

## 2019-2020 Fall Season FAQ's (Frequently Asked Questions)

### Information may be subject to change

#### 1) Q. Do I belong in Region 75?

A. While players may register in any region, the “boundaries” of Region 75 are generally considered to be the same as those of the Whittier High School District attendance area. Whittier, Santa Fe Springs, Norwalk & La Mirada. AYSO has open registration, and we welcome all players, but we would prefer you make an informed decision.

#### 2) Q. Is my child the right age for AYSO soccer?

A. Children between the ages of 4 and 18 as of December 31 of the year in which the Fall season begins can play AYSO soccer. For the Fall 2018 season, that would mean players must be at least four and no older than 18 on December 31, 2019.

#### 3) Q. Who do I contact with questions?

A. Most questions can be answered on our website. Please check there first. All board members have a specific job and our emails are listed on the website. We are here to help, but please remember we are volunteers who also have jobs and take vacations. We do our best to answer in a timely manner. If you don't hear back within 72 hours, please email again and cc the Regional Commissioner [rc@ayso75.org](mailto:rc@ayso75.org) or Assistant Regional Commissioner at [assistantrc@ayso75.org](mailto:assistantrc@ayso75.org),

For questions regarding: Registration & refunds - please contact the Registrar.  
[registrar@ayso75.org](mailto:registrar@ayso75.org)

Volunteer forms & general volunteer questions – please contact the CVPA at [cvpa@ayso75.org](mailto:cvpa@ayso75.org)

Referee classes & general referee questions – contact the Referee Administrator  
at [referee@ayso75.org](mailto:referee@ayso75.org)

Coaching classes & general coaching questions – contact the Coach Administrator  
at [coach@ayso75.org](mailto:coach@ayso75.org)

Safety issues including weather conditions or filing an incident report, for questions please  
- contact the Safety Director at [safety@ayso75.org](mailto:safety@ayso75.org)

Specific division and program questions, inquiries about coaches or to volunteer to coach your child's team - please contact the age/gender specific Division Coordinator on our website or if not yet listed please use [info@ayso75.org](mailto:info@ayso75.org) and we will forward your email to the proper Board or Staff member.

#### 4) Q. What division will my child be in?

A. AYSO uses the player's age as of December 31st to determine the correct division. This AYSO year, the cut-off date will be December 31, 2019. The age of your child on this date will determine his or her division placement for the fall 2019 season.

#### 5) Q. How, when, and where can I register my child?

A. Registrations for the Fall season are generally held in the Spring. We begin our online as early as April and our last registration may be held as late as mid-June. Spring registration begins in November. Watch the calendar and web page [www.ayso75.oeg](http://www.ayso75.oeg) for specific dates, times, and locations.

#### 6) Q. What is the region's address?

A. AYSO Region 75 - P.O. Box 5463, Whittier, CA 90607-5463

#### 7) Q. Can't I just drop off the registration form at your office?

A. AYSO Region 75 is an all-volunteer effort. We have no office. We are a group of volunteers working out of our homes between working and raising families.

#### 8) Q. What do I need to purchase for my child?

A. Each player will receive a uniform which includes shorts, a jersey, and socks. **Players are required to wear shin guards at ALL practices, scrimmages & games.** Soccer cleats are also recommended and most coaches like each player to bring a soccer ball to practices. Players in U05, U06, U07, and U08 use a size 3 ball. Players in U10 and U12 use a size 4 ball. Players in U14 and older use a size 5 ball.

### 9) Q. What does U05, U10, etc. stand for?

A. The "U" in each of those divisions stands for under. Players in U05 are less than five (four years old) on December 31 of year of the fall season. Players in U10 are less than ten years old (eight or nine years old) on December 31 of year of the Fall season.

### 10) Q. When do the seasons start and end?

A. For the regular fall season, the first games for **U14, U16 & U19 will begin on August 17**, the first games of the fall season for **U7-U12 will be scheduled for the first Saturday following Labor Day**, and end before Thanksgiving. **U5 & U6 will be scheduled for the first Friday evening following Labor Day**, and end before Thanksgiving.

U7-U19 Coaches can begin practices in the month of August. In the older divisions (U10 & above), play may be extended due to playoffs (January), tournaments and All Stars (January). The first games of the Spring season are generally scheduled early to mid-March and the last game is played in mid-May. Practices may begin in late February or early March.

