

Coach Courses at Golden Gate Camp

Please note that not all classes are offered every year.

Coach - 10U

This training presents information and skills to be taught relevant to the small-sided match (7v7) of the 10U age group.

Prerequisites:

- · AYSO 8U Coach Certification (Recommended)
 - · AYSO Safe Haven
 - · AYSO 2019 current registered volunteer
-

Coach - 12U

This training presents information and skills to be taught relevant to the small-sided match (9v9) of the 12U age group.

Prerequisites:

- · AYSO 10U Coach Certification (Recommended)
 - · AYSO Safe Haven
 - · AYSO 2019 current registered volunteer
-

Coach Instructor Training

The purpose of the Coach Instructor program is to provide AYSO U12 Coaches and above, who desire to become AYSO Certified Coach Instructors, with the necessary tools, information, and actual teaching situations which might enable them to become AYSO Coach Instructors. This certification allows instruction of courses for 6U, 8U, 10U, and 12U coaches.

Being an instructor requires a special set of skills and aptitudes which include knowledge of the National

Coaching Program and an extensive coaching background. Because of the uniqueness of these skills and aptitudes, not all students will demonstrate them sufficiently to perform adequately as a coach instructor. Failing to meet the standards to become a coach instructor is not a reflection of any individual's ability to continue to be an effective coach.

Prerequisites:

- Be a U12 Coach course graduate and be recommended by the Region Coach Administrator, Area Coach Administrator or the Section Coach Administrator.
- **Intro to Instruction (included in the registration for this course if you have not previously completed)**
- Be registered as a current 2019 volunteer.
- Have the latest Safe Haven certification.
- Concussion training is highly recommended and required if a CA or OR resident.

How to prepare?

- Before camp, take the online refresher courses for 6U, 8U, 10U and Safe Haven.
- Read and know the 12U manual.
- Be familiar with the new 4U and 5U programs: AYSO Playground and AYSO Schoolyard and the National Coaching Program.

It is a challenging course so be prepared.

Advanced Coach Instructor Training

This training is designed to prepare Coach Instructors to teach the Intermediate Coach Course using AYSO directed teaching plans, and to meet the educational requirements for becoming a Coach Instructor.

Prerequisites:

- Coach Instructor course graduate and be recommended by the Section Coach Administrator.
- Advanced Coach course graduate
- Be registered as a current 2019 volunteer.
- Have the latest Safe Haven certification.

- CDC concussion training completed.
-

*****Due to curriculum changes, Advanced and Intermediate Coach Training will close 3 to 4 weeks prior to camp (approximately July 7, 2019) so attendees can do their pre-class work. Sign up early as course numbers are limited. Registered attendees will receive email communication from the class instructor prior to the class providing them with more detail in regards to the pre-course work and class expectations.**

Intermediate Coach Training

This training focuses on tactical situations and set pieces. This course builds upon the 12U Coaching Course. The Intermediate Course Curriculum can be challenging and requires students complete pre-course work prior to the classroom session, and field sessions that involve actual planning and execution by the coach candidate. This will provide a better learning experience for our coach candidates and will provide the candidates with an opportunity to demonstrate their proficiency on the field with coaching players.

Please thoroughly review this outline of the expectations of the class.

Prerequisites:

- · AYSO 12U Coach Certification
- · AYSO Safe Haven
- · AYSO 2019 current registered volunteer

Pre Class Work Part 1 - Prepare Yourself

Becoming an Intermediate AYSO Coach requires that you understand a large amount of soccer material so that you can help AYSO deliver programs that enrich children's lives. Our crew of instructors will help you get you through this course, but we need you to be committed to preparing for it and participating to the best of your ability.

Please be aware that you must be 12U Certified and Safe Haven certified to take this course. Please review your records in Blue Sombrero to ensure that you have those certifications. If not, we cannot give you credit for passing the course.

This course builds upon what you learned in 12U. You must have a very strong grasp of the material delivered at the 12U level. We repeat - you **MUST** have a very strong grasp of the material delivered at the 12U level.

It is highly recommend that you review the 12U course manual to ensure you understand the ideas and concepts introduced in the 12U Course. If you do not understand the material in the 12U Course and Manual, it will be difficult to understand the concepts during the Intermediate Course. So please take the time between now and the start of the class to review the 12U material in detail.

Pre-Class Work - Part 2 – Complete Online Modules

The Intermediate Course has a number of online modules for coach candidates. These modules will be as follows:

1. Intermediate Online Course (Including Referee Laws Module)
2. AYSO Safe Haven
3. CDC Concussion Awareness

Item 1 is now available on the AYSOU Online learning portal. You will need your registration information that you have from Blue Sombrero to log in and complete the program. You will first need to buy the e-book (which is priced at \$20.) Once you buy the e-book, the online training module should be listed under the "My Courses" tab in AYSOU. The online module can be completed without the e-book because it contains all of the references, videos, and other information you will need to complete the module. But the e-book will be a very useful resource for creating the training plan (see, below) and preparing for the classroom portion of the course.

Items 2 and 3 are also available online at AYSOU. If you have completed them before, please complete them again as there may have been updates. If you have any issues, please contact AYSO's National Office so that they can steer you through the process.

Pre-Class Work Part 3 – Training Session Preparation

As part of the Intermediate Curriculum, candidates will need to complete a training plan prior to the class, and the candidate will then execute a portion of that training plan during the field session.

