



CHGSL

FREE INDOOR GIRLS SOFTBALL CLINICS SUNDAYS – HOOVER GYM

WHO – Young ladies ages 5 thru 14, no prior experience necessary.

REGISTER ONLINE FOR FREE – So we know how to contact you with schedule changes or weather cancellations.

***PITCHING ONLY CLINICS** - Note that start times vary based on pitching experience:

Beginner = never pitched or pitched for one season

Intermediate = pitched 2 or 3 season

Advanced = pitched more than 3 seasons

***PITCHING ONLY CLINICS** – There’s a catch, **BRING A CATCHER**. Our instructors can’t catch and instruct simultaneously. So please provide a semi-adult-like person with a mitt who is willing to be a target for your kid. No prior catching experience necessary.

SUNDAY SCHEDULE:

- January 13 **OPEN GYM** ----- 6:00 to 7:45pm – Dust off the cobwebs
Come out and throw, no drills tonight

- January 20 ----- 6:00 to 6:45pm – Ladies 8 years old and under
6:45 to 8:00pm – Ladies 9 years old and older

- *January 27 **PITCHING ONLY** ----- 5:30 to 6:15pm - Beginners
6:15 to 7:00pm – Intermediate
7:00 to 8:00pm – Advanced

- February 3 **NO CLINIC**----- SUPER BOWL !!!!

- February 10 ----- 5:30 to 6:30pm – Ladies 8 years old and under
6:30 to 8:00pm – Ladies 9 years old and older

- February 17 ----- 5:30 to 6:30pm – Ladies 8 years old and under
6:30 to 8:00pm – Ladies 9 years old and older

- *February 24 **PITCHING ONLY**----- 5:30 to 6:15pm - Beginners
6:15 to 7:00pm – Intermediate
7:00 to 8:00pm – Advanced

- March 3 ----- 5:30 to 6:30pm – Ladies 8 years old and under
6:30 to 8:00pm – Ladies 9 years old and older

- March 10 ----- 5:30 to 6:30pm – Ladies 8 years old and under
6:30 to 8:00pm – Ladies 9 years old and older

- *March 17 **PITCHING ONLY** ----- 5:30 to 6:15pm - Beginners
6:15 to 7:00pm – Intermediate
7:00 to 8:00pm – Advanced