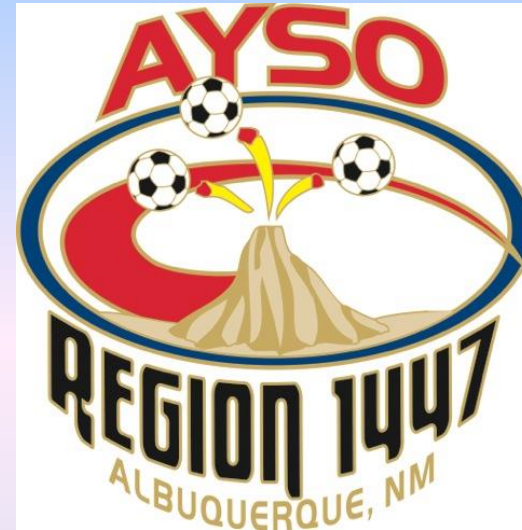


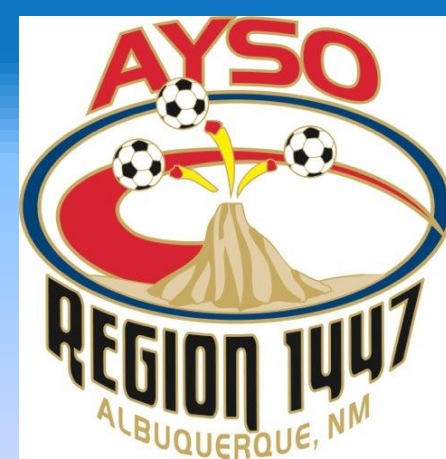
# WELCOME COACHES AND REFEREES



THANK YOU FOR YOUR DEDICATED  
SERVICE TO ALBUQUERQUE'S &  
RIO RANCHO'S YOUTH



*"The West Side Pitch"*



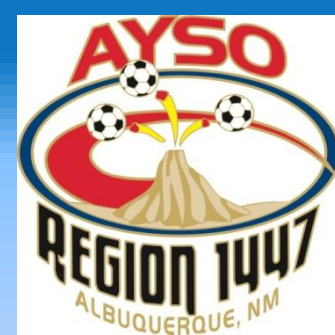
**AYSO Region #1447**  
**3807 Atrisco Dr. NW, Suite C**  
**Albuquerque, NM 87120**

**[www.ayso1447.org](http://www.ayso1447.org)**

**(505) 926-1447**



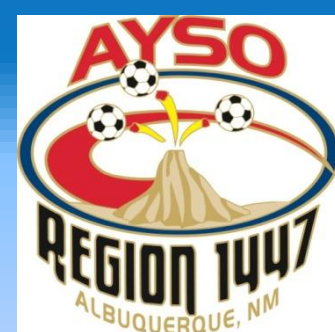
# Agenda



- About AYSO
- Concussion Awareness
- Communications
- Field information
- Referee Update
- Coach Update
- Safety
- Safe Haven – Certification
- Trainings need to be completed
- UK Skills



# Concussion Awareness



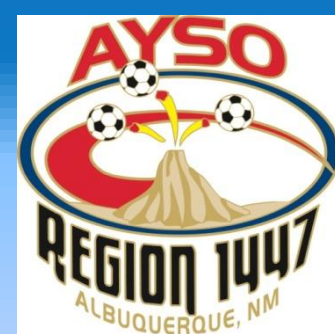
Any player suspected by the coach, referee or parent to have a concussion must be removed from further participation for at least the remainder of the day **and**

Parents should be encouraged to seek professional medical treatment for the player at the time of injury and secure medical clearance before allowing the player to return to play.

In all cases, AYSO will require the parent to sign a new Participation Release Form which includes a concussion waiver confirming that the player has been given the appropriate clearance to return to play. See the Safety Director for the form.



