

AYSO NATIONAL COACH COURSE

From the science of periodization to age-appropriate session design and delivery, from goalkeeper certification to self-reflection this course is designed to inspire leadership and advocacy of the AYSO Coaching Program. Designed to educate and inspire candidates to deliver the best possible AYSO program by giving back to their home environment (S/A/R), the course sets the highest standards of education and development within AYSO.

The National Coach Course will be led by AYSO Director of Sport and Development and the AYSO Technical Director and directed by experienced National Course Instructors.

Prerequisites

To attend the course, candidates must have the following:

Coaching

- *Receive a written recommendation from the Section 1 Coach Administrator.
- *Should have completed the current version of the AYSO Advanced Coaching Course (after March 2018) and hold a current coaching position within AYSO.
- *Must have a minimum of 5 years' experience coaching in AYSO and shows a commitment to learning i.e. instructor cert.-additional licensing- attends Expo etc.

Instructing

- *Qualified AYSO Coach Instructor who understands and navigates AYSO to maximize efficiency, including rosters, certificates, etc.

Mentoring

- *Mentors coaches within Region/Area and connects and builds rapport with each student or volunteer.
- *Identifies development stage of student or volunteer and guides them through the course and stimulates personal development planning.
- *Support the Section 1 Coach Administrator to communicate the AYSO coaching methodologies and resources.

Course Details

The course length is 50 hours approx., broken down as follows:

- *10 hours pre/post work.
- *40 hours in-person (10-12 field-28-30 hours classroom).