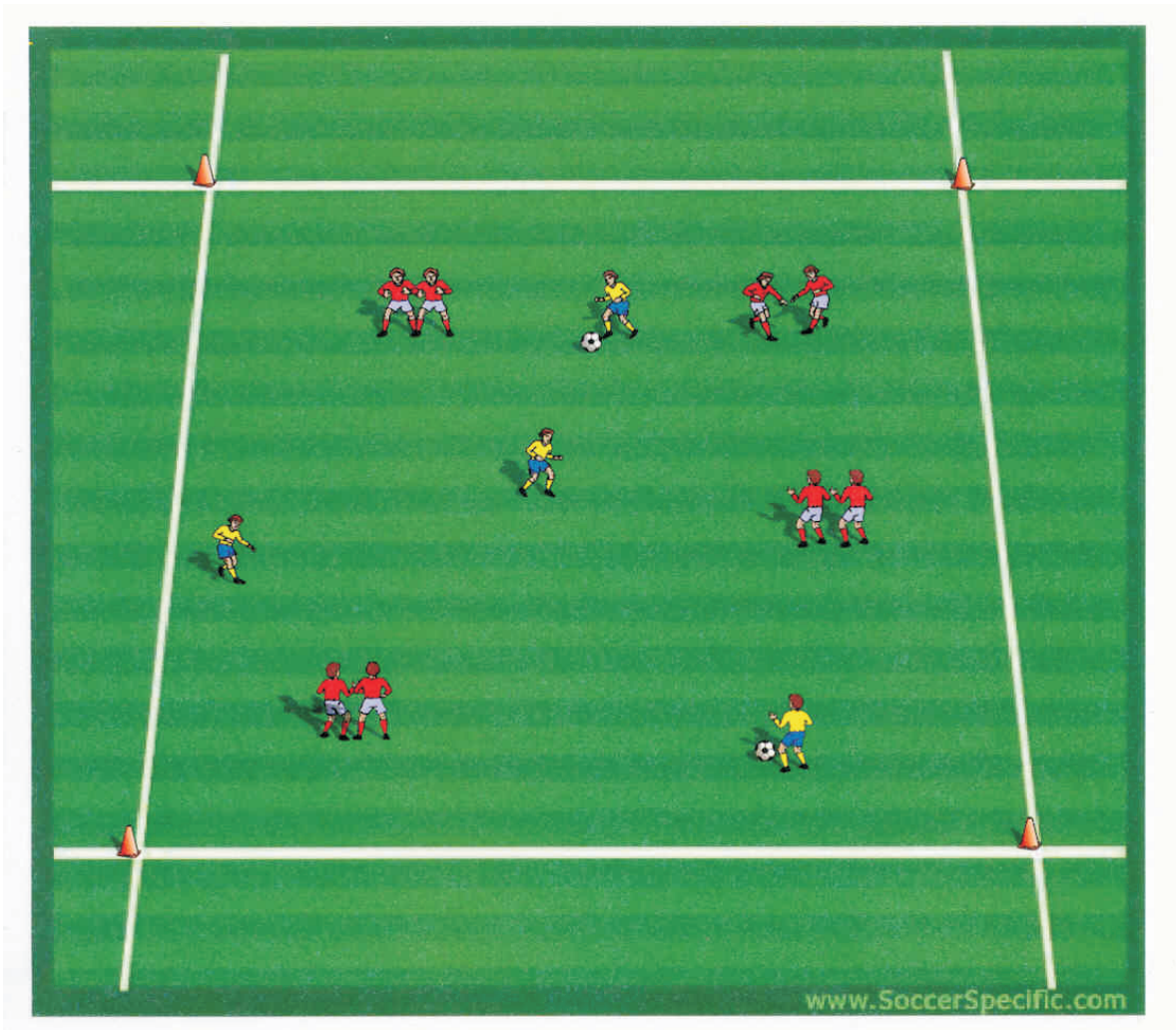


Space Invaders



Purpose: To encourage dribbling and decision making

Organization

1. In a group of 12 have 8 players pair up and have them hold hands
2. The remaining four space invaders have two balls between them and they try to strike as many pairs as they can with their soccer balls (below knee height)
3. Once a pair has been hit they join the space invaders
4. The last pair to be hit are the winners

Coaching Points

1. Keep your head up to see where the space invaders are
2. Dribble your ball into a position where you can shoot them
3. Keep your shot low and aim ahead of them if they are running across you