

**Penfield Little League**  
**PLL 2020 Return to Play Safely Plan**  
**June 20, 2020**

Dear Parents, Guardians and Players,

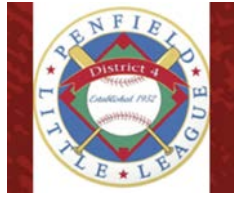
As we have navigated this unprecedented health pandemic, we sincerely appreciate your continued support of Penfield Little League (PLL). As a non-profit, volunteer-run association, we are committed to developing a safe, fully planned and well-executed return to play plan.

On July 6, we are able to once again open our playing fields for the game we all love. Our current focus: **affording our players the Little League experience, while ensuring we adhere to the guidelines and standards set forth by NYS Department of Health (NYSDOH), the Centers for Disease Control (CDC) and Little League International (LLI)**. The health and safety of our players, families, coaches and umpires are paramount, and thus, our board has developed the following guidelines to be used during all practices and games. It is important to note the following guidelines and safety measures are subject to change as the recommendations and guidance from our federal, state and local authorities continue to evolve and change to meet the health and safety needs of our community. All current federal, state and local health and safety measures supersede this plan and influence all guidelines for return to play.

PLL is committed to providing our players a fun, competitive learning environment to play and enjoy the game of baseball. More than ever, we will need to rely heavily on the committed and cooperative participation of our volunteers, parents and guardians to assist PLL board members and our coaches in keeping our players safe, while we do our best to minimize contact and maximize social distancing.

It is the sole discretion of every parent, guardian and/or player to determine if it is safe for yourself, son or daughter to return to PLL baseball and softball for the summer 2020 season. If you choose to participate in PLL's 2020 season, it will be the responsibility of all parents, guardians, players, coaches and umpires to review, understand, and adhere to the guidelines, expectations and safety measures contained within this document. Every individual at the complex has a personal responsibility to keep yourself and others safe, while maintaining a supportive and cooperative environment for our players to enjoy the game.

Sincerely,  
PLL Board of Directors



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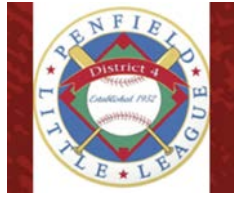
**Universal Guidelines**

As per the CDC, COVID symptoms include shortness of breath, difficulty breathing, cough, fever, chills, muscle pain, headaches, sore throat and loss of taste or smell. All those attending or participating in a PLL event shall perform a self-screening assessment prior to entering the park. Refrain from entering the Park or attending any PLL event if you, a family member, or player answers yes to any one (1) of these questions:

1. Do you have a fever of or greater than 100.4 degrees Fahrenheit or have you felt feverish in the last twenty-four (24) hours?
2. Have you had known direct contact with an individual testing positive for COVID-19?
3. Have you had a new cough, a change in your cough or new shortness of breath in the last twenty-four (24) hours?

***If you're sick or not feeling well, please stay home.***

- If you or a member of your family becomes sick or begins experiencing symptoms of COVID-19, at any time during the season, notify your Primary Care Physician (PCP), or a qualified medical professional. Anyone experiencing COVID-19 symptoms must stay home and quarantine for 14 days **or** when he or she has been fever-free without medication for 72 hours **and** symptoms have fully resolved (whichever is longer).
- If you or a family member becomes diagnosed with COVID-19, follow the directions of your primary care doctor and/or the Monroe County Department of Health and notify the PLL coaching staff immediately that your son or daughter will not be participating or attending baseball activities. In the event of a COVID-19 exposure, PLL will maintain event schedules, team and volunteer rosters and will make this information available to local and state health officials as requested and required by the NYSDOH. PLL will comply with all HIPAA requirements and directives issued by the NYSDOH.
- All those attending a PLL event are expected to adhere to the established social distancing guidelines, by maintaining a minimum of six (6) feet of distance between you and others, when you are not around your immediate family or household members. If you are unable to maintain six (6) feet of distance, a well-secured paper or cloth face covering shall be worn, covering your nose and mouth.
- The CDC recommends that healthy hygiene practices include hand washing, using sanitizer, refraining from spitting (therefore, no seeds at the complex), covering coughs and sneezes (respiratory etiquette). This incorporates frequently washing your hands for a minimum of twenty (20) seconds, or using hand sanitizer, especially after touching surfaces such as doorknobs, light switches, gate latches, handles, equipment, etc.
- If you're travelling out-of-state during the season, please review and adhere to CDC guidelines. If you believe you may have been exposed to COVID-19 while travelling, please self-quarantine for 14 days before returning to the PLL complex.



