

SPACE COAST UNITED SOCCER CLUB

Congratulations to our Seniors!



Spring is naturally an exciting time for seniors throughout the country as they look forward to the leap from high school to college and all the thrilling change that entails. Space Coast United is proud of all of our senior players. We appreciate their dedication to the club, whether they began playing over a dozen years ago as Mini-Kickers or discovered their love for soccer last year on a U16/18 Rec team. It has been an honor to be part of these young men's and women's lives.

Space Coast United is pleased to announce thirteen college signings this year. These players have demonstrated a commitment to excellence recognized by recruiting programs throughout the state of Florida and beyond.



Armstrong Atlantic: Jade Smith and Olivia Dejong
Eastern Florida State: Mariah Lewis and Kayla Washabaugh
Flagler University: Desiree Shields and Katie Reed
Florida Institute of Technology: Evan Enders and Taylor Eller
Florida Southern: Anna Griesler, Isabel Loyd, and
King College: Haley Cook
Lincoln Memorial University: Jay Bales and Nick Spielman
Polk State: Kara Houston

Our sincerest gratitude to the student athletes, their parents, and their coaches. We wish them the greatest success on the pitch and in the classroom.

12 Space Coast Players Invited to U.S. National Training Center

The United State Soccer Federation is holding a training session on Sunday, April 27, 2014 in Jacksonville, FL and has invited twelve Space Coast United players from the U13, U14, and U15 girls' squads to attend:

Emily Bodi, Brooke Bollinger, Jessica Clanton, Hannah Dearing, Francesca Espinoza, Karin Haig, Hollyn Knight, Sydney Lau, Kylie Pulliam, Mya Norton, Carolina Santos, Jackie Zumsteg

The U.S. Soccer Training Center program aims to identify the best players for the U.S. Soccer Youth National Team program. Sessions are free, single-day player identification opportunities for local players with the most potential to train under the direction of U.S. Soccer National Team coaches. Good performance at the Training Center could lead to selection of a national team player pool, but the session is not a formal tryout. This is a way for U.S. Soccer technical staff to track development of top players in different areas across the country.

Space Coast United is proud of these players and their potential to represent the United States at the national level. They have demonstrated a commitment to their own personal development, responsibility to a team, and dedication to the club. This recognition is a high honor to the players, their coaches, Space Coast United, and the Brevard County soccer community.



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Board of Directors

- President: Jeff Leonard
- Vice-President: Mike McGonagle
- Treasurer: Brian Lundy
- Secretary: Kevin Murtha
- Directors:

Danica Blanchard
Lisa Cerrato
Jeff Etrick
Ann Fuller
Toby Gutierrez
Rob Irons
Kevin Koegel
Gran Roe
Steve Snow
Lew Storum
Nick Walker

Staff

- Director of Coaching: Scott Armstrong
- Director of Academy: Rob Dinnie
- Administrator: Marisa Whisel

Remember!

To Submit Game Results and Pictures

They'll be posted to Facebook and included in future Newsletters!

[Media Email](#)

Don't Miss the Unveiling!

If you want to be one of the first to see Space Coast United's new crest, make sure you are at **Spring Fling** on **Saturday, May 3**, from **1:30-4:30**. We're honoring our thirtieth anniversary as a club with a brand new look. Should be quite striking on the Puma kits!

Of course we'll also have food, games, raffle prizes, etc. Come to Viera Regional Park for an afternoon of celebration to thank parents, coaches, staff, and players for another season of hard work.



Still plenty of opportunities to satisfy your service commitment to the club at Spring Fling.

[Volunteer Here!](#)



UID Matteo Dal Vecchio
First Club Member to Break 100!

NEW YDP GIRLS U8 AND U10 PROGRAMS

Beginning with the Fall 2014 season, Space Coast United will begin offering girls-only teams in the U8 and U10 Youth Development Program. If your daughter(s) may be interested, please contact Rob Dinnie, [Director of YDP and Academy](#) for more information.

