



Rachael Chavez Bio

Rachael Chavez- Staff Coach - Chicago Rush North

Rachael Chavez has over 16 years of experience in coaching youth soccer. Rachael is the Director of Coaching for HP Elite SC which is an affiliate of Rush North. Rachael is an Illinois Olympic Development Program coach and a Coaching Education Instructor for the Illinois Youth Soccer Association. Rachael is an assistant coach for the Stevenson High School Girls Varsity program. Rachael has experience coaching at the college level, where she served as the women's assistant coach at Bethel University in St. Paul, MN (2003-2010). Rachael has developed several players who have moved on to play soccer at the college level. Rachael strives to be a 'Diligent Worker' on and off the field. Rachael's enthusiasm for the game brings out the best in players of all ages and skill levels. Rachael holds her USSF B License and USSF Youth National License.

Rachael is from Plymouth, Minnesota and started her soccer career at the age of 5. Her love for the game continued on being a 4 year Varsity starter for Wayzata High School, competing for the State Championship each year. Rachael continued her career at University of Minnesota as a Golden Gopher. During her time at the U of MN, she was Captain, MVP, and earned All-Big Ten athletic and academic honors graduating with a B.S. in Sports Management with a Minor in Coaching. In 2009, Rachael played for the Minnesota Lightning, USL W-League 2nd division (semi-pro).



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