



Small Sided game working on possession and finishing.

Objective

Players play 4v4 in an area roughly the size of two penalty areas

Players can use their neutral teammates to help maintain possession. Players are not allowed to tackle the outside players.

Progression

A neutral player can be added to the game to gain more success in the middle field.

Coaching Points

Move early and into positions to support the player on the ball

If the chances arrive shoot early and often

Good communication