



AYSO REGION 1463

39520 Murrieta Hot Springs Rd. #219-96
Murrieta, California 92563



951.200.5638



info@aysoregion1463.org



www.ayso1463.org

July 22, 2020

Re: AYSO POLICIES & PROCEDURES – AYSO REGION 1463

1.0 AYSO Region 1463 Refund Policy

- Refund Requests must be made prior to the date posted on our AYSO1463.com “Refund Request” website for both the Spring and Fall seasons. Refund requests after the posted date will not be honored regardless of the circumstance.
- If a refund is approved, please note the following refund administrative procedures:
 - a) If the AYSO National Insurance fee was paid with the registration fee, \$20 will be subtracted from the refund amount. The AYSO National Insurance fee is **non-refundable**.
 - b) AYSO 1463 Administrative Processing Fees, totaling \$10, will be subtracted from the refund amount.
 - c) If a Refund is approved, please allow 3-4 weeks for a check to be mailed to the address provided on your Sports Connect account.
 - d) Drop notices to coaches or refund requests received after the posted deadline will not be approved for a refund. The refund request is subject to review by the Regional Commissioner, Registrar, and Treasurer before being approved.

1.1 AYSO Region 1463 Refund Request Procedures

- In order to initiate the refund request, head to the region website (ayso1463.com). On the site, highlight **Registration**. Select **Refund Requests** from the dropdown list.

A link to the Refund Requests page has also been provided below.

<https://ayso.bluesombrero.com/Default.aspx?tabid=948296>

- Make sure to select the Refund Request Google Form link. Once on the Refund Request Google Form page, please be sure to fill out the requested information as thoroughly as possible and submit the information. Submitting the request will automatically send an email notification to the **Registrar, Treasurer and Regional Commissioner** for review.



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2.0 AYSO Region 1463 Schoolyard Program

2.1 Schoolyard Program Info & Guidelines

Parents & Players! Welcome to the Schoolyard program. We hope this program will give you a positive experience in the great game of soccer.

Location: Warm Springs Fields (Field 3)

Parking at the Torrey Pines Park located at 39455 Torrey Pines Rd. Murrieta, Ca. 92563
(Enter the parking lot at Torrey Pines Park)

Objective

The objective of this program is to provide young players and their parents with a “pressure free” introduction to the beautiful game of soccer. At this age, players should be exposed to soccer by playing simple, fun activities and games that require little to no practice, and a minimal time commitment.

Schoolyard One with One Format

Schoolyard One with One is the combination of two different formats, when put together, will provide the best possible introduction to soccer for our youngest players. One with One refers to the concept that each player will have a parent (or other adult) working with them on the field. A “Master Coach” will lead each session. The Master Coach will introduce a game/activity that will practice a certain skill or part of the game using explanation and demonstration. Each pair (player/parent) will then attempt the activity while the Master Coach circles provides specific help so that the activities are performed as intended.

Session Schedule

Session Times:

Sessions will last 45 minutes including organizing time and breaks.

The amount of sessions available will depend on the amount of children registered to the program. However, each session will have a maximum of 10 Schoolyard children. All Sessions will occur on Saturday mornings in 45 minute blocks somewhere between the times of 8am-12pm.

NOTE: All Schoolyard activities occur on Saturdays. The program does not hold practices during the week.



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2.1 Schoolyard Program Info & Guidelines

Session Breakdown

10 minutes - Group Warm-up and Activities

2.5 minutes - Water Break

15 minutes - Training Activities and Games

2.5 minutes - Water Break

15 minutes - 3 v 3 game (two halves of 7 minutes each with a 1 minute break)

What to bring:

- Size 3 soccer ball
- Shin Guards
- Water
- Cleats (Optional but highly recommended)



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3.0 AYSO Region 1463 Substitutions, Playing Time, Keeper Rules

3.1 Guideline Overview

Game Line-Up Cards

- Game line-up cards listing (in numerical order by uniform number) the full names of each player must be presented to the referee prior to the beginning of the match.
- Game cards must show the team name and number, game number, home/visitor, region, uniform color, coach's and assistant coach's names, date, field and scheduled game start time.
- The coach shall note any player absent and the reason for the absence. Player Registration forms must be available to any Regional Board member upon request prior to the game.

