

AYSO Region 574 Player Ratings

Rank each of your players based on their skill. Comparing players limits the effectiveness of balancing. Return this form to your division director. Teams will not receive their medals until the completed form is returned to the respective Division Director.

Coach: _____ Phone: _____ Email: _____ Team# _____
 Division (Circle One): U05B U05G U06B U06G U07B U08B U08G U10B U10G U12B U12G U14C U16C U19C

PRINCIPLES OF PLAY (MOVES W/ & W/O BALL)	U5	U6	U8	U10	U12+	TECHNIQUE	U5	U6	U8	U10	U12+
	Offense						Dribbling	X	X	X	X
Penetration	X	X	X	X	X	Striking (w/laces)	X	X	X	X	X
Mobility			X	X	X	Throw-In	X	X	X	X	X
Width			X	X	X	Push Pass			X	X	X
Depth				X	X	Shooting			X	X	X
Creativity					X	Goal Keeping				X	X
Defense						Tackling Front Block				X	X
Delay			X	X	X	Sole Control					X
Depth				X	X	Thigh Control					X
Balance					X	Heading					X
Concentration					X	Slide Tackling					X
Composure					X						

PLAYER RATING GUIDELINES

To be ranked as a **9 or 10** a player should **consistently** demonstrate:

- mastery of all age specific techniques & principles of play
- aggressive but controlled play
- teamwork
- reads the game (anticipates)
- communicates accurately and effectively with teammates

To be ranked as a **7 or 8** a player should **consistently** demonstrate:

- mastery of most, but knowledge of all, age specific techniques & principles of play **-AND-** At least two (2) of the following:
- aggressive but controlled play
- teamwork
- reads the game (anticipates)
- communicates effectively with teammates

To be ranked as a **5 or 6** a player should **consistently** demonstrate:

- mastery of some, but knowledge of all, age specific techniques & principles of play **-AND-** At least one (1) of the following:
- aggressive but controlled play
- teamwork
- reads the game (anticipates)
- communicates with teammates

To be ranked as a **3 or 4** a player should demonstrate the following traits:

- display basic concepts of all age specific techniques & principles of play
- not aggressive but have a good play or two during a game
- occasionally has difficulty following instructions or shows a lack of interest

A player should be ranked as a **1 or 2** if they:

- are missing some of the age specific techniques & principles of play
- are not aggressive
- don't listen or follow instructions during a game or at practice
- typically daydream during a game

A player should be given an additional **K** ranking if they:

- show ability to perform in the goalkeeper position by:
(At least 2 of the following)
- proper hand position while receiving the ball
- ability to distribute the ball by rolling, throwing or arching
- ability to distribute the ball by punting
- ability to communicate and interact with teammates

	Player Name	Rating
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		

Remember to rank each player based on their own skills and abilities. Follow the guide as accurately as possible and help us balance our teams properly.

Principles of Play Rating Guide

Offensive

Penetration

- The ability to dribble around (doesn't attempt to dribble through) the defending players.
- Plays the ball into open space to allow for advancing the ball.
- Passes the ball to teammates in a leading manner as to allow forward motion of the receiver.
- Accurate shooting skills (consider form, power and placement of shot)
- Dribbles using all surfaces of the foot with exception of toe.

Mobility

- Players can effectively change positions on the field (fill in for one another when necessary)
- Can communicate with teammates during transitions (attacking and defending) to create numerical advantages which create scoring opportunities.
- Players do not gravitate towards the ball unnecessarily
- Players are continuously moving within their areas of responsibility (not standing around watching the play, but getting involved)

Width

- Players maintain their spacing on the field
- Players attack on a broad front spreading the defense out and create open space in which to advance

Depth

- Players use knowledge of triangular spacing to allow for passing options
- Players read the game and communicate the need for support of teammates.
- Players position themselves in a supporting position to players with the ball.

Creativity

- The ability to create opportunities for advancing, possessing and scoring using personal skills .
- Can perform fakes and feints while dribbling.

Defensive

Delay

- Players position themselves to prevent advancement of the ball, while allowing teammates time to get into supporting positions.
- Denies opponents the space to advance the ball.
- Forces attacking player to make mistake then take the ball vs. being overly aggressive in defending and getting beat.

Depth

- Players use knowledge of triangular spacing to allow for effective delay.
- Players read the game and communicate the need for support of teammates.
- Players position themselves in a supporting position to players attacking the ball

Balance

- Players can read the attack and recognize the need for additional support in the defense
- Players ensure that an equal or greater number of players are available to defend by communicating and effectively and efficiently position themselves on the field
- Players ensure that the vital areas of the field (near the goal) are covered

Concentration

- Defending players condense the attack into a smaller area limiting the number of defenders needed to cover the attack
- Players position themselves to cutoff passing lanes, thereby covering two players at once.

Composure

- Players maintain calm and collected in the face of an attack.
- Players maintain proper techniques and positioning to "break-down" an attacker and regain possession of the ball.

Mastery is a word that should not be used lightly to describe a player's abilities. There are very few players who should be rated a 10, yet some players do possess the necessary skills to achieve this level of play.

Techniques

Dribbling

- Player DOES NOT use their toe to control the ball.
- Player can use the inside and outside of the foot as well as their laces and heel to control the ball.

Striking (w/laces)

- Shows proper technique (Toe-Knee-Chin – Keeps head over the ball and aligned above the knee and toe)
- Uses laces to strike ball (NOT THE TOE) and finishes with toe pointing forward and not up.

Throw-In

- Keeps some part of both feet on or behind the touch line.
- Uses two hands to throw the ball from behind the head.
- Leads the receiving player.

Push Pass

- Leads the receiving player.
- Strikes the ball using the inside or outside of the foot with adequate force to reach the receiving player.
- Strikes the ball with heel down, toe up and approximately halfway up ball.

Shooting

- Can shoot from distance with accuracy (able to place the ball anywhere in the net).
- Can shoot using all surfaces of foot.
- Can effectively “bend” the ball.

Goalkeeping

- Proper hand position while receiving the ball
- Ability to distribute the ball by rolling, throwing or arching
- Ability to distribute the ball by punting
- Ability to communicate and interact with teammates
- Can read the game and position themselves properly

Tackling Front Block

- Player keeps toe up when striking the ball
- Prevents ball from rolling over foot during tackle
- Player keeps ankle locked during tackle

Sole Control

- Player can trap the ball using sole of foot
- Player can distribute the ball using the sole of the foot
- Maintains possession while controlling the ball with the sole of the foot

Thigh Control

- Player can properly trap the ball with the thigh
- Player maintains control of the ball using thigh trap
- Player can juggle using the thigh

Heading

- Player uses the forehead and NOT the top of the head while heading the ball
- Player can distribute the ball using head
- Player can shoot using head
- Player can trap and control the ball using their head

Slide Tackling

- Player DOES NOT slide tackle from behind the player, but from the side or front
- Player uses only ONE foot to tackle, keeping other foot tucked under body
- Player tackles with cleats facing away from player being tackled
- Player tackles with tackling foot near ground preventing injury to player being tackled
- Player must contact the ball PRIOR to any contact with the player being tackled
- Player DOES NOT use excessive force and DOES NOT tackle recklessly