

# **2016 COACHES FACT SHEET**

***Bob Tokin***

## **Player Safety & Injuries**

The safety of our players is the most important element of our interactions with our teams

Always warm-up and stretch players before practice and games to reduce injury.

Make sure players drink plenty of water at practice and games.

Teach correct soccer techniques. Know the correct soccer techniques and how to coach them.

ALL players must have shin guards at all practices and games, large enough to provide protection to the player.

NO players can wear jewelry of any kind.

Knee braces are OK if covered and padded, subject to referee judgment.  
Players cannot participate in any games or practices with any Splints or Casts.

Inspect practice fields. Coaches must ensure the condition of the field before play.

CALL THE FIELD CREW VIA A FIELD MONITOR to repair any problems

**ALWAYS CALL FOR PARAMEDIC ASSISTANCE FOR ANY HEAD OR SERIOUS INJURY !!**

**Playing after an Injury.** Parents of players recovering from injuries or illness are anxious to have them return to play. Make sure an AYSO Participation Release form is filled out and signed by the parent. The form can be downloaded from the AYSO Web site at [http://www.ayso.org/Assets/For+Volunteers/Coaches/Forms+Documents/participation\\_release\\_form.pdf](http://www.ayso.org/Assets/For+Volunteers/Coaches/Forms+Documents/participation_release_form.pdf)

Document any serious injury and please email the Safety Director at [Safety@ayso9.org](mailto:Safety@ayso9.org)

**CONCUSSIONS** are serious and can cause permanent damage.

**CDC Heads Up Concussion training is REQUIRED** by all coaches before they accept a team. Please remember your concussion training and follow the concussion steps/protocols !

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**Steve Popp**

## **Premier, Allstar, Extra, and Challenge**

Region 9 has 4 soccer playing programs in addition to the fall “core” season. They are Premier League, Allstars and the AYSO Extra and Challenge programs.

### **Premier League**

For those players not participating in Allstars that want to continue playing in the Spring, Region 9 offers our Premier League (spring soccer) in as many divisions as is practical. Emphasis is not on keeping scores or standings, but technical training and play. Practice, if any, is limited to one hour once a week, games are intended to be low-key and played just for **FUN!**

Premier is open to all (age 4 to 19 on July 31, 2016) players that participated in fall 2016 soccer. Games are on Saturdays at Conejo Creek Park. Season starts about February 1. Registration costs are less than fall and it starts in November before the end of the fall season. ***We also need volunteer coaches and referees and it's a great time to try refereeing or coaching.***

### **Allstar Program**

During the latter part of the fall season, AYSO selects Allstar coaches in competitive divisions – then these coaches observe all players in their divisions and invite players to join Allstar teams. These teams practice and compete in Area Playoffs and then they continue in tournaments against all-star teams from various regions.

AllStars begin practice the week after Thanksgiving and can extend into June. For more information, contact Region 9's Coaching Director. Check the Allstar Web page at <http://ayso9.org/coaches/all-stars/>.

### **AYSO Extra and Challenge Programs**

The AYSO Extra and Challenge programs are competitive soccer leagues designed to provide a higher level of play for those players who possess the appropriate skills, abilities, and drive. They are designed to enhance each player's experience and individual growth through the game of soccer while retaining the spirit, organization and six philosophies of AYSO. Our Extra teams compete against other AYSO regions while Challenge teams compete against AYSO and club programs. More details are covered at our Extra and Challenge web sites at

<http://www.ayso9extra.org/> and <http://www.ayso9challenge.org/>

# ***2016 COACHES FACT SHEET***

***Carlos de Los Rios***

## **Player Ratings and Rating Meetings**

**Rate your players.** We have a good player rating system that we use to enable fair team balancing. The coach **MUST** rate his/her players. Use the web-based rating system that we provide.

**Watch other games in your division.** Watch all teams in your division play at least 2 games especially during last half of season. Identify & evaluate key players on each team in your division.