SUMMER PROGRAMS

- ◇ Beginning June 21 in Viera—4v4 street soccer
- ◇ July 14-18 in Indian Harbor Beach
- ◇ July 21-25 in Viera
(Striking/Finishing Specific Camp)
- ◇ July 28-Aug 1 in Viera

[REGISTER HERE](#)

WELCOME TO THE SCUSC JUGGLING CLUB

1. Players may only use their feet. Touches with the feet count toward the total number of juggles. The players must return to zero if the ball hits the ground. All other body parts can be used, but they do not count toward the total number of juggles. (Ex. If a player uses the thigh to keep the ball in the air it will not be counted, but the player can continue the count with the next touch with the feet. One foot, two foot, thigh, three foot counts as three.)

2. Honor System. Players do not need an adult to count or be present. The players are responsible for accurately counting the number of touches on the ball. The Youth Director will be responsible for any discrepancies or disputes and to verify the player's skill level is accurate to what is being reported.

3. The SCUSC Juggling Club has four levels of achievement: 10, 25, 50, and 100. Players will be given an iron-on numbered Juggling Patch that represents the level attained. Players will be photographed and posted to the website and in social media. Their picture and name will be added to the new Juggling Hall of Fame being added to the club website.

4. Reporting: Parents or a Coach can report achievements to the [Youth Director](#) so the player receives the patch and has a picture taken for the website.

HINTS

It is helpful to establish a pattern with juggling and stick with it. The weaker foot is always the one that causes players the most difficulty. The quickest way to become a better juggler and consequently develop a better touch is to work on the weak foot specifically. A pattern for a right footed player would be two left, one right, repeat. This will be more time consuming and results are initially slower. However, in a short time the player will have the ability to juggle indefinitely.

Dedication and discipline are the keys here. The dedication will pay off in the long run.

Set up goals. The goals can be weekly, monthly, and yearly. Try to achieve a certain number of juggles by each time period. Start slowly and with a reasonable goal. Your results will begin to improve!

PUMA Relationship Offers Club Fantastic Benefits

As you may know, the Club has entered into a new long term partnership with PUMA in which they will be our designated apparel provider. Besides being afforded the opportunity to wear high quality uniforms, training apparel and spirit gear that will distinguish the Club at the national level, the Club will receive significant benefits from the partnership. Puma will be sponsoring the Spring Fling and will be in attendance to promote the new uniforms for the start of Fall 2014 and provide giveaways.

Benefits Include:

1. Sponsor of our TOPS Program
2. PUMA will also be a Tournament and Camp sponsor
3. Invitations to PUMA's Elite tournament held in conjunction with Disney.
4. The designation of a player to participate in the PUMA's National Women's Elite Showcase
5. International coach education opportunities for Space Coast Coaches to work with PUMA professional Clubs around the world.
6. PUMA discounts via Eurosport for our members



SCUSC Board Elects New Officers: Meet the President

Space Coast United recently adopted new by-laws to support our club's commitment to improving processes, procedures, and communication. Members participated directly in an election for new directors on Wednesday, March 12 increasing democratic participation in club governance. The by-laws provide for an annual election of officers by the board which took place at the April 17th board meeting. On behalf of our membership, the club would like to thank these gentlemen for accepting a great deal of responsibility. Their service to the club is invaluable.



President
Jeff Leonard



Vice President
Mike McGonagle



Secretary
Kevin Murtha



Treasurer
Brian Lundy

Jeff Leonard, and his family, have been involved with Space Coast United Soccer Club since 2002. His service to the club began when he volunteered as an assistant in the U6 - U8 development programs (now YDP) for both his daughter and son. He went on to participate as a team manager and subsequently serve as a director on the board. Jeff's board work has included helping with our fundraising and serving as the 2013-14 Treasurer. As the newly elected President, Jeff is eager to help build on the great tradition and 30 year history of Space Coast United.

The 10 Nutrition Rules to Live By

By U.S. Soccer

For U.S. head coach Jurgen Klinsmann, one of the key components to the holistic approach to player development is providing nutrition education. Years and years of scientific study have proven that proper nutrition leads to better performance. During the training camp in Phoenix, the U.S. MNT received instruction and advice from Danielle LaFata, the Director of Performance Nutrition at Athletes' Performance. She even took them shopping!

