



### Beginner Lacrosse

- 1<sup>st</sup> and 2<sup>nd</sup> grade co-ed beginner league.
- Sessions will take place on Sundays.
- Beginning skills taught in a fun, stations-based format.
- \$60 per player.
- Equipment needed: mouthguard, goggles and stick (stick will be provided if a player doesn't have one).