**Attend ratings meetings.** We will announce the schedule of your meetings. Please attend and be prepared to discuss all the players in your division.

Approximately at season midpoint you will information on the rating system – please watch for it.

**NOTE: IT IS CRUCIAL THAT YOU TURN IN ALL RATINGS - THIS IS THE MAIN INPUT FOR BALANCED TEAMS NEXT YEAR !!!**

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***Michael Wilson***

## **Player Registrations, Adds, Drops**

At the Coaches Meeting – you will be given registration form and contact info for the players and parents on your team. KEEP these and make sure you take the forms to every game and practice!

ADDS – The Registrar is the only volunteer that can provide you extra players if you have a player drop. You are not allowed to let players bring friends for the team and you cannot request particular players to be added.

DROPS – If a player does not show up for team meetings/practices/games, Contact the parents for an explanation. If they are injured we cannot add a player to your team unless the injury is season-ending for the player. If a parent wants to DROP the player from the team, ask for a written note or Email, and forward that to the Registrar asking for a replacement player. We do have waiting lists of players in most divisions

POSTSEASON – If your team is fortunate enough to advance to Area Playoffs, Make sure your registration forms are complete for each player and Originally signed by each parent – they will be checked !

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## ***Martin Usher CVPA***

### **Child Protection**

Child abuse and neglect is generally defined as --- the physical or mental injury, sexual abuse or exploitation, negligent treatment, or maltreatment of a child (age < 18) by a person who is responsible for the welfare of the child where the child's health or welfare is harmed or threatened.

In AYSO, we believe we are either legally required as a mandated reporter or morally obligated to file a report of suspected abuse.

All persons who, acting in good faith, make a report, or otherwise provide information or assistance in connection with a report, investigation, or legal intervention pursuant to a report, shall be immune from civil and criminal liability arising out of such actions. Immunity shall not be accorded to persons acting in bad faith.

You are not legally required to notify the parents that you are making a report; however, it is often beneficial to let the parents know you are reporting for benefit of a future relationship.

Region 9's CVPA makes sure the child and volunteer protection program in the Region is applied in accordance with the AYSO Safe Haven™ program. There are procedures and policies in place to protect the volunteers and the children, and the CVPA is responsible for implementing them.

## ***Al Rodriguez***

### **VIP Program**

The mission of the AYSO VIP Program is to provide a quality soccer experience for individuals whose physical or mental disabilities make it difficult for them to successfully participate on mainstream soccer teams. What is successful participation? It should be defined by the player's enjoyment and the safety of all team members.

We want all coaches, especially in competitive divisions, to support our Region 9's VIP program goals:

Players will have fun playing soccer

Players will understand the fundamentals of the game

Players will learn teamwork and fair play

Players will increase their self-esteem

Players will become more physically fit

Players will meet and be comfortable with new people

## ***2016 COACHES FACT SHEET***

**Barry Weber**  
**Brian Salzman**

## **Team Referees & Referee points**

All teams U7 and above are expected to provide a referee to referee at least (1) game per week. Full training will be provided for all new and returning refs. We have an excellent method of self-scheduling for referees that saves a lot of headaches and expedites the whole process.

The Referee Scheduling Program can be accessed at <http://ayso9.org/referees/referee-scheduling/>  
You cannot change or delete an assignment yourself once you have submitted it! Please contact the appropriate person in the Need Help? section of the Referee Scheduling page to have your assignments changed or deleted.

### **U7 and U8 Teams**

Referees should only sign up for their child's game.

### **U10, U12, U14 and Extra Teams**

Referees will get credit for their Team (1 bonus point per week) by signing up for U10, U12, U14, Extra or Adult games for which you are qualified. You do not get credit if you sign up for a U7 or U8 game!

▪ If you are a Team Referee for more than 1 team, you must sign up for and complete 1 Center or 1 AR assignment per week for EACH team you represent. Signing up for 2 assignments on the same game or at the same time will not work!