



UK INTERNATIONAL SOCCER

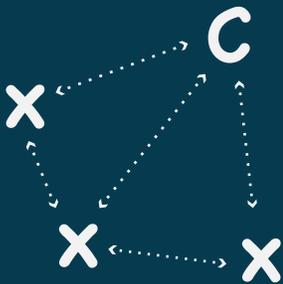
The Best Possible Soccer Experience



Social distancing-related camp modifications



Summer Camps 2020



Summer Camps 2020

The past few weeks and months have been a hugely difficult time, with almost every person and business being negatively affected in some way. However, as we start to see some light at the end of the tunnel, we wanted to bring to your attention the new policies and procedures we plan on introducing to our camps this summer.

We are confident that many of our camps will run as planned but with certain changes made to ensure your children have *"The Best Possible (and Safest) Soccer Experience"*.

Safety Precautions

The additional safety precautions we are introducing will be in line with government recommendations. This will be taken on a county-by-county, state-by-state basis.

- *We will be aiming to start camps with ratios of 1 coach to 9 players, and will only expand groups whenever the government issues guidance that it is safe to do so.*
- *We will be implementing strict sign-in procedures, with groups being separate at the beginning, during and the end of the day. Sign in locations and group allocations will be fully communicated to you on Sunday before camp begins the following day.*
- *Groups will be kept in their separate areas during the camp day, and there will be strict guidelines implemented to avoid the sharing of food, snacks and water, ensure thorough washing of hands after every restroom visit and limit child-to-child contact within the groups.*
- *Coaches will wear a face mask throughout the camp day unless county/state guidelines outline that it is safe to work without.*
- *Our priority this summer is to provide your children with "The Best (and Safest) Possible Soccer Experience"*

The safety of our players, parents and coaches is our number 1 priority and as such, if you have any questions at all regarding our new policies for safer camps this summer, then please do not hesitate to contact us.



PLAYER SIGN-IN

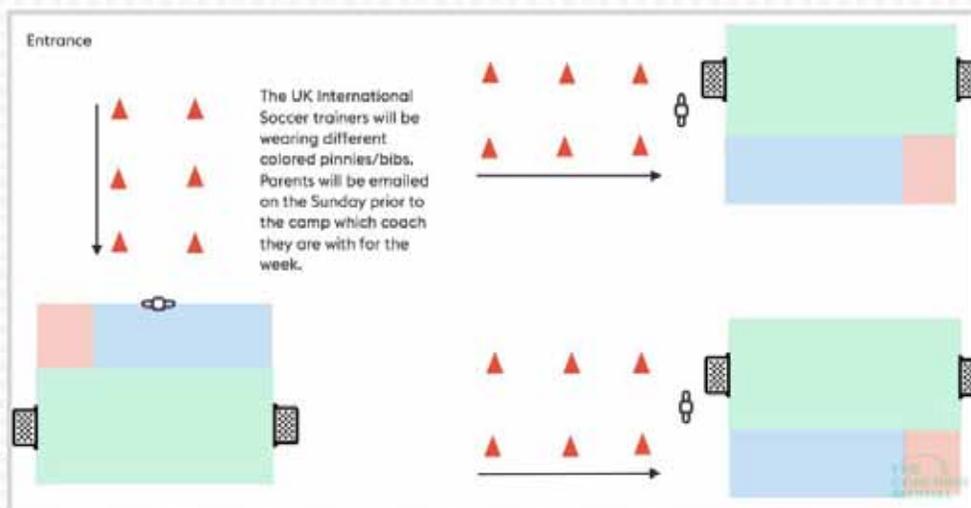
Overview of a camp sign-in for parents & players

In order to create a safe camp, parents need to be informed of our new procedures prior to arriving at camp.

Parents will receive an email, with pertinent information including what to bring to camp (i.e. hand sanitizer) and informing them exactly where to go when they get to the camp.

Coaches will be wearing different colored pinnies/bibs and parents will be instructed to which coach's area to approach

Example: "Your child will be with Coach Sam for the week of camp. Please go straight to coach Sam's area on Monday morning. Sam will be wearing the YELLOW pinnie."



