



2017 Jr. Eagles Flag Football



Flag Division



- This a YOUTH league
 - Primary objective is to learn the game of football, learn how to be part of a team, learn to have pride for self, have fun, and yes....hopefully learn a little about winning (and a little about losing).
- The kids will need all the praise you can give them
 - Keep it positive, sit back, and watch them surprise you with their talents and growth this season.
- Respect all the teams, coaches, parents and officials
 - It takes all of us to provide a positive environment and a good example, please do your part (for all the kids and teams).



Flag - Practices



- **Start - Saturday, Aug 5**
 - Shorts, Tee Shirt, Cleats
 - Sunset Park in LITH
 - No Sat practices after games start
 - Get Team specifics from your coach
- **5/6 Division**
 - ~1 night per week and Sat AM until games start
- **7/8**
 - ~2 nights per week and Sat AM until games start



Flag Practices



- Cancellations/changes –mostly via email or phone
- Practices run about 1.5 -2 hours long
- We play games and practice in ALL weather except lightning or the most severe.
- Always remember
 - Plenty of Water or Gatorade
 - Bug Spray
 - Appropriate clothes for weather (coats, hats, gloves)



Flag - Practices



- Expect the kids to be at practice and on **time** (that means about 10 mins prior to start)
- Let your Coach know of any medical issues that he should know about
- Let Head Coach know if player cannot make practice and why ASAP
- May affect playing time in games if missing practice
- Teams may have additional practices as requested by your Coach



Flag Equipment



- **Team Jerseys** -Must be tucked in
- **Flags** -NFL style. May not be altered in any manner. Learn about flag guarding early!
- **Shorts, sweat pants, baseball/football pants**
- **Cleats** –Not required, but will be BIG help
- **Football** -not required to buy or bring one, but if you want the same size as we will use get the pee wee size Wilson K2 or the Nike Vapor Threat.



Flag Teams



- Multiple Teams for each Division
 - 5/6: Most likely 4 teams (~8-10 kids per team)
 - 7/8: Most likely 6 teams (~8-10 kids per team)
- Divided up by age to spread older and younger players on each team
- NFL Teams...BUT we are all

JR EAGLES!!!



Flag Grievances



- Go to Your Head Coach
- Go to Division Director -John Miner
- Contact the Board
- Common problems?
 - Player not getting enough playing time
 - Perception of Coach being hard on player
 - Coach not calling right plays
 - Too competitive...Not competitive enough
 - Other parents, other teams, other coaches.



Flag Games



- **Rules**

- Flag is DIFFERENT...check them out on Jr Eagle website
- We play five on five
- Game scores and records are kept for playoffs
- The two Officials have full authority of the games
 - They will make bad calls....understand that now, and help teach your player how to respect officials no matter the call.

- **Home Field**

- Sunset Park in LITH: First field closest to parking lot

- **Game Schedule** (out around 2nd week of August)

- Saturdays starting Aug 22th (no game on 8/29)
- 1st game starts at 8 or 9am, last game starts at 1 or 2pm
- Teams will rotate though all times
- Play two 20 min periods with a continuous clock (1hr total time)



Game Playing Time



- **Playing Time**
 - The goal is for each player to play at least $\frac{1}{2}$ the game
 - Players will rotate positions, allowing everyone to play all positions
 - While both 5/6 and 7/8 are instructional, 7/8 will be more competitive due to older players. 7/8 may not rotate positions as mechanically or evenly as 5/6 should.
- **What can affect Playing Time and Position?**
 - Skill and maturity of the player
 - Missing practices
 - Disciplinary issues
 - Flow and situation of the game



Season



- Pictures – TBD
- Flag Opening Day Games – August 26
- 9 regular season games
- Homecoming Game (Parent Appreciation)
- Playoffs (7/8) & Bowl (5/6) Games
 - All teams will play in at least one playoff or bowl game
- Super Bowl Championship (7/8)
 - Weekend of November 14th



Wrap up



Any Questions?



Thank you!!



**Let us know if you
should have any
questions or
concerns at any time.**