

2.0 EXTRA POLICIES AND PROTOCOLS

AYSO Region 15's EXTRA Program, is designed for players who have the interest, skills and abilities and want to enhance their experience and individual growth through soccer while retaining the spirit of and organization and membership in AYSO.

EXTRA Program is not designed to overshadow or harm the standard primary program – rather the goal is to strengthen AYSO by recruiting and retaining players and volunteers through providing more competitive play the AYSO way – all EXTRA programs embrace the Six Philosophies of AYSO and will comply with AYSO Rules & Regulations, Bylaws and National Policies & Protocols and/or AYSO EXTRA Policy & Protocols.

- a. EXTRA Program teams will be coached by highly qualified AYSO volunteer coaches.
- b. Teams will train two to three times a week and will play one or two games each weekend against similar teams mostly from the Los Angeles/South Bay area (**Area 1D, 1P and several other Areas in Section 1 West Circuit**). Teams will play both home and away games.
- c. Everyone on an **EXTRA Program** team plays. Every player plays at least 75% of each game.
- d. The teams must be constituted with the goal of creating competitive balance.
- e. Selection to the teams must be based on open and impartial evaluations.
- f. Administration of the program will follow Region 15, Area F and Section 1 West Circuit Policies & Protocols.
- g. The program must meet appropriate standards for coach and referee training and certification.
- h. The EXTRA Program may only be offered in conjunction with a standard primary program.
- i. No paid coaches, referees or administrators are permitted.

EXTRA Programs are primary programs and unless otherwise specifically set forth herein, must comply with the AYSO Rules & Regulations, Bylaws and National Policies & Protocols. Areas and Regions are required to maintain formal written policies and protocols for the operation of an EXTRA Program that are (1) consistent with the National AYSO Rules & Regulations, Bylaws and National Policies & Protocols; and (2) these Policies & Protocols. In case of conflict, the National AYSO Rules & Regulations, Bylaws, Policies & Protocols and National Policies & Protocols with prevail.

2.1 Team Composition and Rules

- a. Number of EXTRA Program teams: The **EXTRA Committee** will assess the **number and quality of coaches, players, referees, and volunteers**, among other things, in each division and the effect on the fall program in determining the number of EXTRA Program teams for a particular division. There is no requirement that the Region have an EXTRA Program team in any particular division, and the Region does not intend to have any more than two EXTRA Program teams in a particular division. If two EXTRA Program teams in a division are formed, the coaches shall work together in selecting the players. If the coaches have any issues or disputes, then the Selection Committee or EXTRA Program Board Members may assist in the team formation.

- b. Player Selection: The Region will hold a minimum of **three tryouts** for player selection for the EXTRA Program team. Additional tryouts will be held if needed. An evaluation committee shall be formed by the EXTRA Program Coordinator/Director such that there will be three impartial evaluators at each tryout who shall provide recommendations to the EXTRA Committee for EXTRA Program player selection. Each player will be evaluated on four soccer skill evaluation criteria (Technical Ability, Tactical Ability, Functional Defending, and Functional Attacking). Players shall be considered based on ability, commitment, sportsmanship, chemistry, and volunteer efforts of their family. The EXTRA Committee shall notify all players who tried out for the team as to their status, positive or negative, within a reasonable amount of time after the tryouts for their team have been concluded.

Players must attend a minimum of two try-out sessions, in order for the evaluation committee to have the most accurate evaluation possible and to be considered for a team.

- c. Rosters: All EXTRA Program Rosters must be submitted to the EXTRA Committee by July 15th. 9U and 10U team max roster of 10 players, (plays 7 vs. 7). 11U & 12U team max roster of 12 players, (plays 9 vs. 9). 13U & 14U team max roster of 15 players, (plays 11 vs. 11).
- d. Season: The EXTRA Program fall season begins in September and continues through late November or mid-December. (Note: The season may extend into January if games need to be re-scheduled.) The season will generally consist of 10 to 14 games with an approximate equal number of home and away games. Home games will be played on Region 15 fields. It is anticipated that 13U/14U home games will be on Sundays at Madrona Middle School; 11U/12U home games will be on Sundays at Hull Middle School; 9U/10U home games will be on Sundays at Hull Middle School. This anticipated game schedule is subject to field availability as well as other factors.
- e. The Area EXTRA Program playoffs take place in January or February and teams may advance to Section and State play in February and March. After the Fall season concludes, the EXTRA Program team may continue post season play in tournaments as an EXTRA Program and/or select team as approved by the EXTRA Committee.
 - a. ID Cards: Coaches, Players, and Referees must create and at all times have in their possession, ID cards required for EXTRA Program play in Area and consistent with Area Rules.

