



FORCE
SPORTS

2017-2018 Athletic Policy
for the
Fuchs Mizrachi School

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***Please Sign and Return page 12 ONLY**

Fuchs Mizrahi Athletic Policy

The athletic program at Fuchs Mizrahi School (Mizrahi) is intended to complement the overall mission of the school. We strive to develop the whole student in mind, body and spirit. Athletics is an integral part of the Mizrahi experience and complements the academic programs of the school. Major emphasis is placed on character, teamwork, positive group participation, good sportsmanship and the willingness to commit fully in terms of both effort and time. We expect that the student-athlete will cooperate within the rules of play and be guided by a genuine respect for self and others, including teammates, coaches, opponents, and officials

ACADEMIC ELIGIBILITY

One of the prioritized values at FMS is academic excellence. Participation in athletics, although extremely important to the development and experience of many students, should be secondary to performance in the classroom. Should a student not meet academic expectations at any time, athletics will be put on hold so the student can focus on academics. Once the student meets expectations, he/she can rejoin the team. The following are the minimum academic guidelines and may be set at a higher level by an individual coach.

(High School) A student-athlete:

- Must be enrolled in at least four accredited academic courses
- Must be passing (at 60% or above) all classes
- Must have a C+ average (2.3 GPA) across all classes
- Must demonstrate appropriate behavior in all school related activities as a prerequisite for participation in athletics.
- If the student is failing one course during the sports season he/she will be placed on academic probation and becomes ineligible to participate in scheduled contests and practices until eligibility is regained.

- 1) The length of time for ineligibility after a grading period shall be at least one week. Eligibility can be regained by:
 - a. passing status of failed course, and
 - b. achieving this eligibility status prior to any athletic contest, and

c. currently passing all other classes.

NOTE: ½ Physical Education credit will be awarded to those high school student-athletes who successfully fulfill all academic and team requirements for each sport that they participate in. Students that attend, at minimum, 80% of scheduled practices and games shall receive the Physical Education credit.

(Junior High) A student-athlete:

- Must maintain passing grades and demonstrate appropriate behavior in all school related activities as a prerequisite for participation in athletics, and must not be failing any course.
- If a student is failing one or more courses during the sport season, the student will be placed on academic probation and becomes ineligible to participate in scheduled contests until eligibility is regained.

The Athletic Director, along with the appropriate Principal or Assistant Principal, will complete a bi-weekly grade check for all student-athletes. Any student-athlete who continuously fails classes will be removed from athletics for the season or school-year until consistent grade improvement has been reached.

STUDENT PARTICIPATION/CODE OF CONDUCT

All students currently enrolled in Mizrachi full-time are eligible to participate in athletics.

Participation in athletics is a privilege. The school has instituted an “Open Participation” policy when appropriate.

Additionally, Mizrachi will strive to provide additional athletic opportunities (e.g. intramural sports) to ensure all students have the ability to engage in athletics.

Playing time expectations vs. competitiveness

High School playing time will be based on the coach’s discretion to compete based on each opponent and each situation within each game.

Junior High playing time will be evenly spread out amongst the roster depending on number of students and position played by each athlete. In the final 25% of the game, coaches may choose to play a different rotation depending on the score and level of competitiveness.

NOTE: A student-athlete may not participate in more than one sport occurring in the same season.

Student-athletes have the responsibility to abide by the following rules:

- Before a student-athlete is permitted to engage in any practice, they must have on file with the athletic director the following (to be turned into the Head Coach):
 - a) Emergency Medical Authorization form (completed and signed by the student's parent or guardian)
 - b) Completed Physical Examination form
 - c) Completed Concussion Form
 - d) Student-Athlete's Pledge (signed by **student and parent** and provided in the form package prior to the start of each sport)
- Student-athletes quitting a sport must submit a letter to the Athletic Director explaining the reason for discontinuing a particular sport co-signed by the parent of the student-athlete. A student-athlete may NOT return to the sport that he/she has discontinued for any reason. Refunds may be provided on the case by case basis as determined by administration.
- Refusal to participate through the end of the season shall result in the loss of any awards recognition or P.E. credit. An athletic season is officially complete after all contests, tournaments, or meets have been completed by the team or individuals.
- Dismissal from a game by an official or coach for a major infraction (unsportsmanlike conduct, blatant disrespect, etc.) will result in, at minimum, forfeiting play for the next scheduled contest. Participation in practice will be

required during this time and additional consequences may be administered by the coach and further action may be taken by school administration.

- Student-athletes who take any type of medication shall have on file with the coach (or athletic director) a note from the parent/guardian and or doctor.
- All student-athletes shall abide by all regular school policies including attendance, dress code, and discipline (detentions, suspensions, and expulsions) as stated in The Fuchs Mizrachi School Student/Parent Handbook.
- The use by student-athletes of any tobacco, alcohol, or illegal drugs is strictly prohibited per the Fuchs Mizrachi student handbook.