But since these are elite athletes being assisted by the best coaches, nutrition experts and training staffs, these rules must be impossible for a normal person to follow, right? Actually, you can.

While the science is complex, the guidelines are fairly simple. Athletes' Performance has done a nice job laying out the message to make it easy for anyone to follow, from the most experienced athletes to those looking for a healthier lifestyle.

You asked what information Athletes' Performance gave to the players? Like everything else Klinsmann has done so far with the team, it's an open book. So here you go:

....

See list at:

[the U.S. Soccer website](#)

Goalkeeper Brooke Bollinger Named to U15 Girls National Squad



Coach B.J. Snow

You may remember Brooke from the [January 30](#) edition of our newsletter. The United States Under-15 Girls' National Team head coach B.J. Snow has called up 36 players for a training camp at the U.S. Soccer National Training Center in Carson, California from April 19-26. This age group will form the core of the team that will attempt to qualify for the 2016 FIFA U-17 Women's World Cup.

With Katie Stengel, Brooke Bollinger, and the other 11 players invited to the Training Center session in Jacksonville (page 1), Space Coast United ladies are making a huge splash on the national scene!

* We're hoping to get some pics of Brooke at camp for our [Facebook](#) page. Definitely check for them!

Parents Make a Huge Impact on Positive Teammate Behavior

Although we have probably all heard it said before, it does not hurt to repeat it. Our children tend to do as we do, not as we say. Primary caregivers are a child's first and most influential role model. We may think they are mimicking pro athletes, movie stars, or even their peers, but chances are they get most of their behavioral cues at home.

When you saw the graphic, "What Makes a Good Teammate" on our [Facebook page](#) or on page five in the [March 27](#) issue of the newsletter, did you ask yourself if your child consistently exemplifies the traits of a good teammate? Consider how many of these behaviors are patterned after the way we speak to our children, in front of our children, and with the other parents on our children's teams.

- ◇ Do you encourage others when they make a mistake or do you utter something about their stupidity?
- ◇ Do you celebrate your family members, friends, and co-workers' accomplishments no matter how big or small?
- ◇ Do you think name calling is wrong and refrain from doing it yourself?
- ◇ Do you tolerate people in your life who put others down?
- ◇ Do you welcome new families into your team as if these parents have been involved for years?
- ◇ Do you engage in playful banter using words that can hurt other people's feelings?
- ◇ Do you take responsibility for having an "off day" and cut people slack when they are having one as well?



As we look forward to tryouts and the formation of new teams, give some thought to these questions. Get excited about meeting new people and making new friends. Make an effort to meet all of your child's teammates' parents. Know how to get in touch with one another in an emergency. Share transportation responsibilities. If the parents are a team, the players become a better team.

Give your child's coach and team manager the benefit of the doubt, assuming they participate because they want what is best for all of the children in the club, including yours. Never accept poor team behavior from others, your child, and most importantly yourself.

Spirit Nights - Sponsorships Come in Many Forms

Space Coast United is extremely grateful to the local businesses who have made donations to the club, sponsored a team, and provided financial assistance to individual players. Additionally, a number of establishments have hosted "Spirit Nights" throughout the 2013-14 soccer year including McDonalds, Chick-Fil-A, World of Beer, Orange Leaf, and Sonny's BBQ where a percentage of their proceeds go to the club. We would like to thank both the companies that host these events and the Space Coast members who make sure these establishments also benefit by their patronage.

If you know of a local business that might be interested in a corporate sponsorship at any level, please refer them to the [Board of Directors](#) who will be happy to provide them with the necessary information regarding the club's needs and the benefits our sponsors receive for their contributions.



Space Coast United Teams Progressing Very Well at State Cup

Our club is tied in the state for the most girls teams making it through to the Round of 16. That is an amazing accomplishment! The following teams are moving on in the competition. In just a matter of weeks we'll see how many state champs we have.

