



2016 Jr. Eagles New Parent Orientation



New Parent
Orientation



Tackle Football



Safety



- **USA Football Heads Up Program**
 - Player Safety Coach
 - Change practices and technique
 - All tackle coaches Certified
- **IMPACT Baseline Testing**
 - All 10 & 11 years olds and those 12 and older who were not tested in 2015
- **Investment into equipment**
 - All new pants in 2014
 - New Riddell Helmets in 2013
 - \$1,000s spent on pads in 2012



Safety



- Trainers
 - Certified Trainers at all games
- Training for Coaches
 - Concussion Prevention
 - USA Football Training
 - Organizational Expectations
 - TCYFL Concussion Protocol



Season



- Scrimmage Weekends – August 13 & 20
- Opening Weekend – August 27 & 28
- 9 game regular season
- Playoffs
 - Top 4 teams for each Division in the Conference
 - 3 Rounds
- Super Bowl
 - Weekend of November 12 & 13



Divisions



- **Flag – 5&6 and 7&8 year old Divisions**
- **Tackle**
 - **Bantam – 6,7,8 year olds**
 - **Featherweight – 9&10 year olds**
 - **Middleweight – 11&12 year olds**
 - **Lightweight – 13&14 year olds**
 - **Heavyweight – 13&14 year olds**

**Each group gets .5 lbs weight allowance each week
starting week 2**



Divisions



Division	Age of Player								
	6	7	8	9	10	11	12	13	14
Bantam	105	100	95	65					
Featherweight			115	110	105	75			
Middleweight					125	120	115	85	
Lightweight						130	125	120	100
Varsity									

Maximum weight by age per Division

Kids in main age group by Division can be "striped" if they are up to 10 lbs over, but must play on the line. Kids UNDER the main age group can be any amount over the weight limit if they play on Saturdays.

For Varsity, players must be under 185 lbs to be off of the line



Weight Exceptions



- **Older/Lighter**
 - One year above maximum age
 - 30 lbs under the Division limit
- **Younger/Heavier**
 - Regular Younger/Heavier is up to 10 lbs more than limit
 - Single Striper is 10-20 lbs more than limit
 - Double Striper is 20+lbs more than the limit
 - Non Stripers CAN be on Big Ten
- **Stripers**
 - Stripers must be on the line
 - Stripers are 10 lbs over main weight limits to play on Sunday or unlimited over if Younger/Heavier.
 - Double Stripers need an exception form completed and only 1 on the field at a time



Equipment Handout



**Sunday, July 17 at Jacobs HS in the Parking Lot on
South Side of Building**

What to bring?

- **Your Player to try on all of the equipment**
- **Any unpaid registration fees**
- **Bag for all of the equipment**
- **\$200 Equipment Deposit Check post dated to
10/1/16**



Equipment Handout



**Sunday, July 17 at Jacobs HS in the Parking Lot on
South Side of Building**

Schedule

9:00 – 10:00	Varsity & Lightweights
10:00 – 10:30	Bantam
10:30 – 11:30	Featherweights
11:30 – 12:00	Middleweights



Tackle - Practices



- Equipment Pick Up – July 17, Jacobs HS
- Try outs – Week of July 18 (Monday – Thursday)
 - Shorts, Tee Shirt, Cleats (maybe helmet & mouthpiece depending on Division)
- Conditioning – Week of July 25
 - Shorts, Tee Shirt, Cleats, Helmet, Mouthpiece, Shoulder Pads
- Pads – Week of August 1
 - All Pads
- 5 nights a week until school starts
- 3 nights after school starts



Tackle - Practices



- **Bantam** – Westfield Community School, field on south side of building
- **Featherweight & Middleweight** – Lincoln Prairie Elementary School
- **Lightweights & Varsity** – Jacobs HS



Tackle - Practices



- Expect the kids to be at practice
- Let Head Coach know if player cannot make practice and why ASAP
- Homework NOT an excuse
- May affect playing time in games if missing practice
- Sunday teams may have additional practices or film sessions



Tackle - Teams



- Multiple Teams for each Division
- Competitive (Big 10)
 - Play on Sundays
 - Best 18 kids in the Division
- Developmental (Pac 10)
 - Generally play on Saturdays
 - Draft balance of kids on to evenly dispersed teams
 - Every player has a starting position and plays at least half of the game



Tackle - Games



- Home Field
 - Sunday is generally at Jacobs HS
 - Saturday is at Sunset Park
- Schedule
 - TCYFL sets them up – www.tcyfl.net
 - Sunday done prior to the season
 - Saturday done a bit slower
 - Sign up for TCYFL Alerts



Game Playing Time



- **Playing Time**
 - Saturdays everyone plays at least $\frac{1}{2}$ the game
 - Sundays everyone has a starting position, time will vary
- **What can affect Playing Time?**
 - Skill and maturity of the player
 - Missing practices
 - Disciplinary issues
 - From coaches
 - From parents



Game Day



- Be at the field 1 ½ hours before the game for warm up
- Weigh in at halftime of game prior
- **Volunteers Needed for Home Games**
 - Field Marshall – Be there for game prior
 - Concessions – Be there for game prior
 - Spirit Wear – Be there for game prior
 - Scoreboard – During your game
 - Chain Gang (3) – During your game



Wrap up



Any Questions?



Thank you!!



**Let us know if you
should have any
questions or
concerns at any time**