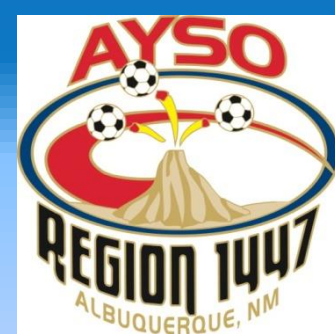
# Mission Statement



Develop and deliver quality youth soccer programs which promote a fun, family environment based on the AYSO philosophies



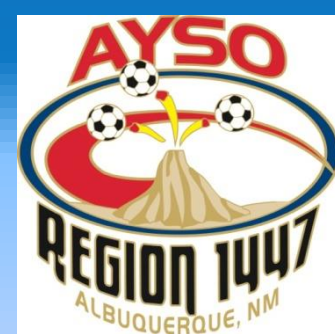
# AYSO Philosophies



**Everyone Plays**  
**Balanced Teams**  
**Open Registration**  
**Positive Coaching**  
**Good Sportsmanship**  
**Player Development**



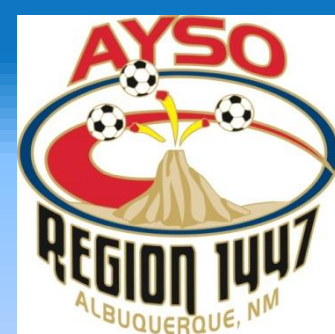
# National Organization



- **Standardized Rules and Regulations**
  - Medical and liability insurance
  - Training
  - Support
- **Background Checks**
  - Mandatory for all Volunteers



# Communication

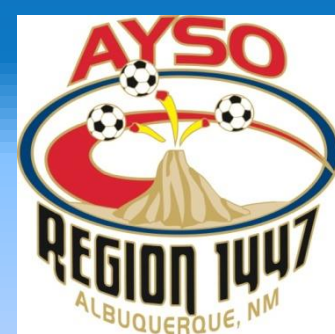


- Phone: 926-1447
- Website: [WWW.AYSO1447.ORG](http://WWW.AYSO1447.ORG)
- E-mail: contacts on website
- Facebook page: AYSO Albuquerque Westside
- Team Number
- Boys and Girls Coordinators





# Communication

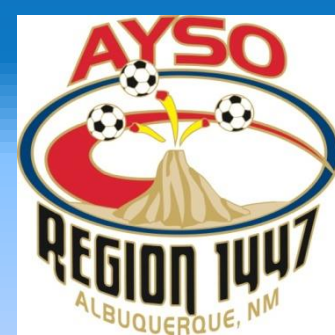


## Opportunity To help out!!!

- Division Commissioner
  - Reports to Girls or Boys Coordinators
  - Helps flow information down to the other coaches within your division.
  - Collect the game cards and refill as necessary.
  - Review the cards and keep a log for number of wins and losses for each team.
  - Report problems where the referee has made notes on the game card.

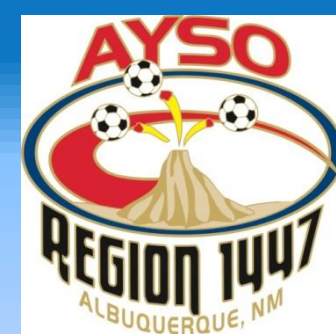


# Communication



## Your Division Commissioners

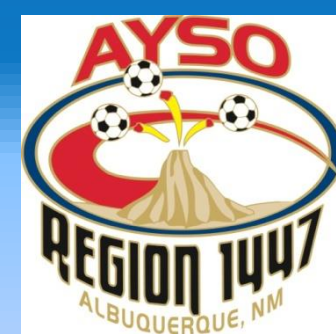
- 6UG/6UB- OPEN
- 8UG/8UB – OPEN
- 10UG – OPEN
- 12UG/12UB – OPEN
- 14UG/14UB – OPEN
- U10B – OPEN



# Communication

If you see a problem:  
Report it!  
Help make it better

- Field/Equipment Hazards– Equipment Manager, Safety Dir.
- Injuries – Safety Director
- Misconduct – CVPA, Boys/Girls Coordinator, Chief Coach, Chief Referee



# Programs

## 1000 MINUTES

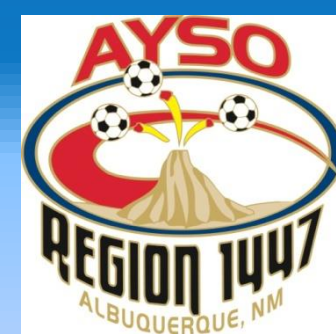
If a child spends 1000 minutes outside of practices and games working on soccer, they get a special prize!

