

SNAPSHOT OF AYSO CORE DIVISIONS FOR FALL 2017 / SPRING 2018

AYSO Core Division	U5/U6	U8	U10	U12	U14
Features					
PLAYERS / SESSION FORMAT					
Born in (generally)	2013 2012	2011 2010	2009 2008	2007 2006	2005 2004
School grade in 2017/2018	PreK 4s / K	1 st / 2 nd	3 rd / 4 th	By birth year	By birth year
Format	Jamboree	Teams	Teams	Teams	Teams
SCHEDULE / LOCATION					
Saturday practice	YES - 1 HOUR	YES - 1 HOUR	YES - 1 HOUR	YES - 1 HOUR	YES - 1 HOUR
Sunday game	Do not meet	YES	YES	YES	YES
Home fields vs away	N/A	Home	Home	Home / Away	Home / Away
Opponents	N/A	AYSO 324 teams	AYSO 324 teams	Other AYSO teams	Other AYSO teams
GAME FORMAT					
Number of players during game	3v3	5v5	7v7	9v9	11v11
Goalkeeper used?	NO	NO	YES	YES	YES
Duration of half	10 minutes	20 minutes	25 minutes	30 minutes	35 minutes
Heading allowed	NO	NO	NO	NO	YES
Throw in or pass in	Pass in	Pass in	Throw in	Throw in	Throw in
Minimum playing time per player	100%	50%	50%	50%	50%
EQUIPMENT					
Uniform	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory
Shin guards	Mandatory	Mandatory	Mandatory	Mandatory	Mandatory
Cleats	Optional	Recommended	Strongly recommended	Strongly recommended	Strongly recommended
Ball	SIZE 3	SIZE 3	SIZE 4	SIZE 4	SIZE 5
DIVISION CONTACTS	U5coed@ayso324.org U6girls@ayso324.org U6boys@ayso324.org	U8girls@ayso324.org U8boys1stGrade@ayso324.org U8boys2ndGrade@ayso324.org	U10girls@ayso324.org U10boys@ayso324.org	U12girls@ayso324.org U12boys@ayso324.org	U14boys@ayso324.org U14boys@ayso324.org