- ◆ U13 Girls: Coach Teresa Brantley
- ◆ U15 Girls: Coaches Fidgi Haig and Brian Lundy
- ◆ U16 Girls: Coaches Dustin Smith and Fariborz Zanganeh
- ◆ U17 Girls: Coach Dean Flexton
- ◆ U18 Girls: Coach Mike Lord

- ◆ U17 Boys: Coaches Scott Armstrong and Bino Campanini
- ◆ U18 Boys: Coaches Scott Armstrong and Robin Chan

Space Coast United Soccer Club Region/State Cup Tryouts and Academy Open Days

DATE/TIME	FIELD / AGE GROUP			
Thursday, May 29th	Field 1	Field 2	Field 3	Field 4
5:00 - 6:30pm		U16 Girls	U17 Girls	U18 Girls
6:30 - 8:00pm		U13 Girls	U14 Girls	U15 Girls
8:00 - 9:30pm				
Friday, May 30th	Field 1	Field 2	Field 3	Field 4
9:00 - 10:30 am			U17 Boys	U18 Boys
10:30 - 12:00				U16 Girls
5:00 - 6:30pm	U15 Boys	U16 Boys	U13 Boys	U14 Boys
6:30 - 8:00pm				
8:00 - 9:30pm				
Saturday, May 31st	Field 1	Field 2	Field 3	Field 4
9:00 - 10:30am	U17 Boys	U18 Boys	U15 Boys	U16 Boys
11:00am - 12:30pm	U15 Girls	U16 Girls	U17 Girls	U18 Girls
1:00pm - 2:30pm	Academy U9s	Academy U10s		
2:30 - 4:00pm	Academy U11s	Academy U12s		
4:00 - 6:00pm	U13 Boys	U14 Boys	U13 Girls	U14 Girls
6:00 - 8:00pm				
Sunday, June 1st (Make Up Day)	Field 1	Field 2	Field 3	Field 4
9:00 - 10:30am				
10:30am - 12pm	<i>Revised Schedule If Needed</i>			
12:00 - 1:30pm				

* Schedules are subject to revision, so please continue to check the club website for any updates.

**Good luck
May 3 !!!**



Three of our seven teams moving on to the Round of 16. Get lots of rest, eat well, and take the state by Storm!

SCUSC PROGRAMS

Micro/Mini-Kickers
Ages 3-5

Youth Development and Academy
Ages 4-11

Competitive: Select/NPL
Ages 9-19

Recreational
Ages 13-18

Goalkeeper Academy
Ages 9-19

TOPSoccer
Ages 4-19

CLUB MISSION STATEMENT

Established in 1984, Space Coast United Soccer Club is a non-profit organization run by volunteers dedicated to families who wish to enjoy the sport of soccer and to provide opportunities to play at all levels from ages three to eighteen with the highest quality of programs available in the State of Florida. Our efforts and energies are directed to the following objectives:

- We strive to develop players at all levels of play – recreational and competitive – by building and improving their skills, confidence, fitness, initiative and a sense of team-work.
- We are committed to developing coaches and referees to the highest level through a quality instructional, licensing and mentoring program.
- We aim to ensure all of our players' personal goals are met whether they be enjoying recreational soccer, playing on an elite or premier competitive team, playing on your high school team, playing in college, or on an U.S. National team someday.
- We promote and encourage high standards of sportsmanship and fair play and strive to ensure all players are doing it "For the love of the Game!"

Space Coast Uniforms Over the Years

With 2014 being our thirtieth anniversary year and the introduction of a new kit supplier, we thought it would be fun to see what the club has looked like over the years. Send us pictures of old uniforms and we'll publish them in the newsletter for the rest of the year. Email mediadirector@spacecoastsoccer.org. Make sure you tell us the year and team if at all possible!



Thank you
Alex Maminakis for
the Comp photos!

U8 had a very
different look in
2004, didn't it?

Youth Soccer Websites

[Florida Youth Soccer Association](#)

[National Premier Leagues](#)

[US Youth Soccer](#)

[Brevard Youth Soccer League](#)

[Greater Central Florida Youth Soccer League](#)

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