**Contact Brad Rogers!**

**[1000minutes@ayso1447.org](mailto:1000minutes@ayso1447.org)**

Forms can be found at

**[www.ayso1447.org](http://www.ayso1447.org)**



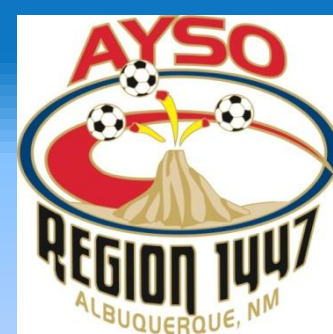
# Programs

## Power Skills

Date	Day	Division	Time	Location
February 22	Saturday	5u/6U 7u/8U 10U-12U 14U-18U	9:00 am- 10:00 am 10:30 am – 11:30 am 12:30 pm- 1:30 pm 2:00 pm- 3:00 pm	Ventana Ranch Park



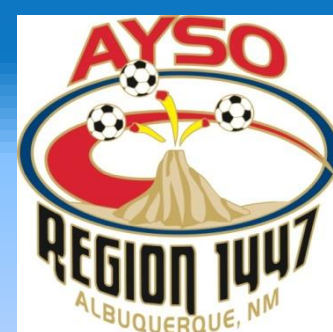
# Fields



- Most Parks are located in residential areas
  - Do not block driveways
  - Pack up trash
  - Be respectful to residents
- Don't practice in or near goal mouth
- No restrooms at the fields!!!
- If we aren't considerate we can lose our field space and be fined by city



# Fields



Per the city: we cannot practice or play if fields are wet

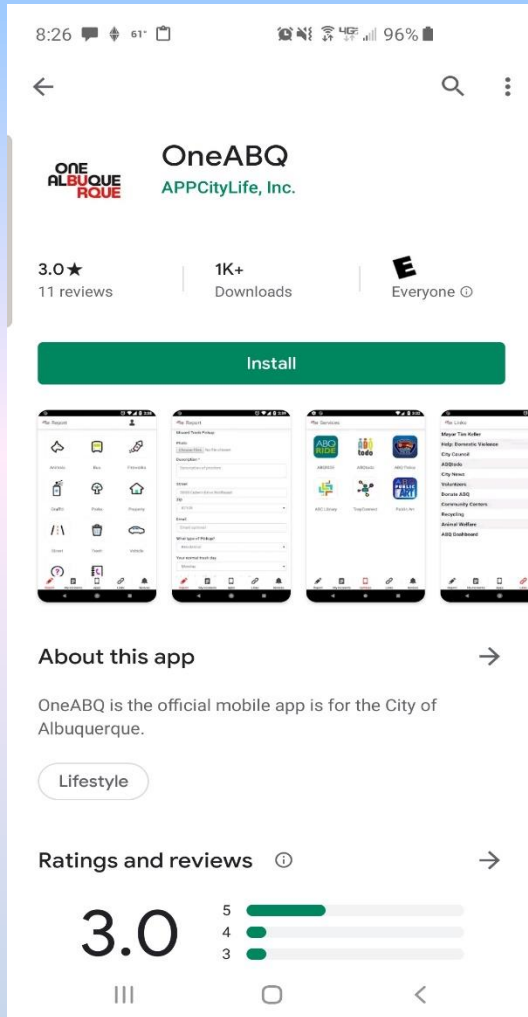
Prior to practices and games check for:

