



SOCCER ASSOCIATION FOR YOUTH, USA
11490 Springfield Pike, Cincinnati, OH 45246
call: 800.233.7291 fax: 513.769.0500 visit: saysoccer.org
saysoccerusa@saysoccer.org



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ONE OF OUR PLAYERS, COACHES OR REFEREES TESTS POSITIVE FOR COVID-19, IS BELIEVED TO BEEN EXPOSED TO OR IS SHOWING SYMPTOMS OF COVID-19?

- Begin self-quarantine for 14 days.
- This participant should stay at home and contact their physician.
- If the individual in question is a player, the parents (not the minor player) must advise the SAY Coach.
- The SAY Area/District President must be notified if any possible exposures have occurred in your team, training, or other environments.
- All communications must be done in accordance with the U.S. Soccer Play On, Safe Soccer Framework and the U.S. Center for SafeSport policies and guidance.
- The name of the positive individual must not be publicly communicated.
- Prohibit participation in team or SAY Area/District soccer activities during quarantine.
- The participant must be cleared by a medical professional to return to play.

RECOGNIZE THE SYMPTOMS:

- Signs and symptoms of COVID 19 include: cough, sinus congestion, headache, shortness of breath or difficulty breathing, fever of >100.4, chills, muscle pain, sore throat, new loss of taste or smell, rash, nausea or vomiting.

WHAT IS A CLOSE CONTACT IN THE CONTEXT OF COVID-19?

- For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated. Source www.cdc.gov Jul 22, 2020

CONTACT TRACING:

- Maintain a list of all facility users, participants at trainings, and attendees, etc.
- For privacy purposes, the list should be securely stored and not shared publicly.
- In the event that someone participating in your activities becomes ill, refer to this list for “tracking or tracing” to determine who in your SAY Area/District may have been directly exposed to illness, and advise them accordingly.
- Refer to U.S. Soccer’s Play On recommendations to ensure all participants follow medical clearance to return to play.

SAY Soccer strongly encourages community leaders to continuously check with all available resources for updates and changes to current guidelines as they are subject to change.

[US Soccer Play On FAQ Page](#)

[Play On Grassroots Soccer Recommendation Guide](#)

www.cdc.gov