

## **Centerville Lacrosse Club Code of Conduct**

The goal of the Centerville Lacrosse Club is to maximize the opportunity for each registered player to enjoy the game of lacrosse, to learn and display sportsmanship, and to develop individual and team skills. In pursuit of that goal, the principles set forth below reflect our Code of Conduct and shall apply to our coaches, players, and parents (or guardians) as well as any other participants in Centerville Youth Lacrosse activities.

As a member of the Centerville Youth Lacrosse Club your actions on and off the field are viewed as representative of the entire program. Actions detrimental to the integrity of Centerville Youth Lacrosse will not be tolerated. All players, parents, coaches and other representatives of the Centerville Youth Lacrosse Club are expected to conduct themselves at all times in a manner that will reflect the high standards and ideals of their team and community.

The Code of Conduct is not limited to the principles enumerated below; any conduct that undermines the goal and purpose of Centerville Youth Lacrosse may be deemed a violation of this Code of Conduct. If issues arise that are not covered in the Centerville Youth Lacrosse Code of Conduct, the issue will be handled at the discretion of the Board of Directors.

If any player, coach, parent, guardian, or other participant in a Centerville Youth Lacrosse activity perceives that this Code of Conduct has been violated, they have the right and responsibility to report the perceived violation to any member or representative of the Centerville Youth Lacrosse Board for investigation.

It is the responsibility of the players, parents, and coaches to read, understand, and acknowledge the contents of this document. We support an open dialogue with the parents of our organization to ensure these guidelines are followed.

### **Player's Code of Conduct**

Lacrosse is a team game that requires a significant commitment to develop the fundamentals, timing, and coordination between players to achieve excellence. It is also a game of skill that requires practice, endurance, and commitment from all players.

Every player's experience in Centerville Lacrosse should be rewarding and fun. In order to achieve these positive experiences we expect the following from all Centerville Lacrosse players:

To "honor the game" and always follow the rules of the sport.

To be respectful towards all teammates, coaches, opponents, referees, parents, spectators and anyone else that they may come in contact with during Centerville Lacrosse activities.

To show good sportsmanship and respect to the officials at all times even when I disagree with their decision.

To stay in control of my emotions, actions, and equipment at all times, especially in times of anger or frustration, and to refrain from malicious or retaliatory behavior.

To refrain from the use of profanity, abusive language, gestures or actions, racially insensitive remarks, or any other conduct that reflects poorly on me or the Centerville Lacrosse Club.

To refrain from the use of drugs, alcohol or tobacco during any Centerville Lacrosse event.

To put the team first and give my complete effort and attention during practices and games.

To accept coaching and be ready to learn. To ask questions of the coaching staff during practice sessions to ensure my understanding of proper technique and game action.

To attend all practices, games, meetings and any other team functions on time and properly equipped. Game shorts and game jerseys are not permitted at practice.

To maintain a current membership with US Lacrosse at all time when participating in Centerville Youth Lacrosse Activities.

### **Parent's Code of Conduct**

The Centerville Lacrosse Club seeks to provide every player with opportunities to excel on the playing field. We recognize that through hard work, determination, and fun our players will gain confidence in themselves and their teammates.

We expect much from our parents. We need your support as volunteers, team parents, and coaches. We also expect our parents to lead by example and demonstrate great sportsmanship towards our opponents, referees, and fans. Your encouragement and leadership will keep our lacrosse fields friendly, safe, and fun.

Parents are encouraged to ask coaches questions and address any concerns that you may have concerning your player. Please call the coach on the phone, send an e-mail, or ask to speak with the coach privately (after practices or games) and away from the players. If you disagree with a coach's decision give him the benefit of the doubt and discuss the situation with the coach at the proper time.

Centerville Lacrosse encourages you to bring your friends and family to our games. Please understand that our Code of Conduct also applies to your guests and by inviting them you are agreeing to be responsible for their actions.

As a Centerville Lacrosse parent, I agree that I will hold myself and my child to the standards set forth by the Centerville Lacrosse organization. While representing Centerville Lacrosse or participating in any Centerville Lacrosse activity I promise:

To provide positive support, care and encouragement for my child and to place the emotional and physical well being of my child ahead of a personal desire to win.

To encourage good sportsmanship by demonstrating positive support and respect for all players, parents, and coaches at every game, practice, or other Centerville Lacrosse event and by demanding that my child also treat other players, coaches, fans and officials with respect.

