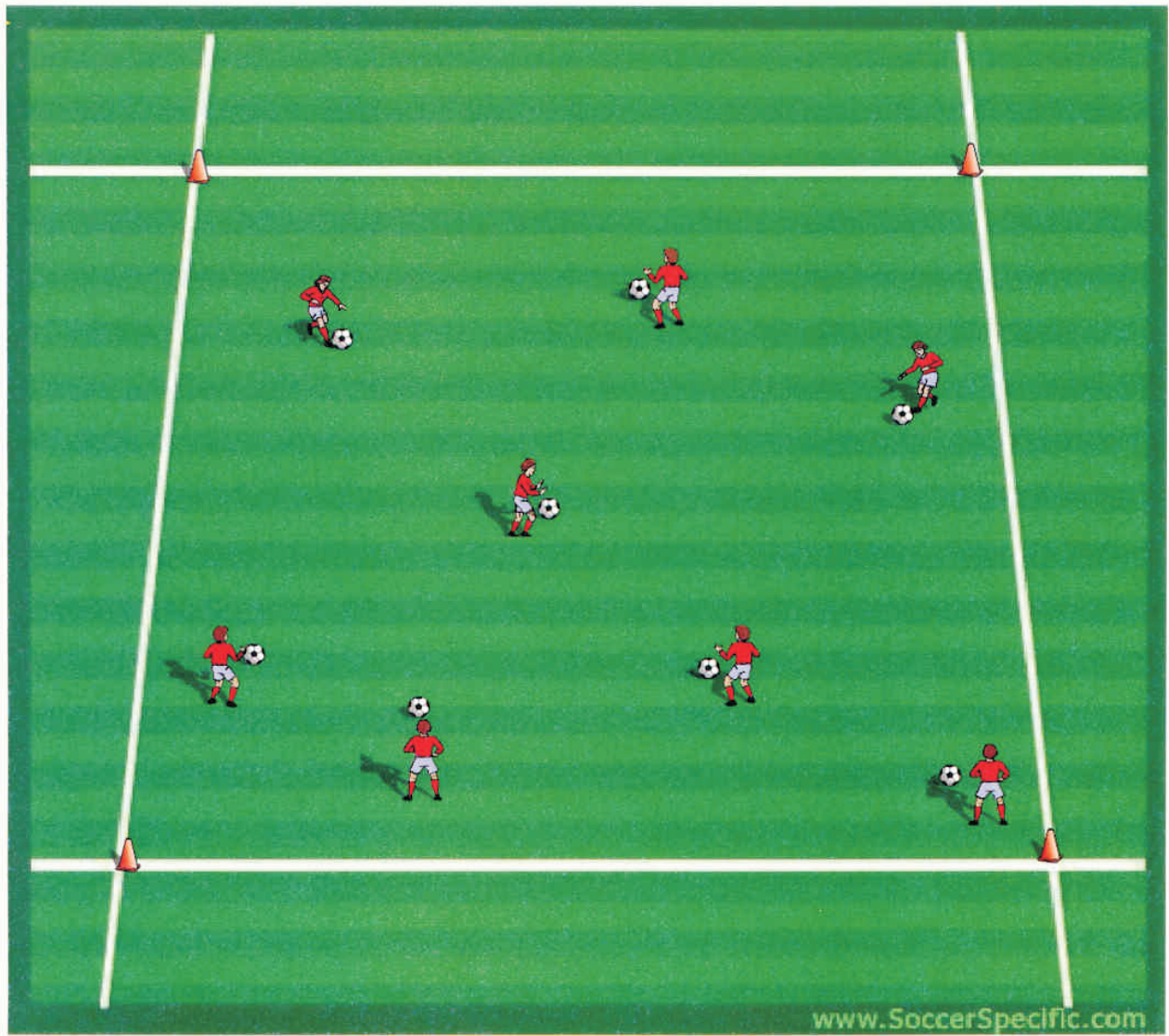


# Turns, Turns, Turns



**Purpose:** Performing new foot techniques using different turns to beat the opponent

## **Organization**

1. Players dribble around the grid using all parts of the foot
2. Keep inside the area and try not to bump into other players
3. Coach demonstrates a turn such as a inside, outside, drag back and the Cruyff turn, and then the players demonstrates

## **Coaching Points**

1 See Glossary of Terms at the back of the book for turns which can be performed