2.2 Player Eligibility

There are two types of participants eligible to take place in the selection process.

- a. A registered AYSO player whose Region accepted their registration AND whose Region has paid the player registration fee to the National Office, **prior** to the process. All currently registered AYSO players in the gender/age bracket of the selection being conducted are eligible to participate.
- b. A player not registered in AYSO who completes a Non-AYSO Registered Participant Form and pays the requisite tryout fee (a non-refundable fee of \$5.00 per form must be submitted by the hosting AYSO entity). These forms should be made available

for on-site participation of any player not registered in AYSO prior to arriving at the evaluation.

All players must be newly selected each Membership Year. Teams will be reformed and balanced each membership year. It is possible that not all players who tryout will be selected to a team.

Each player who participates in the player selection process will be notified within a reasonable amount of time after the tryouts for their team has been concluded, whether he or she was selected to a team. Notification must first be given to those players who were not selected with the assurance they will be placed on a standard primary program team in the standard Region process

2.3 Player Selection Process

- 1 Evaluators shall be AYSO Intermediate, Advanced or National Coach Certified or equivalent.
- 2 Evaluations shall be as impartial as possible.
- 3 Coaches of an EXTRA Program team should participate in player evaluations.
- 4 Coaches may observe all the players throughout the evaluations process.
- 5 A parent/legal guardian or relative of a player trying out for an EXTRA Program team may not participate as an evaluator for that player's gender/age bracket except if approved by the Regional Commissioner, EXTRA Program Coordinator/Director and Regional Coach Administrator.
- 6 Evaluators are strongly encouraged to use a short-sided game format to evaluate players and may also use additional skill tests.
- 7 Evaluators will submit player rankings/ratings and recommend the most capable and deserving players.
- 8 The EXTRA Committee will consist of the Regional Commissioner, the Regional Coach Administrator, the Regional EXTRA Program Coordinator/Director, and any other designees by the Regional Commissioner.

Players will be selected after participation in tryouts. Player evaluation opportunities shall be widely advertised to all potential players. A minimum of three (3) advertised tryouts will be held for each team.

All players in the gender/age bracket of the tryout being conducted are eligible to try out.

Tryouts will consist of game like situations and will be competitive.

2.4 Tryout Information

Tryouts will take place no sooner than March 1st and no later than June 30th of each year. Tryout dates will be listed on our website at the earliest convenience and will be emailed out to current players and parents. Our website address is www.AYSO15.org.

Below are the scheduled EXTRA Program Tryouts. All tryouts will be held at J. H. Hull Middle School field. If your player wishes to try out for EXTRA Program, please do the following:

Make sure you arrive at the field 15 minutes before the scheduled start time.

1. Players must wear a white jersey/white t-shirt; shin guards, and cleats.
2. Make sure your player has water to drink
3. Bring a copy of your player's current registration form.

{Schedule will be inserted each year}

In order for try-outs to lead to the formation of a team, the evaluators must have no less than the following number of players try-out in each division:

1. 10U will need a minimum of 15 players
2. 12U will need a minimum of 18 players
3. 14U will need a minimum of 21 players

2.5 Team Selection

Upon completion of the tryouts the Region 15 EXTRA Program Selection Committee will select the EXTRA Program teams.

Players who are not selected will of course have the option of participating in the AYSO core program and will be encouraged to do so. The core program will still provide post season play opportunities with travel tournament teams. Parents are encouraged to remain positive with their kids, even if they don't get selected for the EXTRA Program team.

There may be one EXTRA Program team per the following age group and gender for the 2018/2019 season. This number may increase or decrease in future seasons.

- 9U Max roster of 10 players per team for 7 v 7 Play
- 10U max roster of 10 players per team for 7 v 7 Play
- 11U max roster of 12 players per team for 9 v 9 Play
- 12U max roster of 12 players per team for 9 v 9 Play
- 13U max roster of 15 players per team for 11 v 11 Play
- 14U max roster of 15 players per team for 11 v 11 Play

Each team may have up to 3 alternates if approved. This will be decided on a team by team basis. See following paragraph.

2.6 Move-Ups

A "Move-up" in AYSO occurs when a player who is age eligible for a division is given permission by Region 15 to play "up" a division with older children. This typically occurs when a child with a birthday that occurs after the July 31st age determination date wishes to play "up" in the next highest division with his or her classmates.

Move-ups in the EXTRA program will be considered on a case by case basis. Allowing a player to "move-up" will be determined by the Region 15 Board or those designated by the Regional Commissioner to make the decision. By its very nature, the decision to allow a child to move up or not is subjective. Therefore, Region 15 will utilize the

expertise of its most experienced coaches in making this decision for any child whose parents wish to have play up a division. The decision will be made solely by the Region 15 board or those members of the board appointed by our Regional Commissioner to make the decision. Once a decision has been made, it will not be subject to appeal.

