



12U Guidelines for AYSO Region 688

1. Game times are 30-minute halves with a quick water and substitution break at the approximate 15-minute mark. Halftime is no more than 5 minutes long.
2. Play 9 v 9 on field (8 field players plus goalkeeper)
3. Goalkeepers may punt.
4. No heading.
5. Offside rule in effect.
6. Penalty Kicks will be awarded, if applicable.
7. Opponents must be at least 10 yards from the ball for restart kicks (free kick, corner kick or kick-off).
8. Be FAIR, SAFE and most of all HAVE FUN!