- Debris
- Holes
- Exposed sprinkler heads
- Standing water
- Problems

Practices: Inform your Division Coach Commissioner

Games: Inform the Safety Director

# 311/ 311 APP



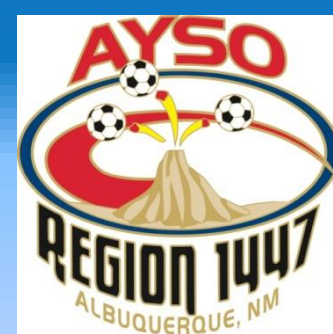
There is an Albuquerque 311 app

You can take pictures of a broken sprinkler head, etc and send it in the app straight to the Parks and Rec department



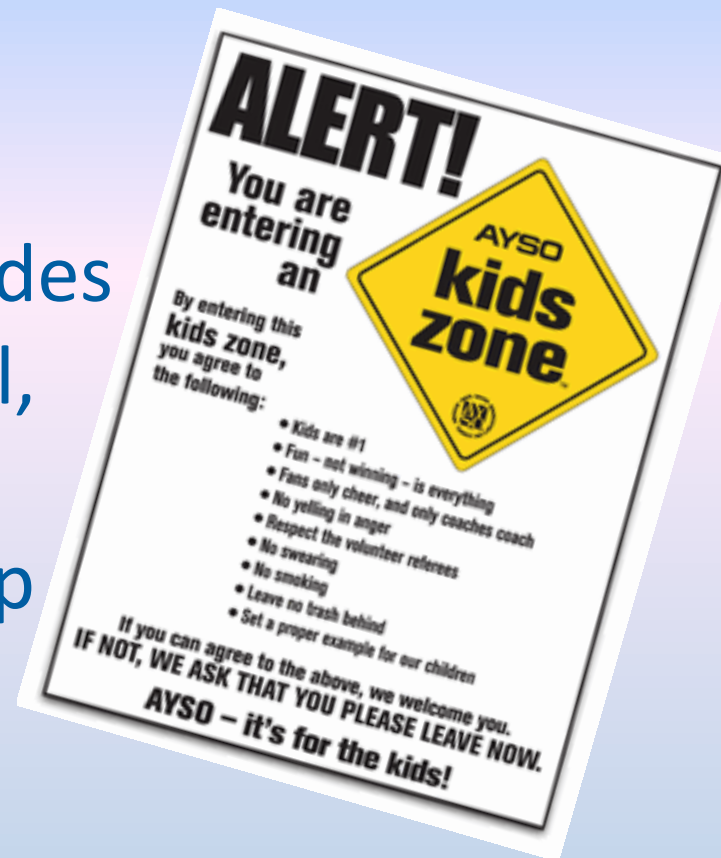


# Fields = Kid Zone



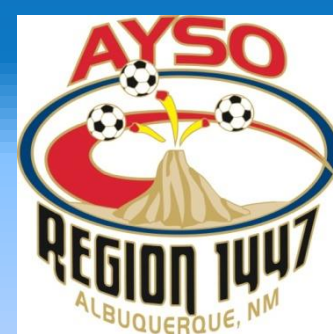
Whether you are at practice or at a game, you are in a Kid Zone:

- Keep it Positive!
- No Swearing , Smoking (includes electronic cigarettes), Alcohol, Drugs, Weapons!
- Promote Good Sportsmanship
- Have Parents Review & Sign the Kid Zone Pledge.





# Uniforms & Equipment



Equipment Manager - OPEN

[equipment.manager@ayso1447.org](mailto:equipment.manager@ayso1447.org)

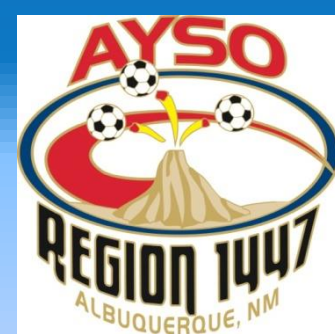
Uniform Manager, Robert Leeds

[uniform.manager@ayso1447.org](mailto:uniform.manager@ayso1447.org)





