligible to perform on Saturday.
- 75% of practices must be attended the week of competition in order to perform.
- Parents are required to be at practice with their children in the event of a medical emergency.
- Parents are responsible for taking children to the restroom. We have no restroom facilities at our practice field.
- Parents are not allowed on the practice field anytime during practice.
- Parents will be allowed on the field at the last practice of the week for announcements regarding upcoming performances. At practices members must wear their hair in a high ponytail, with practice bow and no bangs.
- Fingernail polish and artificial nails are not permitted at practice or games.

- Cell phones are not allowed during practice.
- Drill members do practice during the rain and dance during the rain at games.
- Please address your questions and concerns with Drill Director after practice/games and away from the drill team members.

Cheerleading:

- The cheerleaders will practice 50 minutes daily for the first 3 weeks which may include Saturdays. After the first game, cheer practice will be one of the following: a.) 3 days a week either before or after drill practices for 45 minutes or b.) 2 days per week, the first day for 1.5 hours and the second day for 45 minutes. The cheer director will determine the set cheer schedule but changes can occur.
- Wearing colored fingernail polish and artificial nails is not permitted.
- Cheerleaders must bring a personal lawn chair with them to each game.
- Chair must be labeled with cheerleader's name.
- At home games their cheer/drill uniform will be placed in garment bags and placed near the cheer area or locker room. Bags, water, etc. will be placed under personal lawn chair. Cheerleaders must wear their hair in a high ponytail to all practices with their practice bow. On game days hair will be worn in high ponytail with game day bow. No bangs are allowed.
- Cheerleaders must attend 75% of practices the week of competition in order to cheer at competition.
- Please address questions/concerns with the cheer/drill director after practice and away from children.
- No cell phones are allowed at cheer practice or during games.