Parents and their children then line up on the orange cones (seen in the diagrams). This ensures that all parents and children will be the recommended six feet apart for the sign in process. UK International Soccer coaches will be required to wear masks when signing in and signing out.

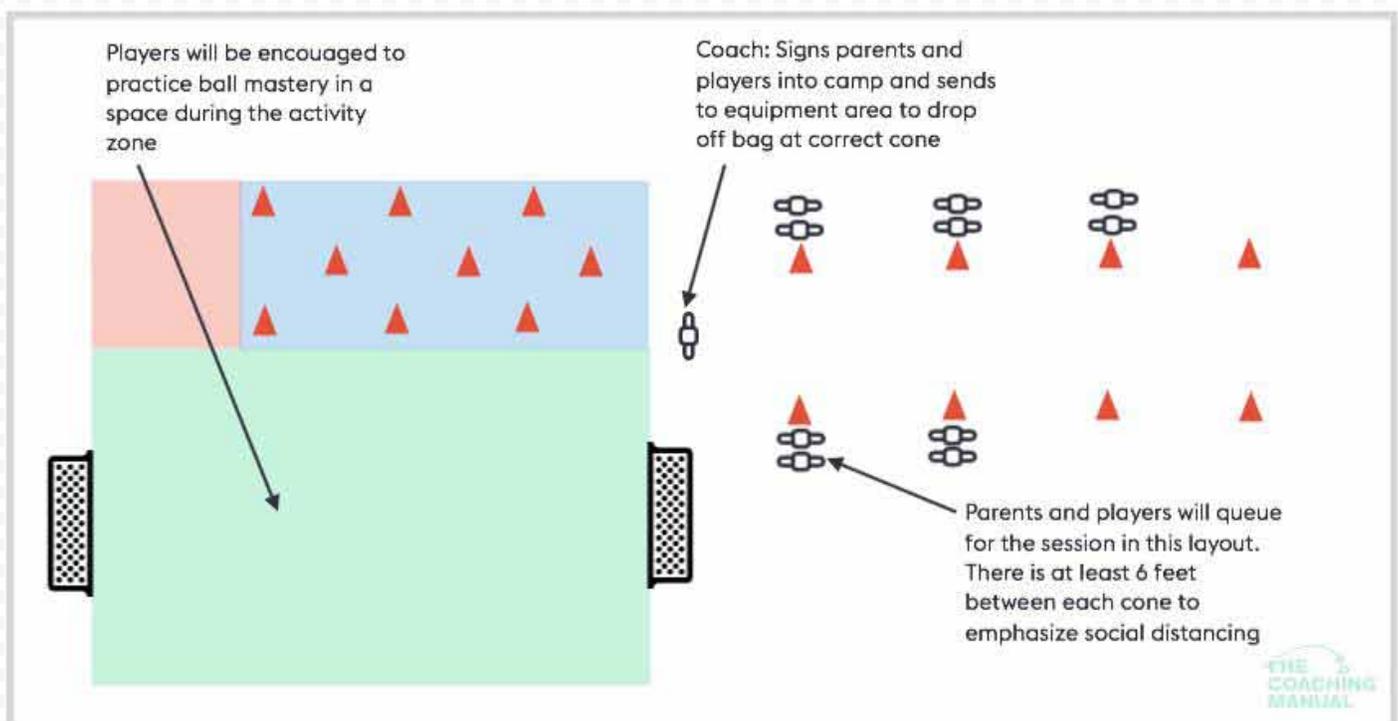


PLAYER SIGN-IN GROUPS

Daily overview of group sign-ins for parents and players

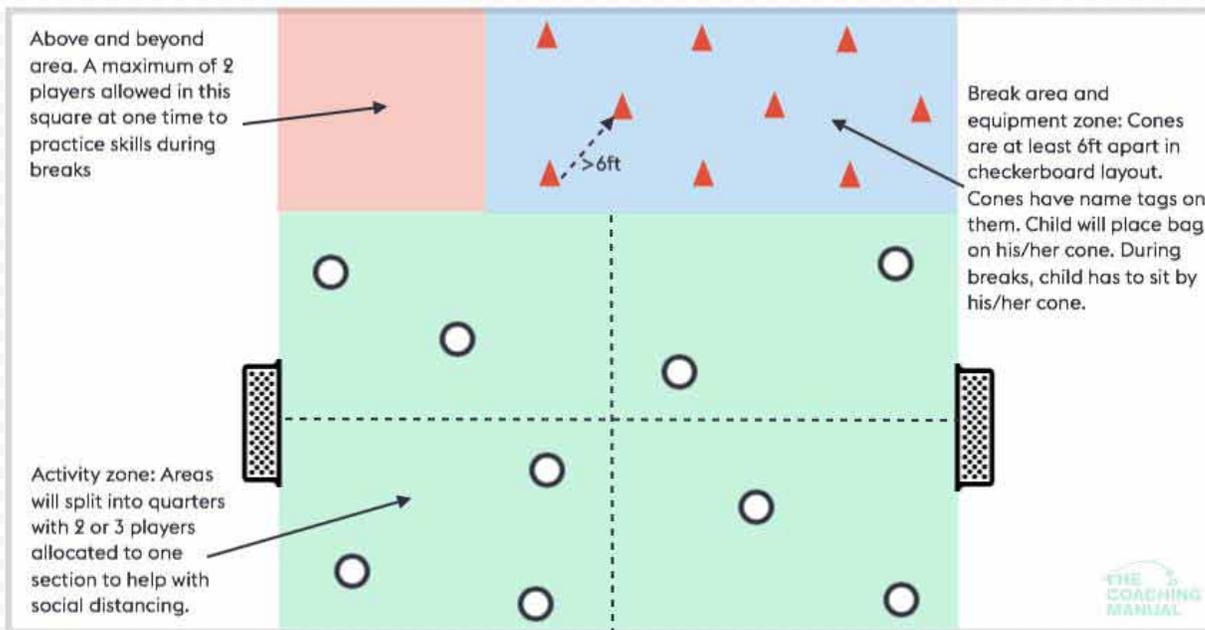
“ Providing parents and players with ‘The Best Possible (& Safest) Soccer Experience’ this summer. ”

- Every day of the camp will require this process.
- Parents and their child will have to wait on one of the orange cones (shown on the right of the diagram) until the coach has signed the player in.
- Players will have their name written on one of the cones in the blue box. After signing in, they must place their equipment by their assigned cone.
- They can practice some skills in the activity zone, but for the start of the camp, the coach will call everyone back to their cones to begin the activities.
- The players' cones will be at least 6 feet apart and will be in a 'checkerboard layout' to enhance social distancing.



FORMATTED COACHING GRID

How our coaches will set-up the players training grid



Coaching Grid

The diagram above shows how every UK International Soccer trainer will layout his/her grid during the summer of 2020.

The red zone in the top-left of the image is the 'Above and Beyond area'. A maximum of 2 players can be in the zone at one time. Players can practice some of the skills they have learned in this zone and we have restricted the number of players permitted in this zone to again, enhance social distancing.

The blue zone in the top-right is the equipment area that is also used for breaks and sign outs. Each orange cone will be labelled with a player's name so when players go into this zone, they know exactly where to go. This modification will ensure that players are at least 6 feet apart when in this area.

The green zone is the 'activity zone'. This is where the soccer takes place. As visible on the diagram, the activity zone is split into quarters. We will have a maximum of three players in each 'mini-zone'. This maximizes the social distancing element, with our curriculum being based around individual skills.