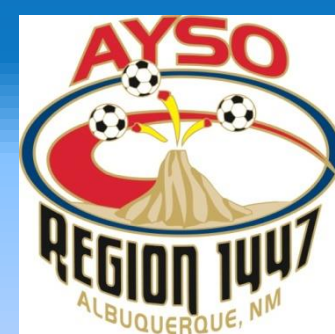
# Field Equipment



- Goals, goal nets, corner flags, cones
- **Safe Haven Signs**
- First home team of the day sets up
- Last home team of the day takes down
- If games are cancelled, please take equipment home and contact your Division Commissioner



# Field Equipment



## Damaged Equipment

**Equipment Manager position is OPEN**

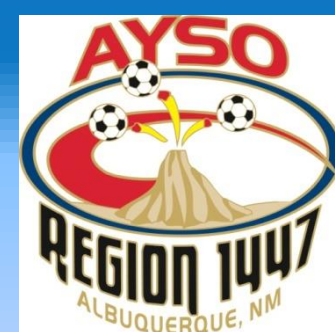
E-mail the equipment manager right away

Please do not wait until Friday evening

[equipment.manager@ayso1447.org](mailto:equipment.manager@ayso1447.org)



# Uniform Ordering

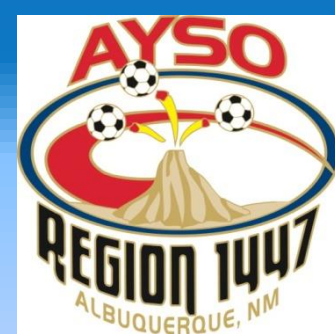


## • NEW UNIFORM ORDERING

- Send email to Uniform Manager
  - Approval of Chief Coach or your DC
- Include what items are needed: (Use the number of the Jersey you are replacing, shorts, socks, the whole kit)
- Verify size of uniform before order (YM, AS)
- Color of Jersey (just for verification)
- Name and Address of the coach. Uniform will be mailed to the coach's address



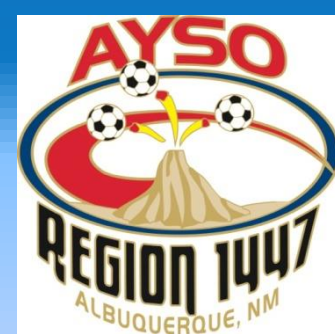
# Referees



- 75% Regional Referees Non-returning after 1 year
  - Due to coach and parent behavior
  - \$50/uniform (\$2500 yearly lost)
- Work Together to Stop the volunteer loss
  - Everyone's responsibility
  - Improve communication
  - Keep It Positive!
  - Abide by the AYSO philosophies



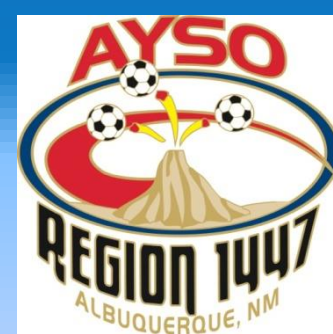
# Referees



- **Referee Requirements:**
  - Every team must have 2 referees
    - If there are no referees on the team then the coach or asst. coach must officiate the match.
    - Un-registered volunteers are not allowed to referee!
  - Home team provides referees for the game
    - If the home team has no referees present that day, please ask your referee to step up and do the match
  - Referees must be trained
  - **Your referees MUST come to every game in uniform**
    - Even if you are not the home team that week, the center referee can always use a certified linesman to help officiate the match



# Referees



**Ref training is 90% completed online now!**

**Ref training class is given online in [aysou.org](http://aysou.org) with a 1-1.5 hr in person companion course now!**

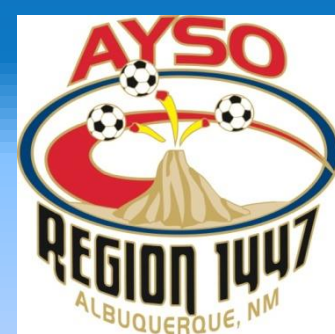
**If you get a parent to step up as a ref, please have them first put in a volunteer app for referee at [aysou1447.org](http://aysou1447.org)**

