



King/Queen of the Ring

Objective- Work on Shielding the soccer ball

Mark out a circle as shown in the diagram, then ask all players to enter the circle with a soccer ball.

On coaches command players are ask to dribble in the circle.

When the coach calls King/Queen of the ring, the players are asked to protect their soccer ball and kick someone elses ball out.

The game can then be played in one of two ways. The first way is if the ball is kicked out you find a corner flag, perform 10 toe taps then re-enter the ring.

The second way is if your ball goes out , you go and stand by the coach and juggle the soccer ball. This process continues untill one player is left standing and they become King or Queen of the ring

Coaching Points

Keep the ball close and nose in front of the ball to see all players

Bend knees and take sideways on position to protect the ball

Look to find open space