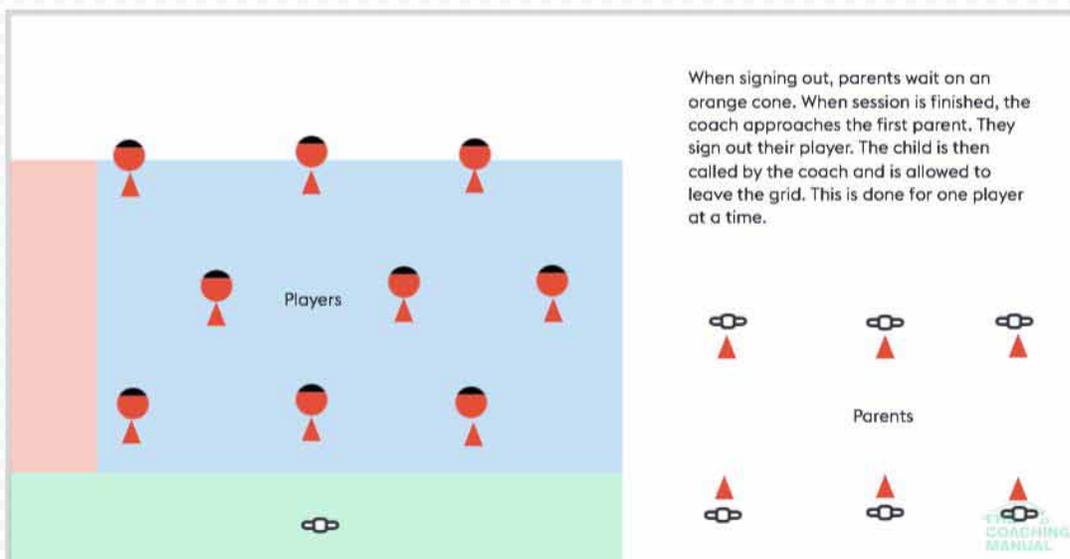
BREAKS & SIGNING OUT

Overview of how breaks, and the signing out process will be organized.

As mentioned, when the players take a drink or snack break, they will sit by their labelled cone. These cones will be at least 6 feet apart. We will emphasize to players and parents that there will be no sharing of food or drink, which was something we enforced even before the COVID-19 outbreak.

Players will return to this format for the end of each daily session. Coach will debrief the players and the parents will line up next to a marker/cone on the right-hand side of the diagram. When a parent has signed out, the coach will call the player, who is then able to be dismissed from the camp.

Only one player will be dismissed at a time to further enforce our social distancing measures on camp.



RESTROOM BREAKS

An overview of how our coaches will organize restroom breaks with the children



Our camp programs are split into the following age divisions:

- *Fun in the Sun (4-6 years)*
- *Skills and Thrills (7-10 years)*
- *Compete With Your Feet (11-16 years).*

The 4-6 year olds will all be taken to the restroom at one time. We will create two lines of players, all 6 feet apart and then carefully take them to the restrooms together.

One child goes into the bathroom facility at one time and coach emphasizes the importance of washing hands thoroughly.

The older two age groups will adopt a similar approach for all the players that need to go to the restroom. For the players that don't, they are able to practice some individual skills in the activity zone. If this happens, the coach of that group will ask the coach on the next pitch to visually check that the remaining players are abiding by safe distancing measures.

SAFER SOCCER CAMPS

Part 1.

On Field Protocol

- Players & parents with any of the following signs or symptoms should not attend camp: fever, cough, shortness of breath/difficulty breathing, chills, body or muscle aches, diarrhea, sore throat, new headache, or a loss of taste or smell.
- Coaches will greet all players at sign in and enquire about their recent health. They will ask how the children are feeling and send them home if they act or discuss feeling ill.
- No handshakes, high-fives or fist/elbow bumps will be permitted on camp.
- Only if required by state or county guidelines will coaches wear cloth masks during the sessions.
- Sign In and Out will be segregated by group. We do not want multiple groups mixing with each other. IMPORTANT: Do not arrive more than 10 minutes early for your session, and be prepared to leave the fields immediately once complete.
- Players cannot remain at the fields following their camp session.
- Players cannot join other groups during the camp day.
- Players need to store their backpacks, water bottles and any other gear on their specified cone, which will be at a distance of 6 feet from each other.
- Players should bring hand sanitizer with them to camp and use before, during & after the session.
- Coaches will not have hand sanitizer available for children to use.
- No sharing of equipment — players should not touch any cones or other equipment before, during or after the camp.

SAFER SOCCER CAMPS

Part 2.

Parent Recommendations

- Ensure children are healthy, check their temperature daily (it must be less than 100.4F).
- Limited or no carpooling.
- Stay in car or social distance if remaining at camp during the session.
- Ensure child's clothing is washed after every session.
- Label your child's equipment to guard against cross-contamination.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized after every session.
- Notify your coach immediately if your child becomes ill for any reason and do not bring them into contact with coaches or other players.
- Do not assist coaches with equipment before or after camp.
- Be sure your child has necessary sanitizer and cleaning supplies with them at every camp session.

