

Farmington Soccer Club

COVID Scenarios & Response Guidelines

Last Updated: Aug 04, 2020

1. **For all cases – contact FSC COVID Response team immediately to inform (contact info below)**
2. Player tested positive for COVID after attending an FSC event (practice, etc.)
 - a. Get information from player that tested positive
 - i. When did they first experience symptoms
 - ii. When did they test positive
 - iii. What FSC events did they attend
 - b. Notify member of FSC COVID Response team to discuss next actions
 - i. Response team will contact local health department for further direction
 - c. Notify all players that have practiced with affected individual during 2 weeks prior to first experiencing symptoms (not 2 weeks prior to testing positive) <<see NOTE1 below>>
 - i. Follow CDC guidelines for how to communicate to players that they MAY have been exposed
 - ii. <https://www.cdc.gov/coronavirus/2019-ncov/php/notification-of-exposure.html>
 - b. If other players had any possible exposure, then further practices for other players should not resume until 2 weeks after the last practice where the positive individual attended.
 - c. Affected individual should not attend practice again until after they have:
 - i. tested negative AND
 - ii. are symptom free for 2 weeks
2. Player has COVID symptoms but no test result
 - a. Player should get tested and report back on results
 - b. Until results received - treat as if positive (see #2)
 - i. When informing other players of possible exposure - protocol is same except do not say someone 'tested positive' - just say they are 'having symptoms and waiting test results'
2. Player had suspected exposure to someone infected, but is not showing symptoms <<NOTE2>>
 - a. Player should refrain from FSC activities for 2 weeks from date of possible exposure to self-monitor
 - b. Assuming no symptoms during that time, test may not be required (although preferable)
 - c. If player practiced with others after time of possible exposure, follow 2c and 2d above.
 - d. What if player had possible exposure and later tested negative?

Still require 2 week waiting period (since tests aren't 100% accurate and also depend on multiple factors, including the time between infection and testing)

NOTE1. CDC Symptoms link:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

-included in this link: "symptoms may occur 2-14 days after exposure"

-based on that, assume it is possible for someone to be contagious and asymptomatic for up to 14 days prior to showing symptoms. So use 2 weeks from symptom onset as the marker for how long we need to be concerned with exposure to others.

NOTE2. "Exposure" refers to a player OR someone in player's "bubble" (ie, family member, close coworker or friend, etc.) has had close contact with someone that is either displaying COVID symptoms or has already tested positive.

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