

AYSO United HC

Academy Description

What is the Academy program?

The Academy program is designed to facilitate the development of younger players and aid in the transition from rec league play to the competitive level.

Academy Program Goals:

Develop foundational skills and player discipline

Create an environment where players develop as individuals while building a strong basis for future club teams

Allow players to feel successful and enjoy the sport of soccer to the fullest

Who participates in the Academy Program?

The Academy program is offered for players from ages 6-9 who hope to eventually play at competitive levels.

U7-U8 participate in 4 v 4

U9-U10 participate in 7 v 7

Teams may be co-ed depending on total numbers.

What can players/families expect from the Academy program?

Players will be encouraged to develop understanding, respect, and love for the game of soccer. We will work on transitioning from the egocentric stage of development into team building and cooperation.

Players will engage in age specific training focused on the following areas: Technical, Fitness, Agility, and Tactical skills.

Training Days/Times:

Wednesday (Kerrville Sports Complex) 5:45-7:00

Friday (Oak Crest Park-Fredericksburg) 5:45-7:00

Games:

(*subject to change)

Academy games will be every other Saturday in San Antonio at Star Complex. Starting September 14th, game times will be scheduled between 9:00-12:00. The other Saturday's may schedule friendlies at either Kerrville or Fredericksburg.