To show good sportsmanship and respect to all officials at all times even when I disagree with their decision.

To refrain from the use of profanity, abusive language, gestures or actions, racially insensitive remarks, or any other conduct that reflects poorly on me or the Centerville Lacrosse Club.

To refrain from the use of drugs, alcohol or tobacco during any Centerville Lacrosse event.

To support the effort of the coaches working with my child and to refrain from voicing any complaints or concerns towards coaches, referees, or league officials in front of the players.

To make every effort to ensure that my child attends every game and practice and to honor the teams time contract. I will make sure my child arrives on time and is picked up on time. I will make sure my child notifies the coach directly if they are unable to attend or must leave early.

### **Unsportsmanlike Conduct Penalties/Ejections**

In accordance with the rules set forth by the Southern Ohio Chapter of US Lacrosse (SOC/USL) to which Centerville Youth Lacrosse belongs, any player who receives two Unsportsmanlike Conduct penalties or is ejected from a game must serve a two-game suspension.

A second occurrence of two Unsportsmanlike Conduct penalties in a game and/or game ejection may require a meeting with the SOC/USL Board and may result in their recommendation for termination of his association with, or participation in, Southern Ohio US Lacrosse activities.

### **Player Absences**

It is understood that throughout the course of a season player absences will occur. Schoolwork and grades must be considered a priority over lacrosse. However, lacrosse is a team sport and when a player is absent from practices or games, the whole team can be affected:

- Practice plans for team activities that depend on a certain number of players can be disrupted and may be forced to be abandoned.
- Specific plays or strategies that depend on the entire team to execute can break down when a single player is not familiar with the team action.
- Critical practice time for the player to develop their fundamental skills, conditioning, and game understanding is lost.

A single, legitimate absence communicated in advance will not be an issue. Multiple absences communicated or not, will in all likelihood affect the amount of game time a player receives.

## **Centerville-Washington Park District Release Agreement**

I hereby, for myself and/or my child understand the risks involved and hereby consent for myself and/or my child to participate in activities and/or use the facilities of the Centerville-Washington Park District. I hereby release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Sport: Lacrosse

Organization: Centerville Youth Lacrosse Club Inc.

## **CVLAX Medical Release**

Centerville Youth Lacrosse Club, Inc. Release and Waiver Agreement

I/We hereby knowingly and intentionally consent and authorize my minor child to participate and engage in the lacrosse program of the Centerville Youth Lacrosse Club, Inc. I/We fully understand that lacrosse is a strenuous and dangerous sport which involves the risk of personal injury, which may arise during the course of the lacrosse program and voluntarily assume such risks.

I/We further agree on my/our behalf and on behalf of such minor to release, indemnify and hold harmless the Centerville Youth Lacrosse Club, Inc., the Centerville Washington Park District, the Board of Directors and Officers, Coaches, Agents, and Employees of all of the above, from any and all liabilities, claims, actions, demands and judgments arising out of any and all injuries to such minor sustained while participating in the lacrosse program of the Centerville Youth Lacrosse Club, Inc., including, but not limited to practice, games, and traveling to and from same.

I/We understand and agree that transportation to and from the practices and/or playing field is my/our responsibility. I/We also agree to have an alternate plan for my/our child in the case of a transportation emergency.

It is further understood and agreed that the Centerville Youth Lacrosse Club, Inc., and Centerville Washington Park District, the Board of Directors and Officers, Coaches, Agents, and Employees of all of the above disclaim any and all liability for any injuries which might occur.

I/We, do hereby authorize the Centerville Youth Lacrosse Club, Inc., the Board of Directors and Officers, Coaches, Agents, and/or medical persons to arrange for, or render care for any emergency due to injury, including First Aid Care, EMS, or emergency room transportation, and consultation or treatment by medical or dental professionals or specialists. In addition, I/We accept full responsibility for the cost of treatment and I hereby release and discharge the Centerville Youth Lacrosse Club, Inc., the Board of Directors and Officers, Coaches, Agents, and any sponsoring organizations from any and all claims for personal injuries.

In absence of signature, payment of player registration and participation on a team of the Centerville Youth Lacrosse Club, Inc. shall constitute acceptance of the conditions set forth in this release and waiver statement.

Furthermore, I hereby consent to the use of my child's image by the Centerville Youth Lacrosse Club for any and all purposes, including without limitation, video, still photographs, publications, and any trade or advertising purpose.