Players who wish to play up and try out for an EXTRA Program team will be subjected to the same tryout process as the older players. Please be aware that it may work better for your child to have him or her play in the younger age group even though other players in the same grade are playing in the older one and may increase your child's chances of being selected to an EXTRA Program team.

2.7 Other Programs

Players may not be enrolled and participate in non-AYSO soccer programs during the EXTRA Program season. Non-compliance may result in the player being removed from the EXTRA Program. Your child will be selected on the basis that he or she will not participate in a non-AYSO program while playing in the EXTRA Program Fall season. A player who joins a non-AYSO program after being selected to participate on an EXTRA Program team should expect to lose his or her place on the EXTRA Program team and be placed on a Primary Program team. Exceptions will not be made by the Regional Commissioner.

Participation in the EXTRA Program during the EXTRA Regular or Spring season and on a Club team at the same time will not be allowed. The EXTRA Program Coordinator or the Regional Commissioner will not allow a Club player to participate on an EXTRA Program team during the EXTRA Program Regular or Spring season

2.8 Coach Requirements

Coaches desiring to participate in the EXTRA Program will be some of our most talented and experienced coaches. At a minimum, EXTRA Program coaches (head and assistant) must:

- a. Be 18 years of age or older;
- b. Have an interest in helping children;
- c. Have good character; Promote the AYSO philosophies;
- d. Be interested in promoting the benefits of youth sports, especially soccer;
- e. Successfully pass a screening, including a background check.
- f. Be an AYSO trained coach and have completed the following *minimum* training below:
 - o 9U – 12U Coach required
 - o 10U – 12U Coach required
 - o 11U – Intermediate Coach required
 - o 12U – Intermediate Coach required
 - o 13U – Advanced Coach required
 - o 14U – Advanced Coach required
- g. Have a current Volunteer Application on file, be Safe Haven Certified and CDC Concussion Awareness Certified (a new Volunteer Application must be filled out and submitted to the CVPA each year);

- h. Be an active participant in the Region's standard Primary Program as a Referee and must referee at least one game a weekend;
- i. Be evaluated and renewed each membership year;
- j. Conduct appropriate training sessions. Teach age appropriate skills;
- k. Attend meetings prior to the season to receive team uniforms, equipment, and a playing schedule;
- l. Support the Regional Commissioner and the Division (age group) Coordinator;
- m. Provide player evaluations to the Division Coordinators at the end of the season;
- n. Follow the bylaws, rules, regulations, policies, and protocols of AYSO;
- o. Agree to maintain the recommended adult to child supervision ratio of 1:8 or less; that is one adult for every eight or fewer children and two adults (one of whom may be the coach and one of whom should be of the same gender as the group) present at all times;
- p. Once the head coach has assumed charge of the children on his or her team, he or she remains responsible until a duly designated adult has taken charge of each child after practice or a game or the child leaves the immediate vicinity of the practice or game as prearranged by the parent to walk home or to a friend's or relative's house. Each coach may establish a standing policy of where children may be picked up by late parents;
- q. Coaches will be evaluated and re-appointed each EXTRA Program Season. The EXTRA Committee will evaluate each EXTRA Program Coach based on how well he/she follows and promotes the AYSO philosophies all of the above bullets, and coach evaluations completed by the EXTRA Program parents of the EXTRA Program Coach.

2.9 Parent Commitments

The family of each EXTRA Program Player is required (collectively) to provide support as Volunteers to the primary core (Fall) program of AYSO Region 15. The reason for this support back to the primary core program is to offset the volunteer resources being provided to the EXTRA Program teams by the rest of Region 15.

Each family's volunteer commitment back to the primary core program will be at least 20hours, not including time spent at the Armed Forces Day Tournament. The best ways to provide that volunteer support are by refereeing games in the primary core program, joining the board, field monitoring, registrations, etc. This will help offset the referee resources provided by the Region to the EXTRA Program teams. However, Volunteers hours can be earned by a variety of ways with priority being refereeing and tasks directly related to running the primary program. We recognize and expect that the families of EXTRA Program team players will also provide volunteer support to the EXTRA Program team itself, which will also need Parents to volunteer as Referees.

Referee Requirement. At the time EXTRA Program rosters are submitted (no later than July 15th), the coach must submit a list of at least four adult family volunteers of players on the team who are certified badged Referees with at least a Regional Badge. For EXTRA Program teams in the U11/12 and U13/14 divisions, at least two referees on the team must have an Intermediate Referee Badge. All Referee badges must be obtained by October 1st.