General Guidelines

- Each game shall consist of two equal halves with play being halted at a normal play stoppage approximately midway through the first half and second half for substitutions. This is not a water or tactical instruction break.
- Players not being substituted should remain on the field as play may be restarted immediately after substitutions are completed.
- Game length, substitutions and other rules for Divisions 16U and 19U are determined by Area R rules and regulations for games during the Fall seasons.
- During Spring season, 16U and 19U may be combined into a single coed division. If this is the case, all rules for play are the same as other Spring Coed teams with the following exceptions:
 - (i) 40-minute halves; 80-minute games, and (ii) substitutions are made approximately every 1/8 of the match unless otherwise modified by the Board.
- Except as otherwise noted in Regional Policies and Procedures, all players in Region 1463 must play 3/4 of each game unless the number of players assigned to the team's roster and present for a game mathematically precludes such 3/4 playing time. In these cases, each player shall play at least 1/2 of each game. Exceptions may be made if a player is ill or injured or for disciplinary reasons (with the prior written approval of the appropriate Division Coordinator, Coach Administrator or Regional Commissioner).
- If a player arrives late for a game his/her playing time will be proportionately reduced subject to the conditions above. Thus, a 14U or younger player arriving during the first period of play shall play at least 2 of the remaining 3 play periods.



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3.2 Substitutions, Playing Time

- i. A player arriving during the 2nd period shall play at least 1 of the remaining 2 play periods.
- ii. Barring injury or illness or player(s) arriving late or leaving early situations, no coach shall play a player for the full match if there are other players on the team which have not played at least 3/4 of the game.
 - A coach's failure to play a player the required 3/4 of a game (subject to any of the above conditions) may result in the coach being suspended for one or more games.
 - Repeat offences may be cause for the coach's permanent suspension. Playing a player less than the required time for disciplinary reasons is highly discouraged and must have the Regional Commissioner's approval.
 - Coaches are similarly not to shorten a player's playing time if they are unable to attend practices due to illness, transportation difficulties or other scheduling conflicts. In such cases, the coach is to first consult the Regional Coach Administrator and the Regional Commissioner.
- iii. It is expected that the coach (and not the match referee/assistant referee) will track and enforce the playing time rule. The referee's responsibility is to keep the record of how much time each player actually played. The referee does this by noting on the game card those players who are on the field at the start of each substitution period and which players are not in the game as substitutes.
- iv. The coach must inform the referee of injured or ill players. If the referee and coach are truly working together for the benefit of the player, the referee/assistant referee will mention to the coach if a mistake in playing time is about to be made in time so that the coach can correct the error.
- v. If a player is injured, the coach may provide a substitute for the player, in which case the injured player may not return until the next substitution break. Only the player who is injured is credited with that play period regardless of the actual time played.
- vi. The coach may choose to play short, thereby allowing the injured player to return to play at any time. The player must be recognized by the referee in order to return to the game legally.
- vii. If a player becomes ill or is seriously injured and is therefore unable to play, the referee must note such cases on the game card. Coaches have the responsibility to ensure this is done.



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3.2 Substitutions, Playing Time

Hot Weather Play

During extremely hot weather, the referee and both head coaches may agree to extend the substitution breaks in order to allow all players and the referee to refresh themselves with water. This should be an extremely rare occurrence, done on an exception basis, and only when the health of the players is in question. When doing so, the referee and coaches should take care so as not to cause undue loss of playing time for the players.

Referees and coaches should agree on this prior to the start of the match. The halftime duration shall not be less than 5 minutes or more than 10 minutes.

3.3 Keeper Rules during Game Play

6U / 8U Divisions

No goalkeeper – all players are “field” players.

10U Division

Max length of time one player may perform as goalkeeper in a single match is one half of the game, except for Area or Section Tournaments and Select play where differing rules may apply.

12U Division

Max length of time one player may perform as goalkeeper in a single match is three quarters. However, if a player plays as keeper for three quarters that player is **REQUIRED** to play one quarter on the field. **Important Reminder:** Article 3.0, Paragraph 3.1ii states that a player cannot play a full match if any player on the team has not played at least 3/4 of the game.

14U / 16U / 19U Divisions

No Change from FIFA Laws

No Limit on how long a player may perform as goalkeeper in a single match.

Goal Keeper Punts

No Change from FIFA Laws for 12U-19U. For 10U and below, the goalkeeper shall not punt the ball. An indirect kick will be awarded to the opposing team at the spot of the offense if a goalkeeper for 10U and below deliberately punts the ball during a match. An indirect free kick awarded to the attacking team inside the opposing team’s goal area must be taken on the goal area line at the point nearest to where the goalkeeper punted the ball.



