



United States Youth Soccer Association
Practice Plan

Name: _____ Date: _____

Age Group: _____ Theme: _____

Activity

Coaching Points

1st Activity (warm-up) <i>Name</i>	
2nd Activity <i>Name</i>	
3rd Activity <i>Name</i>	
4th Activity <i>Name</i>	
5th Activity (the game) <i>Name</i>	