2.10 Player and Parent Commitments

In exchange for the honor and privilege of playing on an EXTRA Program team, each player and their parents are expected to make the following commitments:

1. To make AYSO soccer your first priority over different sports programs. Your child has been selected on the basis that he or she will **NOT** participate in a non-AYSO program while playing in the **EXTRA Program Fall Season (September thru January) and EXTRA Program Spring Season (Travel/Tournament November thru July)**. A player who joins a non-AYSO program after being selected to participate on an EXTRA Program team should expect to lose his or her place on the EXTRA Program team.
2. To timely attend all of the team practices, games and tournaments. In the event of injury, illness, emergency, or any other reason, you must inform the coach sufficiently in advance of any practices or games that you cannot attend.
3. To volunteer to referee in tournaments in the event that you (parents) are certified referees (and the Region will train you if you are not yet certified as a referee).
4. To otherwise volunteer as needed by the coach if you (parents) are not certified referees.
5. To volunteer as Field Directors and Field Monitors at our own Armed Forces Day Tournament.
6. To conduct yourselves appropriately at all times, with the knowledge that you are representing Region 15 at all games at which you appear.
7. To comply with all rulings and other decisions made by the Regional Commissioner, Post Season Tournament Directors and the EXTRA Program Coordinator/Director.
8. Comply with all Region 15 Policies & Protocols, even when at other field locations.

2.11 Consequences of Non-Compliance

Failure to honor any of these commitments, after consultation with the team coach and approval of the Regional Commissioner or his or her delegate, may result in any or all of the following consequences:

- a. Suspension from the team;
- b. Loss of eligibility for future EXTRA Program or post season tournament teams; and
- c. Such other appropriate consequences as may be approved by the Regional Commissioner or his or her delegate

2.12 Fee Structure (Trainers and Expenses)

Paid trainers are allowed to train EXTRA Program teams pursuant to AYSO National Rules. The **EXTRA Committee** has decided that in order to assure quality training and make teams competitive in the EXTRA Program, it shall be mandatory for each EXTRA Program team to have in the fall at least 10 training sessions lasting 1 hour and 30 minutes with a paid professional trainer. The trainer/training organization shall be determined by the **EXTRA Committee** or EXTRA Training Coordinator. The fees for these training sessions are included in the EXTRA Program fees and are non-

negotiable. Each player that is accepted to the EXTRA Program must attend the training sessions each week, however, coaches will determine if they have 2 or 3 practices a week. Coaches may have a regular practice with their team on one day and the clinic on the other day of the week if they only want 2 practices per week or they may have 2 regular practices and a third day for the training session. There is also a per player fee charged by the Area running the Fall EXTRA League. The cost for the professional trainer and player fee is included as part of the EXTRA Program fee paid by each player/parent.

The fee for the Fall season is composed of two components:

1. The regular season registration fee, the amount of which depends on when you sign up. Please see our website for the current fees. www.AYSO15.org.
2. EXTRA Program registration fee. Please see our website under EXTRA for the current pricing.

The EXTRA Program fee is paid to the Region within five (5) day of the players' selection, but not later than July 15th or else the player may not be eligible to join an EXTRA Program team. The EXTRA Program fee includes uniform, training, administrative fees, and costs to the Region for running the EXTRA Program. The EXTRA Program fee is in addition to the registration fee paid to sign up and register as a player in the Region. For example, the player pays the current fee to register in the Region during one of the Walk In Registrations and then pays the EXTRA Program fee to be an EXTRA Program team member. The Region will then pay the trainers, administrative fees for the EXTRA Program League, uniform, and additional costs associated with EXTRA Program.

2.13 AYSO Principles and Sportsmanship

For all AYSO EXTRA Program teams, their parents, coaches, and spectators must conduct themselves at all times in accordance with AYSO philosophies, four of the six which include:

- Good Sportsmanship
- Everybody Plays
- Positive Coaching
- Player Development

Learning good sportsmanship is the most important part of participating in youth sports and is an integral part of the AYSO philosophy.

Central Torrance EXTRA Program teams represent our Region. Good sportsmanship by all EXTRA Program coaches, players, parents, and spectators is mandatory. Failure to demonstrate good sportsmanship by anyone is grounds for suspension from an EXTRA Program team. Any coach, player, parent or spectator who is ejected or receives a red card in any game must be reported to the EXTRA Committee by the head coach. Further, any such ejection or red card will subject the coach, player, parent, or spectator to a review by the EXTRA Committee for further discipline including suspension for the remainder of the EXTRA Program season and beyond.