



## U-05 Program Information

AYSO has designed a program specifically to introduce your 4 year old to the game of soccer. The program will meet for one hour each Saturday during the fall and spring season. It will include a short practice led by a master coach, designed to teach the player (and the parent) the game of soccer, and how to have fun doing it. Ask anyone who has been through the program; the format is perfect for a child this age!



# AYSO Region 1103 Under 5 Program



## Program Requirements

- Child may participate on or after their 4th birthday
- Child must register with AYSO Soccer via website
- Adult/Youth Volunteer must register with AYSO Soccer as a volunteer mentor
- Safe Haven Certification is recommended, but not required for registered volunteer
- Show up with a size #3 soccer ball, shin guards, a water bottle, and lots of enthusiasm
- Cost is \$50 per child, plus uniform fee.

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