It is the policy of the Mizrachi Athletic Department and coaching staff that any disciplinary action taken by a coach against an athlete can result in an indefinite suspension or removal of the athlete from that team, under the general rules and regulations of The Fuchs Mizrachi School. In the event of any infraction of these policies or rules, the following procedures will take place:

1. The coach/advisor must inform the athlete either verbally or in writing about any infraction and the subsequent consequences. The coach/advisor will then conduct an informal hearing to allow the athlete to explain his/her actions. The coach/advisor will immediately inform the athletic director of the infraction and any relevant information pertaining to the infraction.
2. The coach/advisor must contact the athletic director either verbally or in writing that the athlete is being denied participation until a thorough assessment of the situation has taken place. The athletic director and/or coach will verbally inform the athlete's parent/guardian of the situation and the action being taken.
3. If requested by the parent/guardian, a meeting involving the athlete, his/her parent/guardian, the involved coach, the athletic director, and designated administrator may be held to determine whether the denial of participation may become definite or may be lifted.

All student-athletes must abide by all regular school guidelines as stated in The Fuchs Mizrahi School Student/Parent Handbook. All student-athletes and coaches must adhere to these policies during the full duration of their season including all conditioning sessions and the post-season competitions.

ATTENDANCE/ABSENCES

- Student-athletes should recognize that participating in athletics is a privilege that requires a commitment to maintain acceptable academic and athletic standards of achievement.
- All student-athletes are expected to be prepared, ready to work, and on time to all classes, practices, and games.
- Athletes who continuously miss practice and/or games for any reason (excused or unexcused) will face possible dismissal from the athletic program. Participation in a club or outside league should be considered secondary to the school team. Do not schedule outside appointments during practice or game times. Students shall attend, at minimum, 80% of the practices and games.
- The student-athlete shall be expected to attend all required practices, meetings, and contests. The head coach shall be directly notified of an absence in advance. Absences will adversely affect the cohesiveness of the team and will limit the student-athlete's participation in scheduled contests and affect their ability to acquire the Physical Education credit.
- If a student-athlete is absent for more than 4 class periods he or she may not practice or play in a game on that day. (Extenuating circumstances will be dealt with on a case-by-case basis.) Additionally, if a student leaves school due to illness, he or she may not participate in afterschool athletics that day.
- Player who sustain prior injuries are expected to attend practice, unless they are going to the doctor for injury assessment or have been provided a note from a doctor.
- If a student-athlete is suspended, he or she is ineligible to participate until eligibility is reinstated by the Athletic Director and the Principal.

- Student-athletes shall abide by additional rules and regulations presented normally to all team members of a particular sport by the coaches and/or athletic director.
- Practice attendance and game playing time requirements to qualify for physical education credit will be decided together with the Athletic Director & Principal.

PRACTICE WEAR

In some cases, student-athletes will be provided a practice uniform which must be worn at all practice sessions. Student-athletes must provide their own socks, athletic shoes, and any other items as specified by the head coach. No types of shoes other than athletic shoes shall allowed for practice. Coaches reserve the right to remove players if they do not wear the proper equipment.

Student-athletes are responsible for providing their own lock, deodorant, towel, and other personal hygiene products. Showers are available in the locker rooms.

EQUIPMENT AND UNIFORMS

Student-athletes must take appropriate care of all uniforms, equipment, school facilities, and property. Student-athletes may be charged for the full replacement cost for any lost, damaged, or stolen item.

GENERAL GYM/FACILITY RULES

- Food and drinks without lids are not allowed in the gymnasium at any time. Chewing gum is prohibited. Exception to this rule is during athletic games/contests in which concessions are being sold.
- Only non-marking gym shoes are to be worn in the gym. Do not wear cleats inside the building. Students will not be allowed to participate in any activity without proper footwear. No bare feet allowed.

- Students are not allowed in the gymnasium or gym balcony area room without proper supervision by a coach. These doors should remain locked until needed for practice or for access by coaching staff
- **Students are strongly urged to lock up their belongings at all times as the school cannot accept responsibility for lost or stolen articles.*
- Sport-specific uniforms (provided by Mizrachi) must be kept clean and washed by student athlete and their family. All athletic lockers will be cleaned out before the end of the school year by the student-athlete and items left behind will be collected and kept in lost and found. All unclaimed lost and found items will be donated to a charitable organization at the end of May.
- All students are responsible for the proper use, care and maintenance of all school property.
- Students are not allowed to remove any items from the storage areas (athletic shed, uniform lockers, or equipment cage) without permission from a coach.

