

**MTFC will follow FIFA and USYSA Laws of the Game with the local modifications listed here:**

Rules of Play	Socceros	U05/U06	U07/U08	U09-U11	U12-U14	U18
<b>Game Format</b>	3v3	4v4	5v5	7v7	8v8 or 9v9	11v11
<b>Field Size</b>	20x30 yards	20x30 yards	30x40 yards	40x60 yards	50x75 yards	65x100 yards
<b>Heading Allowed</b>	No	No	No	No	Yes	Yes
<b>Goalkeeper</b>	No	No	Yes	Yes	Yes	Yes
<b>Goalkeeper Can Punt</b>	No	No	No	No	Yes	Yes
<b>On-field Coach</b>	All games	First two games	No	No	No	No
<b>Substitutions</b>	Free Unlimited	Free during any game stoppage	Only between quarters	Team's own throw-in; either team's kickoff, goal kick or injury stoppage	Team's own throw-in; either team's kickoff, goal kick or injury stoppage	Team's own throw-in; either team's kickoff, goal kick or injury stoppage
<b>Game Length</b>	12-minute halves	8-minute quarters	10-min. quarters	25-minute halves	30-min. halves	40-min. halves
<b>Breaks</b>	5-minute halftime	2 minutes between quarters; 5-minute halftime	2 minutes between quarters; 5-minute halftime	5-minute halftime	5-minute halftime	10-minute halftime
<b>Kick-Off</b>	Yellow 1 <sup>st</sup> half Blue 2 <sup>nd</sup> half	Yellow 1 <sup>st</sup> two quarters; Blue 2 <sup>nd</sup> two quarters	Yellow 1 <sup>st</sup> two quarters; Blue 2 <sup>nd</sup> two quarters	Yellow 1 <sup>st</sup> half Blue 2 <sup>nd</sup> half	Yellow 1 <sup>st</sup> half Blue 2 <sup>nd</sup> half	Coin toss
<b>Throw-Ins</b>	Parents/Coaches	Kick-in	Throw-in w/retry	Throw-in	Throw-in	Throw-in
<b>Two-touch enforced</b>	No	No	Yes	Yes	Yes	Yes
<b>Goal Kicks</b>	No (Ball is kept in play)	Yes	Yes	Yes	Yes	Yes
<b>Corner Kicks</b>	No (Ball is kept in play)	Yes	Yes	Yes	Yes	Yes
<b>Direct Kicks</b>	Yes	Yes	Yes	Yes	Yes	Yes
<b>Indirect Kicks</b>	No	No	Yes	Yes	Yes	Yes
<b>Penalty Kicks</b>	No	No	No	Yes	Yes	Yes
<b>Offside Rule</b>	No	No	No	Yes	Yes	Yes
<b>Slide Tackling</b>	N/A	N/A	Yes	Yes	Yes	Yes
<b>Four-Goal Rule**</b>	No	No	Yes	Yes	Yes	Yes
<b>Referees</b>	1	1	1	1 plus 2 assistant referees	1 plus 2 assistant referees	1 plus 2 assistant referees
<b>Game Ball Size</b>	3	3	4	4	4	5

**Laws of the Game:** <http://www.goo.gl/4tN8OD>

### **Additional Rules**

- \*1. In U8 and older, if a team has a **four-goal lead**, all shots on goal must be taken from outside the penalty area. As soon as a shot is taken inside the penalty area, the referee will stop play and restart with an indirect free-kick (direct free-kick in U8) for the defending team from the point on the penalty area line where the player entered the penalty area. Persistent infringement of this rule will result in a caution, with the most-recent offending player being shown a yellow card.

*(Continued on next page.)*

2. **The goal is for every player to have equal playing time.** When playing quarters, every player must play at least two quarters before any player plays three, and every player must play three quarters before any player plays four.
3. No more than two practices are permitted per team per week. Practice is only allowed in designated areas. Practice is not allowed in goals on game fields. Please use cones or discs for goals.
4. Reminder: Shinguards must be worn at all times. Jewelry, metal hair clips, metal hair bows, or earrings are not allowed. Casts must be covered with soft material and meet the approval of the center referee.
5. Any player sent off (shown a red card) may only resume league play with permission from the Board of Directors.
6. No protests are allowed. All decisions of the referee are final.
7. **A game must end in time for the next game on that field to be begin at its scheduled time**, no matter how late the game began. The time between quarters is two minutes; halftime is five minutes. The first half (or the first two quarters) will begin with a kick-off by the home team in the yellow jerseys; the second half (or the last two quarters) with a kick-off by the other team.
8. **Games will be played in the rain.** Games will only be called by the referees because of lightning or other dangerous conditions. Cancellation because of excessive rain which may cause damage to the fields can only be made by the Goodlettsville Parks Department. Immediately before coming to the field, check [RainOutLine.com/search/dnis/6157451016](https://rainoutline.com/search/dnis/6157451016) or call 615 745 1016, then push 1.
9. **Parents must remain on the opposite side of the field from the players and coaches.** Coaches are only allowed to stand on their players' side of the field. All spectators, equipment and substitute players must remain at least four feet from the touchline, goalline and goal. No one is allowed to speak to, or otherwise distract the goalkeeper or other players from behind or near the goals. Coaches shall remain on their team's side of the halfway line and shall not cross into another coach's player/equipment area. (An exception to this rule exists for U4/Socceroos and the first 2 games of U5/U6 when the coach is allowed on the field.)