IMPORTANT: During the month of September, Saturday Regional games that would normally be scheduled in time slots after 10:30am may be moved to a weeknight slot because of the excessive heat that may occur during that time of the day. The Safety Director along with the RC will be making that decision with the advice from the Regional Board prior to the fall schedules going out.

### 11) Q. When and where will my child's practices and games be held?

**ALL PRACTICES WILL BE HELD AT SIERRA FIELD ONLY**

A. Teams are assigned to practice locations based on division. This ensures we do not have very young players practicing on the same field as much older players. Each coach may then select a time based on his or her availability and field availability. Most games, (all games in the younger divisions U7-U10) are held on Saturdays in Whittier at Sierra Field. U5 & U6 are held on Friday evenings beginning at 6:30pm.

**12) Q. I would like to have my child placed on the same team with [Joey/Susie down the street] for carpooling purposes. Is this possible?**

A. Beginning Fall 2019, a request to be with a friend may be made for children in the U05 and U06 divisions only. The Division Directors try to accommodate a request, but there are no guarantees. If the wish can be granted while still maintaining team balancing, the Division Director will give it strong consideration.

**13) Q. My family will be away on vacation until [Labor Day/school starts/the end of August], will my child miss out?**

A. Many families are away during this time. Every effort will be made to ensure that you receive a call or email from a coach. **U7-U19 will be contacted in the month of August, U5 & U6 late August or by the first week of September.** If you inform the coach (or Division Director) of your plans, there should be no problems. Enjoy your vacation and join the team upon your return.

**14) Q. My child has [gymnastics/swimming/baseball] on Tuesdays and Thursdays and will sometimes have conflicts with Saturday games. Can he/she be placed on a team that practices on Monday/Wednesdays?**

A. Last year, Region 75 had over 700 kids registered to play soccer during our fall and/or spring seasons. Due to practice and playing field limitations, volunteer coaches' scheduling difficulties and team balancing issues, this may not be possible. One of the tenets of AYSO is that, "Everyone Plays". If your child will consistently have to miss practices and/or games, please think carefully about whether AYSO is right for your child at this time.

**15) Q. When I registered, I specifically asked that my child be placed on a specific coach's team. I just got a call from a coach I never heard of before. Can I switch teams?**

A. All of Region 75's coaches, refs, field reps, division directors and board members are volunteers. Coaches and refs give up their personal time for training and certification purposes. Please allow everyone a chance to put what they've learned into practice. We have many popular and often-requested coaches – think about becoming one, yourself!

**16) Q. My child's birthday is before July 31st, but in school, he/she is with classmates who are younger. May my child "play down" in the younger division, to be on teams with kids with whom he/she goes to school?**

A. AYSO is a national organization that determines the player divisions based on birthdates in a calendar year. Currently the AYSO "year" runs from January 1 to December 31. Many children are in "different" divisions than their school classmates. We encourage you to view this as a positive experience - it will allow your child to broaden his/her relationships outside of school and enjoy making new friends.

**17) Q. "I work full-time." "I am a single parent." "I don't know anything about soccer." "I don't have time." How can I help?**

A. AYSO is an all-volunteer organization. There are numerous positions to be filled and tasks to be completed. Some commitments can be completed in a few hours. In addition to coaching and refereeing, there is field preparation, team managing, player registration staffing, data entry maintenance, Skills and Drills Days and Picture Day staffing, volunteer registration, training administration and regional board openings. Log on to: [www.ayso75.org](http://www.ayso75.org) and follow the directions to "Apply" as a volunteer we'll put you to work. Remember – "PLAYSOCCER" means everyone plays!

**18) Q. Can I bring my Dog to a Game?**

A. Dogs are NOT allowed at practices or games at any of the facilities for which AYSO obtains use permits. Please leave your dog at home. Dogs on leashes are equally not allowed at events. City ordinances and our use permits disallow dogs on school property, and our use permits for park fields dictate no dogs at the fields. Please make visiting grandparents, friends, ex-spouses aware of this restriction. Anyone who brings an animal to any AYSO function will be asked to remove the animal from the area immediately. If the animal is not removed, the event will be stopped. Let's keep the fields safe for all of us and keep our furry friends at home. Thank you for your cooperation in leaving your dog at home.

