



NASA TOPHAT SOCCER

NTH JUNIORS



The Program:

For U8 (Birth Year 2013/2014):

Boys and Girls

Objectives:

- To expose players to a professional coaching environment with the focus on player development.
- To help prepare players for higher-level soccer.
- To provide the opportunity for players to become more technically and tactically competent.
- To provide the environment for players to become more creative and passionate about soccer.
- To help parents become aware to the progression through the club.

Four Primary Components:

- **Dribbling:** Ball mastery with both feet including moves, such as changes of direction, stops and starts, and fakes and feints to ensure all players become comfortable with the ball in any situation.
- **Receiving/Passing:** Ball striking using different surfaces of the feet to create different deliveries, and ability of the player's first touch to control the ball effectively.
- **Finishing:** Instinctive shot taking and shooting with accuracy and power using different shooting techniques.
- **Small-Sided Games:** Provide the opportunity for players to perfect technique and improve decision making and speed of play in situations only the game can present.



Program Information:

- This is a supplemental program that is in addition to regular recreational practices.
- **Length:**
 - 5 Sessions:
 - March 18th
 - March 25th
 - April 1st
 - April 15th
 - April 22nd
- **Coaches:** Licensed NTH Academy and Select Coaches.
- **1 session per week, Thursday evenings.**
- **Time:** 5:00pm – 6:00pm
- **Location:** JJ Biello Park, 610 Drew Cameron Court, Woodstock.
- **Cost:** \$70.00 per player.

For Program Inquiries

Please Contact:

Nathan Padilla at

nathan.padilla@nasa-ga.org



For Registration:

Visit us at:

www.nasatophat.com

or Lauren Horne at

Lauren.horne@nasa-ga.org