

**Coach Name:** Tyler Garr

**Utah North or Metro:** Metro

**Coaching License:** Grass Roots

**Team(s) Coached:**

	<u>Birth Year:</u>	<u>Gender:</u>	<u>Division (if known)</u>	<u>Practice Location</u>	<u>Head or Assistant</u>
1)	2009	Girls	Metro C	Sandy	Head
2)					
3)					
4)					

**Years coached:** 6 years in total (5 years of recreation, 1 year of competition)

**Short Bio:**

I grew up playing recreation soccer. I have a strong love for the game. While living in Germany, my love for the game solidified as I played multiple times per week. I still play, but most of my time has shifted from playing to coaching.

I have been coaching for the past 6 years. I started coaching my daughter when she turned 4 and have been coaching since. We played recreational soccer for 5 years with Sandy City and then AYSO recreation. We then reached out to AYSO United to continue moving forward and progressing.

I approach coaching by giving the players the tools they need to succeed when put into the various game situations they will experience. For instance, we focus on touches on the ball and real time game simulations. Most practices are run in a game type scenario. The more the player experiences that type of a scenario, the more comfortable they will be. I have had multiple players stay with the team since I started coaching. The attitude I expect to see from the players on my team are 1- the player must enjoy playing soccer and 2- be willing to learn and play as a team. The girls on my team typically only see each other during soccer, but they have fun playing and being together any chance they can.

**Coach Photo:**