**Once that is completed, they can log into [aysou](http://aysou.org) to complete their classroom training!**





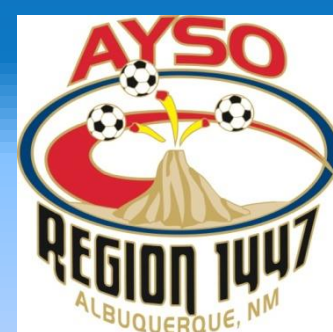
# Coaches - TRAINING



- Coach class: Every two years
  - You must take the Online and field sessions
  - If you move into a higher division, you must take the higher class
- Safe Haven:
  - Available online, take the class and notify your Division Commissioner
- Concussion Awareness:
  - Available online, take the class and notify your Division Commissioner



# Coaches - TRAINING



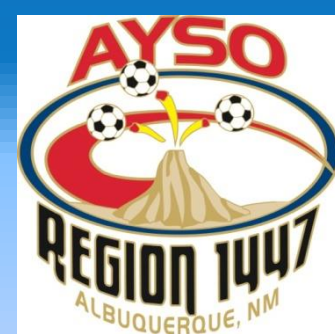
U5/U6 online at [www.aysou.org](http://www.aysou.org).

All classes are online-

If you need a computer to do the class, please let Nichole Rajala or the Boys or Girls Coordinator know so we can set a time for you to use the office



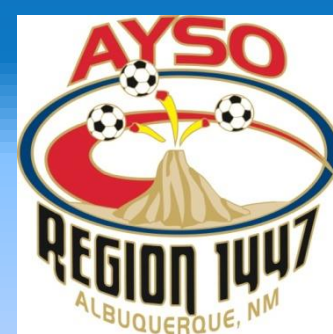
# Coach Reminder



- Every player is guaranteed to play  $\frac{1}{2}$  a game barring injury or illness
- Region 1447 standard – all players play  $\frac{3}{4}$  of the game before anyone plays a full game



# Coaches



## INJURIES

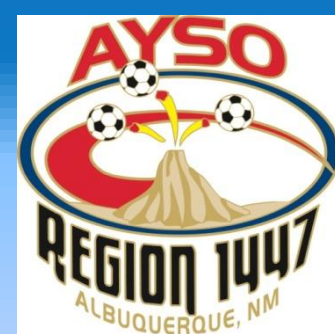
- Report all injuries to the Safety Director, Doug Munsee
- [safety.director@ayso1447.org](mailto:safety.director@ayso1447.org)
- If an accident occurs, you must fill out the incident report form.

## INSURANCE

- Registered volunteers and players



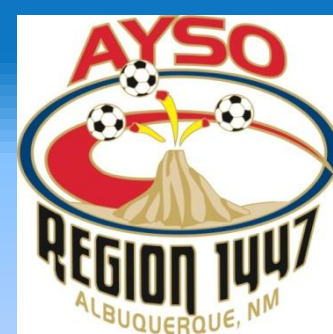
# Coaches



- **DO NOT** argue with the referee
- **DO NOT** allow your spectators to speak to the referee rudely or say disparaging remarks
- Remember why we are here, **Keep it Positive!**



# Coaches Sportsmanship

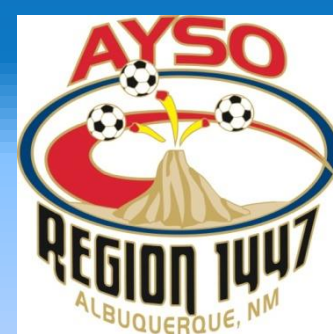


- Every team should acknowledge and congratulate opposing team
- Every coach should acknowledge and congratulate opposing coach
- **EVERYONE** should thanks and acknowledge the Referee

**EVERY GAME**



# Coaches



- **HEADERS and SLIDE TACKLES**

- There shall be no instruction of Heading and/or Slide Tackling 12U and below

- **THROW-INS NEW THIS YEAR**

For 6U, the throw-in is replaced with the pass-in. Opposing players must be at least two yards from the ball until it is kicked.