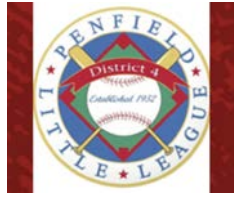
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**While at the park, those attending or participating in a PLL event shall:**

- Provide his or her own hand sanitizer, masks and additional PPE. PLL will not be providing these items for players, coaches and/or spectators. Hand sanitizer will be available at select locations.
- Be required to document his/her attendance in a PLL practice or game using the PLL website. This attendance record will serve as our primary source of documentation for player attendance and provided to our state and local authorities in the event of a COVID event.
- **Provide his or her own seating.** All benches and stands will be closed to spectators. Families will be responsible for providing a lawn chair/blanket for your son or daughter to sit on while participating in practice or games. Umbrellas or tents can also be provided for your player.
- Be strongly encouraged to bring and use your own playing equipment including gloves, batters' gloves, helmets, bats, and catcher's equipment whenever possible.
- Remain at the park while your son or daughter is participating in games and drop off or wait in parking lot during practices.
- Avoid congregating in common areas prior to or following games and practices.
- Use caution while entering and leaving your vehicle and maintain social distancing at all times in available parking lots.
- **Bring your own food and beverages including water bottles. Manager, coaches, players and families should refrain from sharing any food or drink at this time (No team snacks).**
- Sunflower seeds, chewing gum and similar products will not be allowed in the park.

Start and end times of events will be staggered so that participants who have finished their game or practice will have time to leave the park prior to the arrival of participants due to arrive for the next scheduled game or practice. This is meant to reduce the total number of people in the park at any given time. Spectators should arrive to the field no earlier than 15 minutes before the scheduled game time

PLL managers and coaches are to encourage but not enforce adherence to the social distancing and safety measures listed above. Parents, guardians should remain active and diligent in protecting yourself and your players. However, it is important to respect and be tolerant of others, and although we all have a personal responsibility to protect ourselves, it is not our obligation to police or discipline others. Uncooperative spectators could have their child removed from the game and his or her team could possibly forfeit the game.



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**Coach/Volunteer Guidelines**

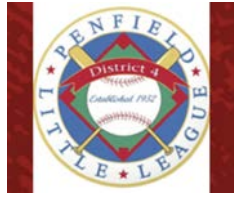
Managers and coaches will:

- Attend a training on their assigned field on these guidelines prior to the start of the season and/or in the event of a material change.
- Follow and be aware of changing recommendations issued by the NYSDOH, CDC, and LLI as communicated by PLL and its Board of Directors.
- Maintain a maximum of four (4) coaches per game, one (1) Manager, two (2) assistants, and one (1) Safety Manager, assigned to cleaning and disinfecting team equipment and dugout areas. Including but not limited to, game and practice balls, fence posts, and high touch surfaces.
- Will be issued disinfectant spray and instructed to follow the CDC cleaning guidelines and 6 steps for safe & effective disinfectant use.
- Remain within the coach's boxes, designated on the field of play and
- wear PPE when proper social distancing cannot be maintained, or at any time a manager or coach is less than six (6) feet from others.

**Player Guidelines**

Players:

- Are not required to wear PPE when on the field of play but are allowed to if they choose.
- Will not be allowed to sit in the dugout or on bleachers and will be required to remain within the designated player areas near the field of play while practice or games are in progress.
- When not on the field, players will be assigned a six (6) foot box within the designated player areas, for which he/she can store all equipment, bags, clothing and personal items, not in use. These items should remain in the player's personal lawn chair/blanket, brought to the park, as noted above. Tents should be set up during pre-game infield and outfield.
- Should remain within the player designated areas and wear PPE, when proper social distancing cannot be maintained, or at any time, outside the field of play, a player is less than six (6) feet from others.
- Avoid hands on contact with others players and coaches and the sharing of any and all personal and team equipment between players.



