



## **Alpharetta Ambush Soccer Club**

### **Return to Play – Phase 1**

Return to play for players, coaches, and parents is an individual decision. This decision is completely voluntary. Until a parent or guardian decides the time is right to return to play, there are no expectations or requirements to return and participate.

Alpharetta Ambush Soccer Club (“AASC”) and the City of Alpharetta are working hard to provide a safe place for your child to play Soccer but in order to do this, it requires you and your family to read and understand the requirements and practice common sense for this process to work. You must be accountable and take responsibility for you and your family members to keep others safe and healthy.

All parents must acknowledge the process for their child or children to play soccer at AASC in Alpharetta, GA. If you do not agree, then you will not be allowed to participate on AASC soccer events. This document is posted on the AASC website at: [www.alpharettaambush.org/resources](http://www.alpharettaambush.org/resources).

### **Everyone’s Responsibilities**

- If you are sick, have a runny nose, cough, fever, or ANY other sick feeling, STAY HOME (this is not optional)
- We recommend a temperature check of all staff, volunteers, and players daily and before you arrive. Temperature greater than 100.4° STAY HOME and it is highly recommended you see your health care provider
- Wash your hands as defined by the CDC
- Individuals with underlying conditions or individuals over 65 years of age should avoid park entry until CDC guidelines are revised
- Anyone who has direct contact with a positive COVID-19 patient, or has personally tested positive, must stay home for 15 days prior to returning to the fields or the park.
- Use hand sanitizer when you do not have soap and water
- Do not touch your face
- When coughing, sneezing, or yawning at the field, individuals shall cover their mouth with the inside of their elbow
- Disinfect all equipment after each game and practice with proper cleaning supplies
- Follow and reinforce all social distancing policies by staying 6 feet apart
- Parents/guardians are strongly encouraged to remain in your vehicle during the activity or stay 6 feet away from one another and avoid congregating in small areas
- Take caution to social distance when entering walkways to and around the fields and back to the parking lots

- If you've traveled overseas, to the Northeast U.S., West Coast U.S., or any other known COVID-19 hotspot, then STAY HOME for 14 days.
- Follow the guidelines of this document

## **Ambush Personnel (Staff and Coaches) Responsibilities**

- On a regular basis, coaches will talk with the players about proper responsibilities associated with COVID-19 return to play to ensure the policy stays top of mind
- Coaches will communicate regularly with parents to ensure their child knows what is expected of them as listed in this document
- Coaches shall set expectations that sick players STAY HOME and their absence will not affect playing time or have other negative consequences
- Coaches shall report to Club President if they themselves feel sick in any way, have a fever of 100.4°F or higher, runny nose, cough, shortness of breath, loss of smell or taste, nausea, or diarrhea. Coach MUST stay home, get a substitute coach, or cancel activity
- Coaches shall adhere to social distancing rules
- Coaches shall continuously instruct players to abide by social distancing rules as much as possible
- Coaches will not have team huddles where the players and staff will be close to one another. The only group meetings permitted are where the kids are spread out 6 feet from one another
- The only exception is an injured player in which case the coach will have authority to assess the situation and take appropriate action to assist the injured
- Coaches will recommend there are no welcoming, departing, or celebratory contact such as handshakes, hugs, high fives, fist bumps, and chest bumps
- Coaches shall clean up team and training areas at the end of all activities. Equipment must be sanitized before the next practice. Practice vests, pennies, and removable jerseys are NOT allowed at this time

## **Player Responsibilities**

- Players must STAY HOME and will not come to the fields or activity if they feel sick in any way, have a fever of 100.4°F or higher, runny nose, cough, shortness of breath, loss of smell or taste, nausea, or diarrhea. AASC encourage that a player with any of these symptoms and any similar symptoms go to their health care provider. DO NOT COME TO THE ACTIVITY
- It is recommended that parents/guardians should check the temperature of players daily and before attending activity. 100.4°F or higher, DO NOT COME TO THE ACTIVITY
- If a player becomes ill during the activity and has symptoms, the player must notify the coach and self-isolate. Immediately exit the facility with parent or guardian and it is encouraged to seek help from your health care provider
- Players with underlying conditions must avoid attending activities and avoid entry into the park until CDC guidelines are revised
- Players who have direct contact with a positive COVID-19 patient or have personally tested positive must stay home for 14 days prior to returning to fields

- Players **MUST NOT** share any equipment including but not limited to water bottles, food, balls, towels, shin guards, goalkeeper gloves, and clothing
- Players should bring more than plenty of water to each practice to avoid using public water fountains for refills
- Carpooling should be avoided or eliminated altogether
- Players should leave their car ready to play (wearing soccer shoes, shin guards, etc.) to avoid having unnecessary personal belongings on the field
- Players will not wear practice vests until a later date
- Players **SHOULD NOT** touch coaching equipment like cones during activities
- Players should practice social distancing (6 feet separation) is recommended
- 2011 birth year players and older can be dropped off by the parent/guardian at the closest location/gate to the activity. Parent/guardian can walk their player from the car to the entry gate but only players are allowed on the playing surface. Always maintain 6 feet social distancing if possible, to exit your vehicle
- 2012 birth year and younger players must be escorted to the field by their parent/guardian but always maintaining 6 feet social distance. As soon as player is with the coach, parent/guardian can leave the area. Due to the young age of these players, bring them to the entry gate but do not go on the playing surface but do remain until the player is safely with their coach
- **Parents and players should provide their own hand sanitizer for on field usage, as necessary**
- Restrooms will be equipped with soap and water at all times
- Wash and sanitize personal equipment and clothing after each practice

## **AASC and City of Alpharetta Controls**

- AASC staff and or coaches will be present to offer guidance and answer questions
- Restrooms will be sanitized by City staff following health guidelines
- Soap dispensers will be made available by the City in all restrooms
- Signage will be present at all entry gates and common areas as reminders of policy to everyone