



COVID-19 Return-to-Play Guidance for AYSO Programs in Davis

(Guidance as of January 29, 2021)



Introduction

AYSO programs in Davis will observe the following return-to-play guidance for participants who have tested positive for COVID-19, who have been in “close contact” with someone who has tested positive for COVID-19 and/or who have had symptoms of COVID-19. This return-to-play guidance is a companion document to the “[COVID-19 Health and Safety Protocols for AYSO Training Sessions in Davis](#),” the COVID-19 protocols for AYSO programs in Davis: <https://bit.ly/2MygX6G>.

The protocols and guidance aim to safeguard and promote the health and well-being of players, coaches, other needed volunteers and families as much as possible in relation to COVID-19. They seek to follow AYSO National policies, regulations established by public health authorities, guidance from medical professionals and best practices being followed by other youth sports organizations. Protocols will be updated on a periodic basis to maintain compliance with AYSO and local health guidance. This guidance is subject to change as conditions and local and state regulations change.

AYSO Participants Responsible for Documenting and Communicating Return-to-Play Guidance

As described in more detail in the “[COVID-19 Health and Safety Protocols for AYSO Training Sessions in Davis](#),” coaches will submit a standard AYSO incident report¹ to the AYSO administrator² responsible for the program and to the AYSO Region 218 Safety Director (safety@davisayso.org) of “any participant who reports symptoms of COVID19, tests positive for COVID19 or who is exposed to someone with COVID19.”³ The AYSO administrator and the AYSO Region 218 Safety Director will consider the specific case in relation to the return-to-play guidelines below and provide direction to the coach and families of the affected team on how to proceed.

***** Important*****

Anyone receiving report of COVID19, must protect the privacy and confidentiality of the parties involved except as required to report to the Health Department.

¹ Click here to access the standard AYSO Incident Report form: https://www.aysovolunteers.org/wp-content/uploads/2020/06/Incident_Report_Form_with_Instr_rev07012020-v2.pdf

² The Regional Commissioner for Davis AYSO (Region 218) is the relevant AYSO administrator for programs run by Davis AYSO. The AYSO Alliance Area 2D Program Director is the relevant AYSO administrator for AYSO Alliance Area 2D programs. The AYSO United Davis Club Administrator is the relevant AYSO administrator for AYSO United Davis programs.

³ <https://www.aysovolunteers.org/wp-content/uploads/2020/07/AYSO-Guidance-Safety-Director-2020-0721-v2.pdf>



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General Guidance on Return-to-Play Decisions

Situation	Guidance on Return-to-Play
Participant has had a positive COVID-19 test and has had symptoms.	Participant can return to play ten days after the positive COVID-19 test or the onset of symptoms (whichever came first) if : (1) the participant has had no fever for 24 hours (without the use of fever-reducing medications) and (2) the participant’s other symptoms are improving.
Participant has had a positive COVID-19 test and has had NO symptoms.	Participant can return to play ten days after the positive COVID-19 test if the participant continues to have no symptoms (including no fever),
Participant had been in “close contact” (less than 6 feet for 15 minutes or more over a 24-hour period) with someone who tested positive for COVID-19. The “close contact” occurred within 48 hours of when that person tested positive.	Participant can return to play ten days after their last contact with the person who tested positive for COVID-19, assuming participant develops no symptoms and has no further contact. If possible, the participant should get a COVID-19 test five days after last contact.
A household member of the participant (someone with whom the participant is living) tests positive for COVID-19. The participant tests negative for COVID-19 one or more times before and/or after the positive test of the household member.	Participant can return to play twenty days from the household member’s positive test (or the onset of symptoms, whichever came first) if the participant has no symptoms, and no other household member has subsequently developed symptoms or tested positive for COVID-19, during the twenty-day period.
Participant had symptoms of COVID-19 or failed a COVID-19 screening but currently has no symptoms and no known “close contacts” with positive COVID-19 cases.	Participant can return to play ten days after symptoms first appeared if : (1) the participant has had no fever for 24 hours (without the use of fever-reducing medications) and (2) the participant’s other symptoms are improving. OR Participant can return to play three days (72 hours) after symptoms first appeared if : (1) the participant has had no fever for 72 hours (without the use of fever-reducing medications), (2) the participant’s other symptoms are improving, and (3) the participant or guardian documents the participant tested negative for COVID-19 after onset of symptoms, and (4) the participant or guardian documents all household members have been without symptoms for three days.
Participant has had no known “close contacts” to positive COVID-19 cases, has had negative COVID-19 test but is experiencing similar symptoms of probable non-infections causes (e.g., seasonal allergies, minor headaches).	Participant can return to play three days (72 hours) after symptoms first appeared if : (1) the participant has had no fever for 72 hours (without the use of fever-reducing medications), (2) the participant or guardian documents the participant tested negative for COVID-19 after onset of symptoms, and (3) the participant or guardian presents to the Safety Director a clearance letter from their doctor that states, “This patient has ongoing symptoms that have been evaluated and determined not to be due to COVID-19. They are cleared to participate in activities that follow state and county health guidance related to COVID-19.”



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Specific Circumstances Impacting Return-to-Play Decisions

Situation	Guidance on Return-to-Play
Participant had a positive COVID-19 test but a follow-up COVID-19 test was negative.	Once a participant has had a positive COVID-19 test, AYSO cannot change guidance based on subsequent negative COVID-19 tests. The participant should follow the guidance above related to return-to-play for participants who test positive for COVID-19.
Participant was masked during the period of “close contact” (defined above) with someone who tested positive for COVID-19.	Except for Healthcare Providers (see below), being masked during the period of “close contact” does not change the guidance. The participant should follow the guidance above related to return-to-play for participants who have had “close contact” with someone who tested positive for COVID-19.
Participant who experienced “close contact” (defined above) with someone who tested positive for COVID-19 is a Healthcare Provider.	Healthcare Providers can participate, even if working with COVID-19 positive patients, provided they fully comply with proper Personal Protective Equipment (PPE) protocols. If there is a concern for an actual exposure at work or elsewhere (e.g., they become symptomatic, an employer requires diagnostic testing, time-off due to possible exposure), then the Healthcare Provider should follow the standard return-to-play protocols above.
Participant has received the COVID-19 vaccine. How does this affect guidance?	The guidance above does not change, regardless of COVID-19 vaccination status. Follow the same guidance as if the participant had not been vaccinated.