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4.0 AYSO Region 1463 Amended Changes Voted By Region Board Members

4.1 Article/Paragraph/Change

Article 6 / Paragraph A3

Change: List of Additional Regional Board Member Positions with Voting Rights

- Assistant Regional Commissioner
- Regional Secretary
- Volunteer Coordinator





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5.0 AYSO Region 1463 Return to Play Policy

5.1 Return to Play Overview

Social Distancing Guidelines & Updates

AYSO Region 1463, as well as our neighboring regions, are fully dedicated to the health needs of our children and our community. Our commitment to providing all of you with a safe, reliable environment to play the game of soccer is paramount.

With the guidance of our National Office as well as the County of Riverside and City of Murrieta, we have created the following guidelines and procedures for the Fall 2020 Season.

From the Regional Board

- **Reminder:** If anyone is exhibiting symptoms please stay home
- **Sanitizer Availability:** Hand sanitizer stations will be available at the Board Tent. Players and volunteers will be asked to sanitize prior to reporting to practices, games and/or other activities. Bathrooms will be sanitized regularly.
- **Masks:** will be **strongly** recommended for all players and coaches during practice. They will also be strongly recommended before all activities. However, masks are not recommended for players and/or referees during competitive games.
- **Social Distancing:** Signs will be placed throughout Warm Springs Fields advising parents of adopted AYSO 1463 policy changes
- **Staggering Activities:** Games, and/or all region activities will be staggered as much as possible to limit the amount of people on the field at one time
- The time between all activities has increased. The window in-between competitive games is 30 mins to provide the Board time to sanitize high traffic areas.
- **End of Game Celebration:** For competitive games, high five lines and parent tunnels will not be returning. However, we will continue our Sportsmanship Pin ceremony at the end of the game. Everyone will be asked to join the center of the field in order to clap for their players (social distancing will be in effect).



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5.2 Information for Parents

- **Ensure your child is healthy:** Parents will need to test child's temperature before departing for a soccer practice, game or activity. If above 100.4°, do not attend.

Special care should be given to the presence of children coming to/from activities and receive verbal acknowledgement from the coach each time

- **Social Distancing:** Region 1463 will require that parents stay in their cars during all weekday practices (drop off at the practice site is ok but parents must return to their cars immediately after drop off). However, parents will be allowed to stay on the field if their child is in the **6U Division and under** or if in the care of a special needs individual for the VIP program. While these parents are allowed on field, they will be required to social distance. Masks will also be **strongly** recommended. Those not adhering to social distancing may be asked to leave the fields. Note: Two adult parents/guardians will be allowed inside the fields during Saturdays.

In addition, if siblings are present parents/guardians will be asked to remain in their cars for the duration of their practice, game or activity. This is to keep the number of people on the field at one time to a bare minimum.

- **Carpools or vanpools are not allowed**
- Wash your child's clothing after every training/activity
- Ensure your child has hand sanitizing products with them at every session
- Notify your Coach or Team Point of Contact immediately if your child or family member becomes ill for any reason
- Do not assist coach with equipment before or after activities
- **Communication:** Check Region and Coach communication regularly
- **Sanitize all equipment:** Includes soccer balls, cleats, shin guards, etc. before and after every region activity
- **Mark Belongings:** Clearly label your child's water bottle and personal items



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5.2 Information for Parents

- **Masks:** Masks will be **strongly** recommended for practices and other region activities. For Competitive Games, a mask is strongly recommended while they're waiting on the sideline, however they will **not** be allowed while the child is in play due to overriding concerns of players exerting themselves with face coverings.
- **Team Snacks Update:** Team halftime and end of game snacks will not be returning. Parent/Guardians, please bring snacks/drinks for your child to enjoy.

5.3 Coach Related

- **Coaches will need to check their own temperatures**
If over 100.4°, cancel the session
- **Coaches or Team POC will send pre-training communication to families** ensuring that only healthy participants attend and reiterate expectations and guidelines
- **Coaches should maintain social distancing requirements** from players and family members
- **Wearing a face mask is strongly recommended** for the duration of the practice
- **Utilize technique in isolation exercises**, grid work, fitness and spatial awareness to limit physical contact between players
- **Keep players in small groups with one coach** and make sure that each group of players and coach avoid mixing with other groups.
- **Team Scrimmages during practice will not be allowed** to avoid close contact as much as possible. The focus must be placed on grid work & exercises (6ft)
- **Older divisions will not be allowed to travel to other regions.** Will be holding inner-region games only to minimize exposure to outside entities.
- **Ensure all players have and handle their own labeled equipment**
(ie. soccer ball, water bottle, training disks, etc.)



