



Region 795 Covid Re-Opening Guidelines Spring Season 2021

To comply with the County of Los Angeles Department of Public Health Order of the Health Officer that screening is done prior to players and coaches participating in youth sports activities, we will be placing signage at the entrance to the facility stating the following:

No persons will be allowed to attend the Region 795 Spring Clinic at Mason Park if they have the following:

- Fever (100.4+) or chills
- Cough
- Shortness of Breath
- Difficulty Breathing
- Has had contact with a person known or suspected to be infected with the Novel Coronavirus (COVID-19) within the last 14 days
- Currently under isolation or quarantine orders

In addition to the signage all parents/guardians must complete a COVID screening form and bring it with them each session each week.

- Parents/guardians will turn these completed forms in to their respective coach before each session.
- Coaches will review the forms prior to the start of their session
- Forms will be picked up from the coach by region staff and kept by the region with the coaches information on top so we know which participant was with that coach that session

All volunteers will have their temperatures checked prior to participating in events.

- No touch thermometers will be used by Region 795 staff to check and records temperatures at each session.
- Once tested, they will receive a wristband or other identifier so we know they have been checked.
- All temperatures will kept on a volunteer list per session with the volunteers name and signature
- There will be enough volunteers to monitor the activities at the field and make sure all players, coaches, parents, etc. are following these protocols.

Cleaning

- All equipment including goals will be cleaned and sanitized at the end of each session

Miscellaneous

- Equipment shall only be moved by region volunteers or coaches
- Hand sanitizer and wipes will be available at all check in tables and in the middle of the fields

Face Masks

- All Volunteers, Parents/Guardians, and Coaches will need to wear facemasks at all times when attending each weekly session
- Participants: In accordance with the county guidelines, “All participants are required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play and competition, even during heavy exertion **as tolerated** to protect the safety of all participants. Exceptions to wearing a face mask are when the face mask may become a hazard, when in the water, while eating/drinking, or when engaging in solo physical exertion (such as jogging by oneself, alone). Participants must wear a face mask at all times when not engaged in practice, conditioning, or in play, including when on the sidelines during competitions. This applies to all adults and to children 2 years of age and older. Masks with one-way valves must not be used. Only individuals who have been instructed not to wear a mask by their medical provider due to a medical condition, mental health condition, or disability that prevents wearing a mask are exempt from wearing one. Participants should take a break from exercise and/or remove their face mask if any difficulty breathing is noted and should change their mask if it becomes wet and sticks to the participant’s face and obstructs breathing. Participants must remain physically distanced from others at any time their face mask is temporarily removed. Masks that restrict airflow under heavy exertion (such a N-95 masks) are not advised for exercise.”

Cohorts/Groups/Spectators

- In accordance with the state and county guidelines for returning to youth sports, we will be following the California Department of Public Health’s definition of “cohort”: limited to no more than 14 children and youth and no more than two supervising adults, or a configuration of no more than 16 individuals total (children and youth or adults).
- Only 2 adults per player on the field. We encourage adults with older players to remain in their vehicles. Not a drop and run, but if they can watch from their vehicle that will help keep the number of people on the fields down and help us be able to social distance those on the fields better.
- Spectators are required to wear a face mask at all times while at the fields and remain socially distant from each other, unless they remain in their vehicle.
- The region will limit the number of fields in use at a time so as to keep the number of people at the fields to a minimum and to help maintain social distancing protocols.
- Field space and/or time slots will be assigned to each participant so as not to overwhelm the fields. All coaches/participants must only arrive to the fields at their designated time and cannot be on the same field as another cohort. Field use will be staggered during practices and games to help maintain social distancing protocols. Fields will be clearly numbered, and a map will be posted at check in and will be provided to parents prior to the season.

Region 795 Guidelines will have the county health order available at the check in table at the field and posted on our website as well, along with any program-specific protocols. Emails with these protocols will be sent to registrants prior to any program starting.