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**Umpire Guidelines**

Umpires:

- Will be calling balls, strikes and outs from behind the pitcher's mound and/ or within the areas designated on the field of play.
- Will be expected to wear PPE when proper social distancing cannot be maintained, or at any time an umpire is less than six (6) feet from others.
- Should refrain from handling baseballs and player equipment at all times. All pre-game equipment checks should be conducted visually.
- Game balls will be held and replaced by the safety coach when necessary. This includes after balls out of play.

**Spectator Guidelines**

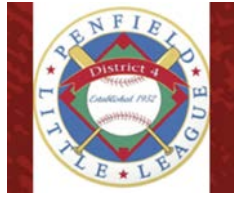
Parents, guardians and family members:

- Should limit attendance to a maximum of two (2) spectators per player, inclusive of adults and children, to any PLL event.
- Will remain within the spectator designated areas, separate and apart from the player designated areas, and wear PPE when proper social distancing cannot be maintained or at any time a spectator is less than six (6) feet from others, other than his or her own immediate family or household members.
- Will not enter into the player designated areas or onto the field of play, unless invited by a PLL representative, manager or coach.
- Are required to bring his or her own seating, shade (chairs/blankets), PPE, sanitizing and disinfecting materials. Some sanitizer stations will be available at certain fields.
- Must refrain from retrieving foul or passed balls.

Those spectators at higher risk for disease should consult with a medical professional before attending any PLL event and ensure strict adherence to all guidelines regarding PPE and social distancing.

**Restrooms**

- PLL is responsible for cleaning and disinfecting restroom facilities within our complex. PLL complex restrooms will be cleaned and disinfected once daily by designated PLL volunteers.
- Those choosing to use the available restroom facilities will use the men's and ladies' room one person at a time and will be expected to provide and use your own cleaning and disinfectant materials prior to and after use. Healthy hand hygiene practices should be used at all times.
- All restroom facilities will be available for use at your own risk.



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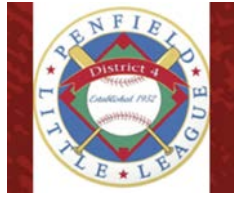
**Concessions**

- PLL concessions (Rose's Cafe) will remain closed at this time. There will be no food or beverages available at the complex for consumption or sale, provided by PLL or its affiliates.
- Concessions will be reopened at the sole discretion of PLL and its Board of Directors.

**Practice and Game Management**

To ensure that health and safety of our players, Managers, coaches and spectators:

- Arrive at the park a maximum of thirty (30) minutes prior to any scheduled practice or game and leave the park no later than fifteen minutes upon conclusion of the event.
- Dugouts, high touch surfaces, player, coach and umpire designated areas must be cleaned and disinfected prior to exiting the field by each team's Safety Manager.
- The subsequent teams entering the park will not be permitted into the dugouts, player, coach and umpire designated areas until the previous teams have exited these specific areas completely.
- A maximum of 15-minutes pre-game warmups will be allowed for each team.
- No pre-game meetings, at the plate, will be allowed with umpires, managers, coaches and players.
- Batting cages will be available by appointment only. Use of the batting cages should be scheduled with PLL prior to use.
- Coaches should exchange lineups via email or text prior to the game.
- Baseballs and softballs will be disinfected by the Safety Manager every inning and between inning
- Warm-ups must use the same ball.
- Foul and/or passed balls will be retrieved by players only. Managers, coaches, umpires and spectators should refrain from retrieving or handling any baseballs.
- There should be no physical contact or hands-on celebrations between players,
- managers, coaches and spectators (i.e. no high fives, fist bumps, shaking hands, etc.).
- All players must refrain from hanging on or cheering from fences.
- Players, managers and coaches should avoid congregating within the dugout at all times.
- Only the Safety Manager will be allowed prolonged access to the dugout, to maintain and keep all high touch surface areas thoroughly clean and disinfected using Environmental Protection Agency (EPA) approved household disinfectant or a solution of diluted household bleach.
- No new innings of play for any game shall begin after two (2) hours of play for Minors AAA, Majors 8-10 and Majors 10-12 and all softball levels. No new innings of play for any game shall begin after one hour and 45 minutes (105 minutes) of play for Minors AA. All levels (with the exception of Minors AA) have a 10-run mercy rule after 3.5 innings. Minors AA has a 10-run mercy rule after 4 innings.