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5.3 Coach Related

- **Coach should be the only person to handle coaching equipment** (ie. cones, disks, etc.); do not let parents or attendees assist
- **Hand sanitizer will be provided to Coaches by the region for the duration of the season.** Handwashing on arrival / mid-way and end of training session is expected. Coaches will be required to have hand sanitizer available at all times.
- **No shared Goalkeepers Jerseys.** Region will provide Coaches with goalkeeper jerseys or pinnies for 4 quarters. It will be the Coach's responsibility to wash these jerseys each week.
- **No shared Goalkeeper Gloves.** Players must bring their own gloves to wear as Goalkeeper. Keepers will not be allowed to play the position without them.
- **Game time soccer balls will be provided by the Region.** They will be cleaned and sanitized in-between quarter breaks and at the end of each game.
- **Coach or Team POC to perform a weekly check-in with the Safety Director** to report if anyone on their team has reported a Covid-19 related concern

5.4 Referee Related

Referees will only be allowed to referee a maximum of 2 games per week regardless if it's as center Referee or an Assistant Referee

At All Times:

- Stay at least 6 feet from anyone as much as possible
- Avoid touching eyes, nose, and mouth
- Spitting or rinsing the mouth with water is to be avoided
- Cough into elbow
- Stay home if not feeling well and communicate to the Referee Admin

Pre-Game Protocol

- Prior to arrival, wash hands with soap or alcohol-based solution for at least 20 seconds
- Arrival in full uniform is recommended
- Maintain six (6) foot distance from players, coaches, spectators and referee team for all administrative procedures
- Mask is recommended for pre-game duties
- No handshakes with coaches, players, or spectators



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5.4 Referee Related

During Play:

- Masks **are not** required for referees during active play
- Referees are recommended to stay a minimum of six (6) feet away from players, coaches, spectators, and the referee team during dynamic play and stationary play at all times.
- Avoid spitting
- Cough into your elbow
- Do not share whistles or, if possible, any other referee equipment. The use of electronic whistles is recommended but not required.
- If not feeling well during the game at any time, go home immediately

Post Game:

- After the game, handshakes, fist bumps, elbows are not permitted. However parents and players are invited to celebrate during the Sportsmanship Pin announcement in the center of the field.
- If shared, wipe down the handles of flags with an alcohol-based rub or wash with soap and water
- Upon completion of the match, wash hands with soap or alcohol-based solution for at least 20 seconds



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5.5 Check-in Procedures

- All practices, games and activities will be held at Warm Springs Fields
- **Thermometer Checks:** Board Members will be on hand at the entrance gate to check player temperatures. If parents/guardians would like to be on the field, the Board will need to make sure to check their temperatures as well. These checks are mandatory. No one will not be allowed on the fields without them.

If any participant's temperature is deemed high (100.4°+), the Board will ask the individual to sit in the shade and relax for a few minutes, then try again. If the temperature remains high, the individual will not be allowed inside.

- **Social Distancing:** Region 1463 will require that parents stay in their cars during practices (drop off at the practice site is ok but parents must return to their cars immediately after drop off). However, parents will be allowed to stay on the field if their child is in the **6U Division and under** or if in the care of a special needs individual for the VIP program. While these parents are allowed, they will be required to social distance. Masks will also be **strongly** recommended. Those not adhering to social distancing may be asked to leave the premises.

In addition, if siblings are present parents/guardians will be asked to remain in their cars for the duration of their practice, game or activity. This is to keep the number of people on the field at one time to a bare minimum.



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5.6 Game Day Field Usage

During Game Day Saturdays, Parents/guardians will be required to sit 6ft away from one another and 8 ft away from sidelines. In the example below, Fields 4 & 5 are active while Field 6 is inactive. For the next block of time, inactive/active fields switch.





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5.7 Drop-Off & Pick-up / Communication

Drop-Off / Pick-Up

As mentioned previously, all parents need to be on the premises during all practices and games, whether it be social distancing on the field or waiting in your car. However, while parking your car if you decide you need to drop off your child we are requesting parents to **drop them off in the area closest to the baseball field.**

Please do not drop them off near the front gate as this has the possibility of causing traffic jams in the parking lot.

Communication Plan

Safety Director contact information will be added to all Region email communication for all Covid-19 related reporting, questions or concerns. A brief update from the SD will be included with all weekly emails.

A Region 1463 website will be created that's dedicated to all information pertaining to Return to Play. This site will feature all available information & procedures.



