



Soaring Capitals Soccer Club

Protocol for Possible Concussion Events

Instructions for Coaches:

In the event that a player sustains a possible concussion, please consult the concussion signs and symptoms explained on page 2 of the SCSC “**Notification of Possible Concussion Form.**” If you believe the player may have sustained a concussion, follow these steps:

- 1. If emergency treatment appears to be required, call 911 and seek emergency help immediately.**
- 2. If no emergency treatment is required, do the following:**
 - a.** Remove the player for any further play or competition for **at least** 24 hours from the incident. (**NOTE:** if a player shows no signs of a concussion, and the player’s parent / guardian returns the completed and signed form as explained below, coaches should use their judgment about returning players to play within the 24 hour period)
 - b.** Complete the SCSC “Notification of Possible Concussion Form” in duplicate
 - c.** If a parent/legal guardian of the player is present, have the parent/legal guardian sign and date the Form, and give the parent/legal guardian one of the copies of the completed Form
 - d.** If the parent/legal guardian is not present, then the team official (coach) is responsible for notifying the parent/legal guardian ASAP by phone or email and then submitting the Form to the parent/legal guardian by email or mail. When the parent/legal guardian is not present, the team official must make a record of how and when the parent/legal guardian was notified. The notification will include a request for the parent/legal guardian to provide confirmation and completion of the Notification of Possible Concussion Form whether in writing or electronically
- 3.** The team official should send a copy of the completed / signed Form to the SCSC President and Registrar via email so it can be maintained in the SCSC Files. Receipt by the team official of a signed form is a requirement for the player to return to play (within or after 24 hours have passed, as noted above in section 2a).
- 4.** If the parent / legal guardian indicates that the player received medical treatment and was in fact diagnosed with a concussion, then the player/parent/legal guardian must provide a signed clearance letter from a licensed medical doctor prior to returning to play.
- 5.** Direct any questions about this protocol or the handling of possible concussion events to your Director of Coaching.