Training of throw-in technique may begin at 7U/8U and up.

# COACHES

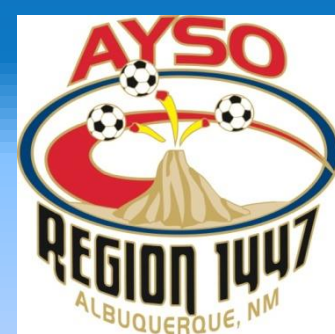
## 5u/6u SUBSTITUTION RULES

- There is NO free subbing in 5u/6u
- Subs will not be made until the quarter is called.
- Only exception to this rule would be if a player is injured and needs to come off the field





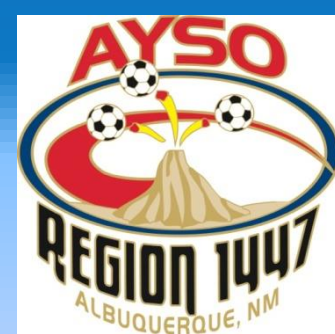
# Coaches



- Call your roster/email immediately
- Make sure all players are returning
- If parent says player is not returning for spring season you need it in writing and forward that onto the chief coach so we can take that player off your roster
- Remind your parents when and where your practices will start up again



# Coaches



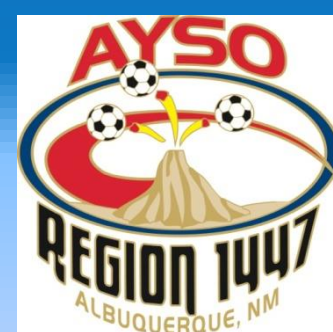
**Wear Your AYSO Coach Shirts to Every Game**

**Remember Home team sits North or East side  
of field**

**Visitors sit on the South or West side of field**



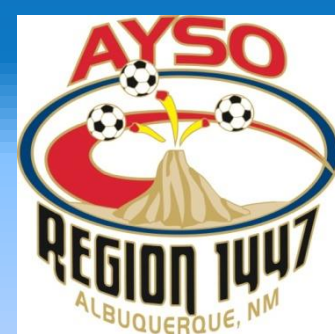
# Coaches



- Online Options
  - AYSO1447 can be used by coaches to see your team
  - Parents can log on and see coach information
- Please use the website especially Coaches Corner to get a lot of answers and tips!



# Coaches



**Team Pictures**

**MJ Thomas Photography**

**Check the website and your email**

# Kids Zone<sup>®</sup>



# Kids Zone<sup>®</sup>



- Kids are #1
- Fun – not winning – is everything
- Fans only cheer, only coaches coach
- No yelling in anger
- Respect the volunteer Referees
- No swearing
- No alcohol, tobacco products or other controlled substances
- No weapons
- Leave no trash behind
- Set a proper example of Good Sportsmanship

# Kids Zone®



When it comes down to it, Kids Zone is about supporting every child on the field - even those on the opposing team.

It means supporting the players whether they win or lose. It means honoring the game – not the outcome of the game. Remember, respect starts with you!

<https://www.youtube.com/watch?v=LQiRTVPWT9s>

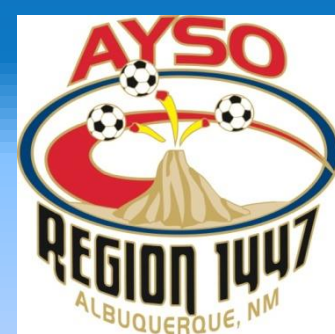
# AYSO Privacy & Personal Information

- Coaches, referees & team parents cannot use personal information for players or parents for any reason but official AYSO purposes and will not disclose Confidential or personal information except as authorized by AYSO
- Any coaches, referees & team parents that release player or parent contact information to any person or group other than for official AYSO purposes will face discipline up to and including dismissal from the league and possible criminal prosecution.