TRANSPORTATION

Participants MUST TRAVEL TO AND FROM EVENTS ON BUSES OR VANS AS PROVIDED BY THE FUCHS MIZRACHI SCHOOL. Parents/guardians may transport ONLY THEIR CHILD home from an event **with pre-arranged approval from the coach**. Due to liability concerns, parent drivers of participants other than their own children from an event may only occur after approval from the main office in conjunction with the A.D. and the Head Coach. While the athletic department realizes that extenuating circumstances do occur, all athletes must secure approval from the coach, and the coach **requires written notification from the parent**, in advance of contests, of a transportation request or change. This change should be submitted in either electronic or paper form. This policy is in place for the safety of our students.

If a student-athlete leaves immediately following a game/contest away from The

Fuchs Mizrachi School with a parent/guardian, they must take their belongings to the game. Permission to ride must always be granted by the coach in charge, and is not left to student discretion.

COMMUNICATION

At the earliest possible time, the Athletic Director will enter season information onto the Athletic web-page for each sport. This information will include the following:

- a schedule of games and game results
- location of all games and contests
- league information, athletic forms, etc.

Coaches should also remind student-athletes at least one day prior to an athletic event of the following information:

- destination
- time of departure and estimated time of return
- appropriate uniform and attire to wear

Team App

We will be using a new mobile communication platform for students, parents, and coaches. We request that all players and parents follow the directions below to download the app (can be accessed from computer for those without a smartphone).

1. Download **Team App** (Iphone & Android) from the app store on your phone or go to www.Teamapp.com from a computer or tablet.
2. Create an account with your email address and password- Note that each member of the family that would like access and communication from coaches/administration should create their own account.
3. Search for 'Fuchs Mizrachi' and select the app(s) that apply to your child(ren)

4. Within each app select the “Access Group” button which will notify Force Sports administrative staff to accept you to the private group
5. Be Sure to Turn Notifications “On” by selecting Settings from your phone and allowing notifications.

SCHEDULE INFORMATION

All schedules can be viewed on The Fuchs Mizrachi School website www.Fuchsmizrachiathletics.com This website will be updated in the event of cancellations or changes.

Parents/athletes will be notified in advance, whenever possible, of any schedule changes. In the case of inclement weather, please call the athletic department by 2:00 p.m. on the day of the scheduled contest for status or check the website for updates.

BOOSTER CLUB

The Fuchs Mizrachi School Athletic Booster Club is open to all families. It is comprised of parents and staff who volunteer their time and effort to work together to promote and support the financial goals and objectives of the athletic program. The financial donations and volunteer work are essential to the overall success of the athletic program. All families are encouraged to join the booster club. Funds raised will be distributed to ALL teams/students to subsidize various expenses on an as-needed basis (e.g. tournament costs, apparel, athletic banquets, etc.) as determined by school administration.

If you have questions, comments, concerns, or need to schedule a meeting with a coach or the athletic director, please call or email the athletic department between 8am-4pm. The number is 216-464-7122. The AD can be reached at the following email: Kyle@Force-Sports.com

Coaching Staff

Mizrachi and Force Sports coaches will all adhere to, and promote, school policies, standards, and values while employed by the school.

2017-2018 FUCHS MIZRACHI ATHLETIC POLICY

SIGNATURE PAGE

(Required by All Participants and One Parent)

Player Expectations

- Train regularly - be on time - work hard.
- Take care of your uniform and equipment.
- Bring both game jerseys to each game
- Exhibit good sportsmanship and respect to the game at all times.
- Try to choose the right time and place so the coach can provide you their undivided attention.
- Remember that your behavior reflects on you, your family, your coach, your team, and the Club.
- Take care of your body by providing your body with proper diet, hydration and rest.
- Arrive prepared to train or compete.
- Be sensitive to other players feelings
- Uniforms must be turned in at the end of season (May purchase at the end of the year)
- **Do your best in school: An educated student-athlete will offer positive opportunities in life whether on the field or off.**

Parent Expectations

- Use positive encouragement at ALL TIMES
- Do not discuss negative play of other players on the team
- *No coaching or instructions from the sideline - players should hear (1) voice of their coach*
- **Wait at least 24 hours before contacting a coach** after practice or game about issues unless it is a severe physical or emotional concern
- Use self control on the sidelines and promote good sportsmanship with parents and players from our teams, competing teams, referees, tournament directors, etc..
Coaches and School Administrators reserve the right to remove and/or suspend parents from the *No coaching or instructions from the sideline* sideline who show poor sportsmanship and cause inappropriate disturbances at their sole discretion.).
- Encourage your children to have fun, enjoy the game, and “leave it all out on the field.”
- Build familiarity with Team App to communicate with club.

We have read and agree to follow the full 2017-2018 Athletic Policy of Fuchs Mizrachi School (provided on the athletic website).

***This page must be signed by both parent and player during the first week of practices for EACH Sport.**

Student Athlete Signature _____ Date _____

Parent Signature _____ Date _____