



## Return to Play Overview

- Compliance with all recommendations and policies of CDC, Los Angeles County Public Health and State of California Youth Sports Guidelines
- Follows specific Phase 1 Return-To-Play Youth Soccer protocols set forth by U.S. Soccer and AYSO National
  - Physically distant, no contact, individual and small group/cohort training and skill building
  - Up to 10 players in a group with the same players/coach and same field area each and every week
  - Held outdoors, with ample space to maintain adequate physical separation (due to heavy exertion a minimum of 8 feet between each player)
- Professional Trainers/Coaches leading the sessions to limit risk and spread
- COVID-19 prevention, mitigation, and response protocols in place and followed

## Measures to Ensure Player & Coach Safety

- **Communicate Guidelines to All Participants**
  - Health and Safety measures
  - Drop off, waiting and pick up protocols
- **Check-in Area for Screening**
  - Check-in required before players and coaches may participate in any AYSO youth soccer activities
- **Physically distant (No Contact) Training**
  - Minimum of 8 feet between each player and between players and coaches is required at all times
- **All Players, Coaches, Family Members and Visitors are required to wear an appropriate face covering**
  - Players are exempt while engaged in physically distant training (i.e., solo exertion)



- **Small, Consistent Training Groups/Cohorts**

- To limit risk of transmission

- **No Shared Equipment**

- Players will bring their own soccer ball and water bottle and will have their designated space for personal items
- Coaches will be the only person to handle coaching equipment
- Any equipment that must be shared will be disinfected between use

- **Players and Coaches will use hand sanitizer before, during and after practice session**

- The Region will provide each family/parent with a personal hand sanitizer for their child and will have hand sanitizer at the field
- Children under 9 will use hand sanitizer under adult supervision

- **Reminders to Adhere to Personal Prevention Actions**

- **Follow CDC and Los Angeles County Department of Public Health Guidance and Protocols for Responding to COVID-19**

- AYSO Region 759 has a plan in place if informed of a positive case or possible exposure of COVID-19 to any coach, volunteer, player, or family member
- Regional Commissioner Ryan Silverman will be the primary point of communication and contact regarding any COVID-19 related concerns or questions ([CoachRyan90265@gmail.com](mailto:CoachRyan90265@gmail.com)),

- **AYSO Staff will monitor compliance of infection control, physical distancing and the use of face coverings**

- Participants or visitors will be asked to leave if not complying with restrictions