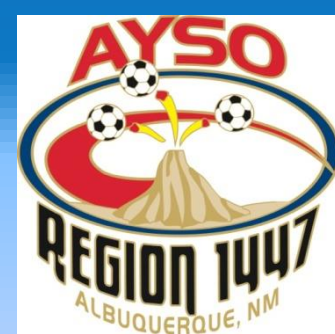
# Safety/Safe Haven



- Ratio of adults to kids is 1:8
- Must have two trained adults at all AYSO activities – One should be same gender as players
- Never be alone with a player that is not your child



# Safety/Safe Haven

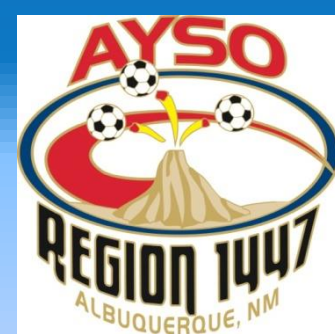


## Player Equipment

- Shin guards
- Athletic shoes – no metal cleats
- Uniforms **must** be worn for games
- No player names on uniforms
  - Child safety is paramount
  - Too easy for pedophiles



# Safety/Safe Haven

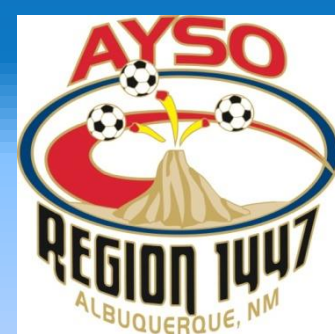


## Prohibited items:

- Jewelry
- Medic Alert bracelets allowed if taped to players body
- Hard hair ponytail holders, or metal barrettes or bobby pins
- Can not play with a cast or hard brace
  - No, not even if they are wrapped!



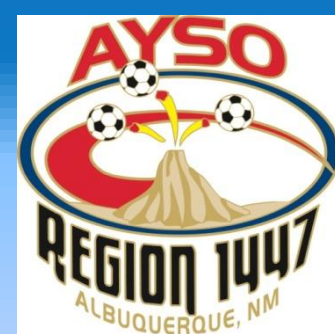
# Safety/Safe Haven



- Lightning
  - Stop practice and games
  - Take cover in buildings or cars
- Temperature 32F stop practices and games
- RAIN – games will NOT be cancelled because of rain.



# Goal Safety



**These guidelines should be followed to ensure the safety of our players:**

1. Goals should be anchored with 2-4 stakes per goal (number and size dependent on goal size and design and type of ground). Sandbags can be substituted if the ground/surface necessitates.
2. Referees should check the anchoring of the goal as part of their safety inspection of the field prior to each match. Do not start the game until the problem has been addressed.
3. If used for practice, the coach should ensure the goal is properly anchored per CPSC Guidelines. Do not start practice until the problem has been addressed.
4. When not in use, goals should be stored and locked in a manner that would prevent them from falling.
5. No climbing or hanging on goals.

# UK International Skills training



Info to come through email for those who couldn't make the meeting

**Who we are?**

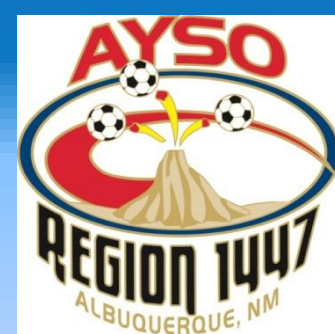
**Established in 1990**

**Official camp and training providers of the American Youth Soccer Organization.**

**One of the largest coach education and soccer providers in the United States.**

**We recruit professional coaches from around the globe, predominately from the United Kingdom.**

**Our aim to provide the 'Best Possible Soccer Experience'**



**THANK YOU!!!**

**HAVE A FUN AND SAFE SEASON**