The instructions for completing the training plan are contained in the online Intermediate module. There is also a blank form for you to use to complete the training plan. **After registering for the course wait to hear from your instructors before completing this step.** They may assign you a specific topic or you may be allowed to select your topic from the options presented on the online module. Please take note of the instructions which require, among other things, proper activity diagramming and player numbering. Your plan should be detailed and follow the four steps of a training plan that are outlined in the online course.

*****due to curriculum changes, Advanced and Intermediate Coach Training will close 3 to 4 weeks prior to camp (approximately July 7, 2019) so attendees can do their pre-class work. Sign up early as course numbers are limited. Registered attendees will receive email communication from the class instructor prior to the class providing them with more detail in regards to the pre-course work and class expectations.**

Advanced Coach Training

The primary goal of the Advanced Course is to enhance the coach's Ability to observe and evaluate players and enable them to reach their potential both in terms of individual and team play. This training focuses on tactical situations, advanced tactics, and observation, evaluation, and implementation techniques. This course builds upon the Intermediate Coaching Course.

Prerequisites:

- · AYSO 12U Coach Certification
- · AYSO Intermediate Coach Certification
- · AYSO Safe Haven
- · AYSO 2019 current registered volunteer

Familiarity with the Laws of the Game, Guidance for Referees and Coaches, the 12U and Intermediate materials are critical. There are many points on the final exam that come from knowledge of the laws of the game.

Pre Class Work Part 1 - Prepare Yourself

Becoming an Advanced AYSO Coach requires that you understand a large amount of soccer material so that you can help AYSO deliver programs that enrich children's lives. Our crew of instructors will help you get you through this course, but we need you to be committed to preparing for it and participating to the best of your ability.

Please be aware that you must be Intermediate Certified and Safe Haven certified to take this course. Please review your records in Blue Sombrero to ensure that you have those certifications. If not, we cannot give you credit for passing the course.

This course builds upon what you learned in 12U and Intermediate. You must have a very strong grasp of the material delivered at both the 12U and Intermediate level. We repeat - you **MUST** have a very strong grasp of the material delivered at the 12U level as both the Intermediate and Advanced curriculum build off of that.

It is highly recommend that you review the 12U and Intermediate course manuals to ensure you understand the ideas and concepts introduced in the 12U Course and reinforced in the Intermediate course. If you do not understand the materials, it will be very difficult to understand the concepts covered during the Advanced Course. So please take the time between now and the start of the class to review the 12U and Intermediate material in detail.

Pre-Class Work - Part 2 – Complete Online Modules

The Advanced Course has a number of online modules for coach candidates. These modules will be as follows:

1. Advanced Online Course (Includes Referee Laws Module)
2. AYSO Safe Haven
3. CDC Concussion Awareness

Item 1 is now available on the AYSOU Online learning portal. You will need your registration information that you have from Blue Sombrero to log in and complete the program. You will first need to buy the e-book. Once you buy the e-book, the online training module should be listed under the "My Courses" tab in AYSOU.

The online module can be completed without the e-book because it contains all of the references, videos, and other information you will need to complete the module. But the e-book will be a very useful resource for creating the training plan (see below) and preparing for the classroom portion of the course.

Items 2 and 3 are also available online at AYSOU. If you have completed them before, please complete them again as there may have been updates.

If you have any issues, please contact AYSO's National Office so that they can steer you through the process.

Pre-Class Work Part 3 – Training Session Preparation

As part of the Advanced Curriculum, candidates will need to complete a training plan prior to the class, and the candidate will then execute a portion of that training plan during the field session.

The instructions for completing the training plan are contained in the online Advanced module. There is also a blank form for you to use to complete the training plan.

After registering for the course wait to hear from your instructors before completing this step. They may assign you a specific topic or you may be allowed to select your topic from the options presented on the online module. Please take note of the instructions which require, among other things, proper activity diagramming and player numbering.

Your plan should be detailed and follow the four steps of a training plan that are outlined in the online course.

Pre-Class Work Summary and Scoring

Successful completion of the pre-class work will include the following items and will help to set the groundwork leading up to the in-person class.

Safe Haven, CDC, Advanced Course Module: Candidates receive a 0 if they did not complete the **Prerequisite** and the applicable score if they *did* complete it.

Pre-Course Analysis (2 points per criteria):

- Game Moment Worksheet
- Identified start and end time
- Relevance of findings (compare review moment for accuracy and perspective)
- Other moments of support
- Appropriate training objective

Pre-Course Training Plan (2 points per criteria):

- AYSO template and diagramming
- Session objective related to analysis
- Age-appropriate
- 4 stage progression (simple to complex)
- Coaching points, including reference to principles of play

Reflection

Assignment is simply to introduce and emphasize the benefit of self-reflection in a coaching pathway. No right or wrong, 5 points awarded for completion. The relevance will be for their own comparison, post-course.

(45 points maximum).

The newest issue of the Laws of the Game 2018-2019 is available for downloaded from <http://www.fifa.com/development/education-and-technical/referees/laws-of-the-game.html>

PLEASE PREPARE!!!!

There is a challenging written exam (fill in the blanks) with a minimum passing score, and preparation is essential to your success. You can't evaluate and improve player performance if you don't know the language or what to change. All the information to evaluate and correct technical and tactical aspects of player performance can be found in your coaching manuals and the Advanced Online Module.