Player Recommendations

- Take your temperature daily.
- Wash hands thoroughly before and after camp and when using bathrooms.
- Bring and use hand sanitizer with you at every camp session. Especially for use at the beginning and end of sessions.
- Do not touch or share anyone else's equipment.
- Bring your own ball to camp, label it as your own.
- Practice social distancing and place bags and other equipment at least 6 feet apart from others on your specified cone.
- Wash and sanitize all equipment before and after every camp session.
- Most importantly, be smart and please stay home if you are sick.

EMERGENCY COVID-19 RELATED PROTOCOLS

Plan for When a Staff Member, Child or Visitor Becomes Sick

Covid-19 Situation

- ⚽ Identify an isolated area to separate anyone who exhibits symptoms of COVID-19. This area should be marked out by cones far away from other participants on camp. Place isolation area in close proximity of the entrance and/or parking lot to ensure a safe exit from camp for anyone who shows COVID-19 symptoms.
- ⚽ Any campers or staff exhibiting symptoms should immediately be required to wear a face covering and be required to wait in the isolation area until they can be transported home or to a healthcare facility, as soon as possible.
- ⚽ If this individual is a child, call his/her parent(s) immediately after this individual has been placed in the isolation area. Close off any affected areas.
- ⚽ UK International Soccer staff should be aware of the following COVID-19 symptoms:
 - *Fever*
 - *Cough*
 - *Shortness of breath or difficulty breathing*
 - *Chills*
 - *Repeated shaking or muscle pain*
 - *Headache*
 - *Sore throat*
 - *New loss of taste or smell*
- ⚽ For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion or bluish lips or face.
- ⚽ Report any COVID-19 symptoms to the Regional Director of the current program.
- ⚽ Regional Director to contact UKIS Covid-19 liaison and inform head office.
- ⚽ UK International Soccer will notify local health officials, staff, and all participating families of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws. It is important that the coaches also maintain confidentiality of any individuals who do become sick at camp.
- ⚽ Participants should not be allowed to touch items such as soccer balls, cones and other players' equipment on camp. If a sick participant has contacted one of these items then they must be sanitized after waiting as long as practicable.
- ⚽ Advise sick staff members and campers not to return until they have met CDC criteria to discontinue home isolation and a physician has provided written clearance.
- ⚽ Collect the following information from the affected individual(s):
 - *Date & time • Program name & location*
 - *Persons name (first & last), phone number and email address*
 - *Camp Director name • Coach name • Regional Director name*
 - *Describe what happened, who they have been in contact with & action taken*

EMERGENCY COVID-19 RELATED PROTOCOLS

Consideration For Partial Or Total Closures

- ⚽ Regional Directors and Camp Directors should check state and local orders and health department notices daily about transmissions in the area or closures to be able to adjust operations accordingly.
- ⚽ When a camper or staff member tests positive for COVID-19 and exposed others at camp, UK International Soccer will implement the following steps:
 - ⚽ Consult with the local public health department. The Regional Director will consider if closure of the camp is warranted, based on the guidance presented by the local public health officer. Individuals who come in close contact with this player or staff member will need to isolate for at least 14 days since the time of potential exposure. This information will be sent to staff and families by Regional Director.
 - ⚽ At a UK International Soccer camp, the entire group will be informed if an individual tests positive, maintaining confidentiality. These families would be advised to isolate for the recommended 14 days and asked not to return to camp.
 - ⚽ The entire camp may be canceled, depending on proximity between groups and advice from the local public health department

EMERGENCY COVID-19 RELATED PROTOCOLS

Contacts

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EMERGENCY COVID-19 RELATED PROTOCOLS

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EMERGENCY COVID-19 RELATED PROTOCOLS

Incident Report Form

Incident Report Form

Date _____ Time _____

Program _____

Location _____

Persons Name (first & last) _____

Gender _____ Phone number _____

Email _____

Parents Name _____

Camp Director Name _____

Coach Name _____

Regional Director Name _____

Describe What Happened _____

Who Have They Been In Contact With _____

Action Taken _____

You must inform your Regional Director and the child's parents immediately
UKIS Head Office (855) UK SOCCER

Social distancing-related camp modifications

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855-857-6223

www.uksoccer.com