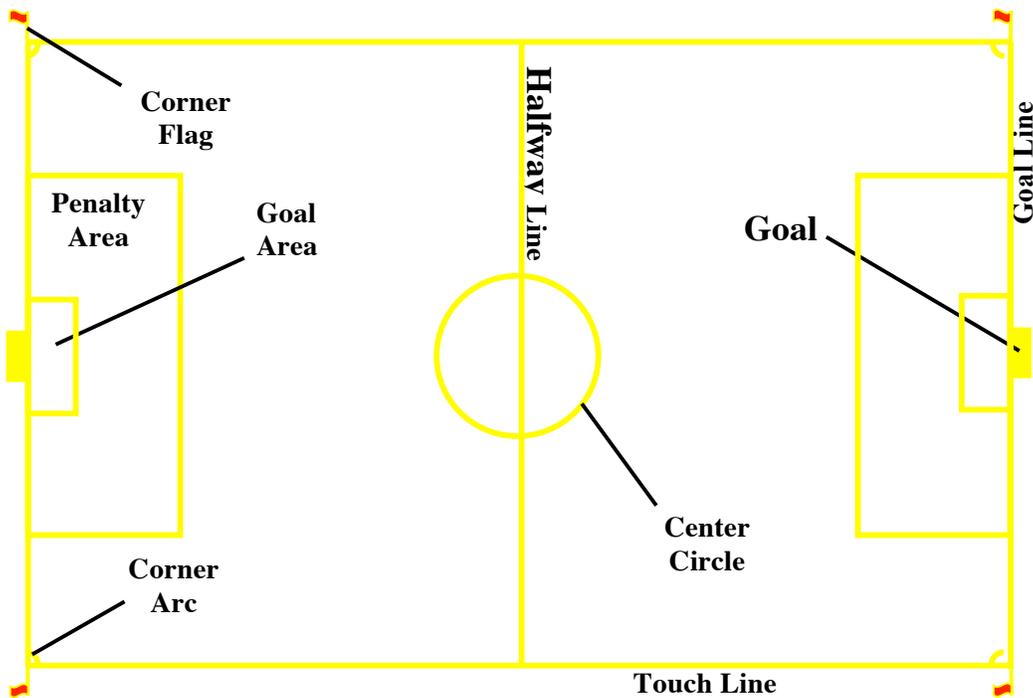


### Under 8 Short Sided Game Rules

**Field Dimensions:** The field of play shall be rectangular with the length no more than 70 yards or less than 50 yards and its width no more than 50 yards or less than 30 yards.

**Markings:** Distinctive lines not more than five inches wide.

1. A halfway line shall be marked out across the field.
2. A center circle with a six yard radius.
3. Four, two foot radius corner arcs with corner flags five feet in height.
4. Goal area- six yards from each goal post and six yards into the field of play joined by a line drawn parallel with the goal line.
5. Penalty Area- twelve yards from each goalpost and twelve yards into the field of play joined by a line drawn parallel with the goal line.



**Goals:** Maximum six feet high and 12 feet wide, minimum size of hockey goals.

**The Ball:** Size three (3)

**Number of players:** Maximum number of players on the field at any one time: seven, one of whom **MAY** be a goalkeeper. The minimum number of players on the field: five to start the game.

Maximum number of players on the roster should not exceed 10, depending on the size of the region.

Substitutions: At quarter breaks and or injuries.

**Playing time:** **MINIMUM** of 50% of the total playing time. Coaches will substitute between quarters to ensure that all players present play a minimum of 50% (two quarters) of the game. See substitution rules. A player may not play more than 50% (2 quarters) in goal if the player plays 1 quarters in goal they must play 2 quarters on the field if a player plays 2 quarters in goal he must play 2 on the field.

Coaches not adhering to the rules may face disciplinary actions.

**Player's equipment:**

*Footwear:* tennis shoes or soft cleated soccer shoes.

*Shin guards:* **MANDATORY**

*Uniforms:* to be used are issued by region no altering allowed.

**Referee:** Minimum requirements, registered AYSO Regional Referee or U-8 Official.

Referee's decisions final on points of fact connected with the game.

Referees act as instructors on the field not just officials.

All rule infractions briefly explained to the offending player.

Referees will not be paid.

**Referee assistants:** May use club linesman only at the request of the referee.

**Duration of game:** Four equal 10-minute quarters. (Two 20-minute halves.)

Between quarters one and two, then three and four the quarter breaks shall consist of quick in and outs only.

A halftime break of five minutes between quarters two and three.

**The start of play:** No change from regular play except: opponents must be six yards from the center mark while kickoff is in progress.

**Ball in and out of play:** No change from regular play.

**Scoring method:** No change from regular play.

**Offside:** There shall be no offside **HOWEVER**, if in the opinion of the referee, players are being intentionally placed in an offside position, the referee shall first **WARN** the coach, and then if repeated, an offside will be called. (Direct free kick)

**Fouls and misconduct:** No change from regular play except: **DIRECT FREE KICK** for all fouls, with the opponents six yards away.

Referee to explain **ALL** infractions to the offending player.

No cautions or ejections issued to players (NO YELLOW OR RED CARDS).

**Free kicks:** All free kicks are **DIRECT**. No free kicks shall be taken by the attacking team within the defending team's penalty area. Ball must be brought out to a point on

the penalty area line nearest where the penalty occurred. Defenders may form a wall in the penalty area six yards away.

**Penalty kicks:** No penalty kicks on any foul committed in the penalty area.

The restart will be a **Direct Free Kick** outside the penalty area closest where the infraction occurred.

**Throw-in:** A second throw-in allowed if a player commits a foul on initial attempt.

The referee shall explain the proper method before allowing the player to re-throw.

**Goal kick:** May be taken from any point inside the goal area.

Opponents must stay outside the penalty area.

**Corner kick:** No change from regular play except opponents must be six yards away from the ball.

### **ADDITIONAL REQUIREMENTS:**

Opposing parent/coaches and players should shake hands before/after each game.

Do not record league standings. However scores may be kept for the purpose of area/region tournaments.

All coaches, players, and spectators of the **HOME TEAM** shall position on the side of the **NORTH or WEST** touchline. All coaches, players and spectators of the **VISITING TEAM** shall position themselves on the **SOUTH or EAST** touchline. All spectators and substitute players shall remain at least three yards away from the touch line and no closer than 18 yards to the goal lines.

**Coaching:** Each team is allowed two coaches to convey technical instructions to players. Such participation shall be limited to positive, instructional and encouraging. The coaches must remain on the same touchline as their team and must remain within a coaches' area, which extends ten yards on either side of the halfway line. The referee may pause the game to ensure compliance by coaches, players, and spectators. Upon repeated infractions or refusal to comply by a team, coach, or spectator, the game may be suspended and or terminated.

Note: Investigations in misconduct will follow any terminated game. At the conclusion of the investigations, proper disciplinary action will follow.