July 22, 2019

Youth Athlete Training Now Available

The U.S. Center for SafeSport has released five training modules focused on Youth Athlete Training on athletesafety.org. The modules are age-based: Preschool, Grades K-2, Grades 3-5, Middle School and High School, and are anywhere from 10-20 minutes in length. A parent/guardian must first create an account in order to give consent for their child to access the training as well as select the appropriate module for their child’s age.

As provided in USSF Policy 212-3, U.S. Soccer members who are applicable amateur sports organizations under the SafeSport Act (read SAY Soccer) are required to offer training to minor participants. Please note your organization is not required to track which individual youth athletes take this training. Rather, your obligation is to ensure you have documented evidence that you have offered this free training to all youth (and their parents) in your programs. Your obligation to track training for adult participants (coaches, administrators, etc.) remains unchanged.

Additionally, the Center has created one-page summaries of each topic of the Minor Athlete Abuse Prevention Policies. The MAAPP Policies were first provided to you in the Fall of 2018 as template policies designed to support U.S. Soccer members in meeting their obligations under the SafeSport Act and USSF Policy 212-3 (which require applicable U.S. Soccer organization members to have reasonable policies limiting one-on-one interactions between adults and minor athletes). The full policies can still be found at www.safesoccer.com, and as a reminder, your organization must have these implemented by September 2019. These new one-pagers are meant to be tools for you and your members to use in order to create your own MAAPP and to be sure they are hitting all of the key areas of compliance. Links to all one-pagers are below:

- One-on-One Guidelines One Pager
- Massage and Rubdown Athletic Training Modalities Guidelines One Pager
- Social Media Guidelines One Pager
- Locker Rooms/Changing Area Guidelines One Pager
- Local Travel Guidelines One Pager
- Team Travel Guidelines One Pager
- Education and Training Guidelines One Pager
- Who and Where Prevention Policies Apply One Pager