



Idaho Rush Spring Exchange Rules

GENERAL

Game rules for the Idaho Rush Spring Soccer Exchange are compliant with FIFA Laws of the game using US Youth Soccer modifications with the following exceptions:

1. Substitutions
 - An unrestricted number of substitutes is allowed throughout the length of any match.
 - Substitutions are allowed with any stoppage in play.
2. Length of game:
 - U10-U12 = two 30-min. halves.
 - U13-U14 = two 35-min. halves.
 - U15-U18 = two 40-min. halves.
3. Check-in procedures:
 - Check in at least 45 minutes prior to your first game at the HQ tent at Optimist Youth Sports Complex.
 - Teams must provide player cards and team rosters at check-in.
 - **PLAYER CARDS NEED TO BE SHOWN BEFORE EVERY MATCH.**
4. Misconduct
 - All yellow and red cards must be reported by referees on the game scorecard provided. In the event of red cards, a USSF formal report must be completed by the referee.
 - A player or coach that is ejected from a match shall not participate in the next scheduled match subject to review of the tournament director.
 - A player or coach that is ejected for violent conduct or fighting shall not participate in any further tournament games subject to review of the tournament director.

MISCELLANEOUS

- The Optimist Youth Sports Complex is a "NO DOG" park, as determined by the Boise Parks and Recreation Department. That includes dogs on leashes.
- The Home team on the schedule should wear white uniforms. In the event of a uniform conflict, the Home team will have to change. The Home team also supplies the game ball.
- Athletic trainers are available at the Optimist Youth Sports Complex.