

The below excerpt has been taken from the MNJYSA League Handbook (Revised - January 25, 2018 v002; 20.0 Appendix - Playing Rules (U7-U12)) with regard to teams playing 7v7. The below-mentioned rule, Build Out Line, will be in effect from the Spring 2018 season.

20.1 Teams Playing 7v7 - Build Out Line

All teams playing 7v7 games will employ a Build Out Line (BOL). The purpose of the BOL is to improve playing of the ball out of the back in a less pressured setting. It also denotes where offside offenses can be called.

20.1.1 BOL Field Markings

The two BOL's are equidistant from the penalty area line and the halfway line. They are parallel to the goal line. The markings can be painted on the field or marked with sideline cones, on-field flat cones, sideline flags or any other reasonable and safe method.

20.1.2 BOL Offsides

The BOL will be used to denote where offside offenses will be penalized instead of the halfway line. Players are not offside if they are between the BOL and the halfway line, but are in an offside position if they are between the BOL and the end line of their opponent's end of the field.

20.1.3 BOL Modified Rules

5B320.1.3.1 Goal Keeper Possession

If the goal keeper has the possession of the ball in their hands, please adhere to the following:

- The opposing players must retreat behind the closest BOL before the goal keeper is compelled to place the ball into play.
- The goal keeper has six (6) seconds to release the ball. The count starts when the opponents have retreated behind the BOL.
- The goal keeper may choose to put the ball in play prior to a full retreat of the opposing players to the BOL.

- Opposing players may pressure the ball once the goal keeper has put the ball into play, whether or not they retreated behind the BOL.
- Goal keepers must throw, roll or play with their feet to put the ball into play.
- Goal keepers cannot punt or drop kick the ball. If a punt or drop kick occurs, the restart is an indirect free kick at the point of the infraction. If a punt or drop kick occurs inside the goal area the indirect free kick is taken at the goal area line parallel with the goal line at the point where the infringement occurred.

5B320.1.3.2 Goal Kicks and Defending Free Kicks behind the BOL

Once a goal kick **OR** a free kick (direct or indirect) has been awarded to a defending team and the spot of the kick is between the defending team's goal line and the BOL:

- The kicking team may choose to put the ball in play prior to a full retreat of the opposing players to the BOL;
- Before the kicking team is compelled to place the ball into play, the opposing players must retreat the greater of; a) behind the BOL or b) eight (8) yards;
- If an opponent pressures the ball before the ball is put into play, the free kick or goal kick is retaken;