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5.8 Covid-19 Case Reporting

- For Covid-19 concerns and case reporting, all participants should notify our **Safety Director**, Carrie Lopez - safety@aysoregion1463.org
- In accordance with state and local privacy and confidentiality laws and regulations, Region 1463 will notify local health officials, program staff, coaches and referees and families immediately of any case of Covid-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and other applicable laws and regulations.
- Region 1463 will advise those who had close contact with the person diagnosed with Covid-19 to stay at home and [self monitor for symptoms](#). Please refer to our **Risk Assessment guide** on the next page for information on how to handle various scenarios.
- **A negative test will not be required by our region to return**
- Updates on cases will be included in weekly regional update emails
- We will attempt to provide additional time in December for make-up games for those who have lost game time due to being in quarantine.



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5.8 Covid-19 Case Reporting

RISK ASSESSMENT	EXPOSURE IDENTIFIED THRU CONTACT CRITERIA/INVESTIGATION	ASYMPTOMATIC (SHOWING NO SYMPTOMS)	SYMPTOMATIC (SHOWING SYMPTOMS)
NO IDENTIFIABLE RISK	Interactions with a person/player with symptoms confirmed or suspected COVID-19 infection that do not meet any of the high-, medium- or low-risk conditions below such as walking by the person or being briefly in the same room.	*No Exclusion	*Exclude Player/Coach/Person *Return-to-play 72-hours after recovery (no symptoms or fever without use of fever-reducing medication); and improvement in respiratory symptoms; and at least 10-days have passed since symptoms first appeared
LOW	Being in the same indoor environment as a person/player with symptoms confirmed or suspected COVID-19 infection for a prolonged period of time but not meeting the definition of close contact (within 6-feet for more than 15-minutes)	*No Exclusion *Recommended Self-Observation	*Exclude Player/Coach/Person *Return-to-play 72-hours after recovery (no symptoms or fever without use of fever-reducing medication); and improvement in respiratory symptoms; and at least 10-days have passed since symptoms first appeared
MEDIUM	* Close contact (within 6-feet for more than 15-minutes), with a player with symptomatic confirmed or suspected COVID-19 infection * Playing on the same field or within 6-feet of a person/player with symptomatic confirmed or suspected COVID-19 infection * Person/Player living in the same household as an individual symptomatic but not yet confirmed COVID-19 infection	*Notification of Exposure *May continue to play if asymptomatic for 72-hours without the use of fever-reducing medication and/or any other symptoms.	*Exclude Player/Coach/Person *Recommended Testing *Return-to-play 72-hours after recovery (showing no symptoms or fever without fever-reducing medication); and improvement in respiratory symptoms; and at least 10-days have passed since symptoms first appeared.
HIGH	Player/Person lives in the same household of a person with symptomatic confirmed or suspected COVID-19 infection without using recommended precautions	*Notification of Exposure *May continue to play if asymptomatic for 72-hours without the use of fever-reducing medication.	*Exclude/Player/Coach *Recommended Testing *Return-to-play 72-hours after recovery (showing no symptoms or fever without fever-reducing medication); and improvement in respiratory symptoms; and at least 10-days have passed since symptoms first appeared.
CONFIRMED	*Follow/Use Protocols Above: No Identifiable Risk Low Medium High	*Exclude Player/Coach/Person *Return-to-play after at least 10-days have passed since the date of the positive test and continue to have no fever or symptoms since the test.	Return-to-play 72-hours after recovery (showing no symptoms or fever without fever-reducing medication); and improvement in respiratory symptoms; and at least 10-days have passed since symptoms first appeared



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5.9 Covid-19 Waiver

Even though the young and healthy may experience a less severe case of COVID-19, every case is potentially life-altering or deadly, particularly in those with risk factors. Health consequences may be long-term, which is why until COVID-19 is either eradicated or a vaccine developed, there is no way of eliminating the risk of infection.

During the paid Registration process, all parents/guardians will be asked to e-sign a Covid-19 Waiver. This waiver will be mandatory. Children will not be placed on a team or allowed to participate in practices or games without our Region having a signed waiver on file.

Same can be said for all Volunteers. All volunteers will need to sign and turn in a Waiver during their volunteer application process.

5.10 Contact Information

Safety Director | Carrie Lopez - safety@aysoregion1463.org

Coach Administrator | Josh Schwarz – coachadmin@aysoregion1463.org

Referee Administrator | Mauro Guevara – refadmin@aysoregion1463.org

Volunteer Coordinator | Carlos Torres – volunteercoord@aysoregion1463.org

Regional Commissioner | Jaime Bencia – rc@aysoregion1463.org