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- Upon the conclusion of the game, players and coaches will line up along the first and third baselines, while maintaining a safe social distance, and display a tip of the hat in a sign of good sportsmanship.
- Coaches should refrain from all post-game team meetings in the park.

**Practice and Game Management (continued)**

- Players, managers, coaches and spectators should gather all belongings, discard all trash, and exit the field in a calm and safe manner.
- A PLL Board Member will be assigned to each game to assist in adherence to policy.

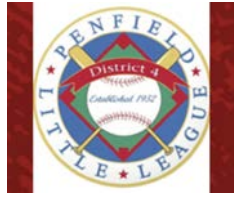
**Player Injury**

In the event of player injury:

- The Manager or coach will be the initial assessor on scene and will be required to wear a mask while examining the injured player.
- In the event the Manager or Coach is unable to attend to the player's needs, and/or determines the player to be in need of physical attention, or bleeding, the game will stop, and the injured player's parents or guardians will be invited on to the diamond to escort their son or daughter to a spectator designated area within the park.
- Once the injured player is safely removed from the field of play, the game will resume.

**Communication**

- As previously mentioned this plan is subject to change, as our community evolves through the stages of reopening outlined by the Governor's office and the NYS Department of Health. Managers, coaches, players and families are encouraged to visit PLL Baseball for the most current information and/or changes.
- This document shall serve as the primary communication tool for any game play; any changes to this 2020 Return to Play Safely Plan will be updated and published within subsequent versions of this document.
- COVID signage will be available at the park as a reminder to all the obligations we have in keeping each other health and safe.

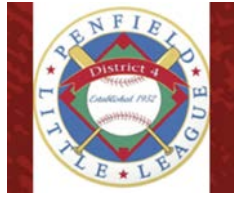


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**Our PLL COVID-19 Return to Play Safely team (main points of contact):**

- Return to Play Safely Policy documentation and updates to written plan:
- Liaison with and monitoring of NYSDOH and Monroe County DOH guidelines: **Leo Fusilli** (prec2144@aol.com), PLL Board Member and Safety Director
- Internal and external communication and updates: **Mike Baxter** (mbaxter@rochester.rr.com), PLL Board President (internal and external email communications) and **Dan Staversky** (dstavers0261@gmail.com), PLL Board Member and Website and Social Media Manager and Volunteer Coordinator (social media, website)
- Volunteer scheduling and coordination, including team Safety Managers: **Dan Staversky** and **all team managers**
- Implementation of policy: **Andrew Struzik** (andrewstruzik22@gmail.com), PLL Board Member and Player Agent and Player Coach Development
- Manager, coach, and volunteer training on new policies and material updates: **Andrew Struzik**





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**Appendix A**

Parent, Guardian, Player attestation and waiver:

I, \_\_\_\_\_ Parent/Guardian to, \_\_\_\_\_ hereby acknowledge, agree, understand and attest that participation in any PLL event involves risk of injury or illness to my person and property, as well as to that of a minor, for who I have guardianship and have requested participation in a PLL event. By engaging in, and/or permitting the participation of such minor, I assume full responsibility for such risks. Therefore, on behalf of myself, my heirs (including minors whom I have requested I have requested participation in a PLL event, personal representative or assigns, I do hereby release, waive, hold harmless, and covenant not to sue the Penfield Little League from any liability and all claims arising from my (or minor for whom I am guardian) participation in a PLL event. The Waiver of all claims included, but is not limited to, personal injury (including death) from accidents or illness, as well as any and all claims resulting from damage to, loss of, or theft of property. I understand that I am releasing the PLL from all liability, to me, my heirs, minor children for whom I am responsible and our assigns, for any loss or damage to me or the child and forever give up any claims therefore on account of injury to person or property whether caused by the active or passive negligence of the Penfield Little League.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date