**IMPORTANT - Service animals are permitted only as required by laws and regulations. Per ADA: "In situations where it is not obvious that the dog is a service animal, staff may ask only two specific questions: (1) is the dog a service animal required because of a disability? and (2) what work or task has the dog been trained to perform? Staff are not allowed to request any documentation for the dog, require that the dog demonstrate its task, or inquire about the nature of the person's disability. "The ADA does not require covered entities to modify policies, practices, or procedures if it would 'fundamentally alter' the nature of the goods, services, programs, or activities provided to the public. Nor does it overrule legitimate safety requirements. If admitting service animals would fundamentally alter the nature of a service**

***or program, service animals may be prohibited. In addition, if a service animal is out of control and the handler does not take effective action to control it, or if it is not housebroken, that animal may be excluded."***

**19) Q. My child will not be 4 years old by December 31, 2019, but he/she is very [big/strong/athletic/coordinated] for his/her age. Can we still sign up for the upcoming fall season?**

A. AYSO is a national organization with very strict guidelines regarding age requirements. Therefore, we need to see a child's birth certificate prior to completing registration. Children who do not meet the age requirement are not permitted to play. Be patient – they'll grow up before you know it! Some players who are not eligible for fall soccer may be eligible for spring soccer.

**20) Q. Is there a program for children with special needs?**

A. We have had the VIP program for over 25 years. This year we are looking for a VIP Director and two VIP Coaches to continue the program for this season. If we don't have the volunteers step up, we will take your information and do what we can to place you on a team in a close neighboring region, so Everyone Plays. Please email the registrar at [registrar@ayso75.org](mailto:registrar@ayso75.org) and we will do what we can to place your child in the VIP program. You can also email us to help you decide whether the VIP or regular program is more appropriate for your child.

**21) Q. What should I do if I did not find the answer to my question on this page?**

A. You may do one of two things. Before the season starts, you may email us at [info@ayso75.org](mailto:info@ayso75.org) and we will forward it to the proper volunteer. Please allow 72 hours for a response. After the season starts you may contact your Division Directors as listed on the Board member page on this site. If your Division Director is not listed, please email [info@ayso75.org](mailto:info@ayso75.org). [Messages](#) received through the email link will be forwarded to the proper Board member or staff and answered by one of our volunteers within 72 hours whenever possible.

**22) Q. When do the players get called? (All Practice are at Sierra Field)**

A. The official season starts on September 6 for (U5 & U6) at 6:30pm. The official season start on 9/7/2018 teams (U7-U12) may begin practice 2-3 weeks before the official season start on 9/7/2018. Teams (U14-U19) may begin practice as early as August 1 before the official season start on 8/17/2018. The coaches will call or email the players/parents. They will give you all the information you will need regarding practice times at Sierra Field. Region 75 has the coaches choose days and times from a pre-determined schedule. Also, **Coaches may be on vacation and or completing the background checks and certifications. Please be patient you will be contacted asap.**

**23) Q. It's after August 1 and my child has not been called. What do I do?**

A. Please do not panic if you see teams practicing and your child has not been called. Not all teams begin practice at the same time. This year because of CIF regulations U14-U19 games must begin by August 17 and start their practices no earlier than August 1. The very young teams U5 & U6 (September 6) do not always begin practice on the same date as other teams. Also, some coaches may be out of town. If your child has not been called in divisions U7-U12 by August 15, either email us at [info@ayso75.org](mailto:info@ayso75.org) or come down to the field Monday-Thursday between 6:30pm-8:00pm and we will assist you.

**24) Q. How often are practices and games?**

Location of games and practices will be determined by the local AYSO Regional Board with **schedules provided to you by your child's coach once ALL the teams in a division are completely formed.**

A. Practices are held once or twice a week;

1) The youngest players U5 & U6 have a combined practice, training and games one day per week, on Friday evenings (6:30-7:30pm).

2) U7-U8 Will be practicing twice a week and may go to once a week if necessary once school begins. Most of the games will be played on Saturdays. There may be mid-week games scheduled during the season.

3) U10-U19 Will be practicing twice a week. Most of the games will be played on Saturdays. There may be mid-week games scheduled during the season.

We will be adding more Q & A's as necessary. We hope you have a fantastic soccer experience in Region 75 and we are looking forward to a great fall season.

**See you on the field!!**

**Please remember that it takes many volunteers to run this great program for your players.**

**Your help is always needed and appreciated**

**Thank You!**