



2nd Grade - Recreational Soccer

At this age OYAA wishes to encourage, reinforce and promote player's success in using their technical/foot skills in practice and games. Coaches help refine the kids' ability to dribble, pass and shoot the ball using all surfaces of the foot through repetitions.

The concepts of referees, player roles (attacking, defending, and transition), throw-ins, goal kicks, indirect/direct kicks and offside are introduced. Ask lots of questions and talk with players about roles... "When your teammates have the ball you should..." and "when the other team has the ball, you should..."

Throw-ins: The objective is to get the ball back in play. At this age, bad throw-ins will occur. The referee will allow a player one (1) "do-over" after an incorrect throw-in. If the second attempt is not correct, the game will play-on from the second throw. Coaches can help teach players the proper technique in training.

Offside: No off-sides; BUT obvious cherry picking violations will (1) receive a warning from the referee to the coach; (2) repeated infractions result in a indirect free kick for the opposing team.

Heading: Heading the ball is prohibited. Heading the ball intentionally is considered dangerous play and results in an indirect free kick for the opposing team.

Punting: Punting the soccer ball is not permitted. If a goalkeeper punts the ball it is considered a dangerous play; the referee shall award an indirect free kick at the top of the goal box for the opposing team.

Playing within the laws of the game is a focus, and the priority is to encourage individual players to take risk, embrace & praise success and failure equally as both experiences contribute to learning the game of soccer.

Players should have the opportunity to play all positions. No one player should play goalkeeper for more than half a game. Scores will not be kept or posted.

Coaching Goals

Coaches....talk with the players in a positive, caring and supporting manner. Make soccer Fun! Teach them to play in small groups, encourage good sportsmanship and caring for teammates and opponents. Yelling at a player/team/referee/opposing team will not tolerated is subject to game suspension. By the end of the season players should say "I know how to...":

- Perform a kick-off ; kick-off or Indirect free kick should be passed to another player
- Dribble the ball with my feet; use of hands (except goalkeeper in penalty area) is forbidden
- Take Throw-in when ball crosses of sideline; Take a goal kick/corner when ball passes over end-line
- Change speed and Direction in 1v1 moves...get behind the defender
- Be aware of their surroundings (i.e. teammates). Can I dribble? Should I pass? Play Defense!!!
- Pass ball to teammate on a kick-off or indirect free kick
- That the ball must clear the penalty box before it can be played on a goal kick.



2nd Grade -- The Basics

The Roster

- **Grade Level Divisions:** see OYAA website for Age Group Chart **Roster Size:** 9-10 players

Player Equipment Recommendations

- **Soccer Ball size:** 3 Parents should invest in a soccer ball the child brings to soccer practice/games
- **Shin guards** are required.
- **Soccer shoes** are optional but recommended
- **Jewelry and Watches....** Players are not permitted to wear jewelry/ watches on the field.

The Field

- **Game Format:** 5v5 (each team has 4 field players + 1 goalkeeper)
- **Goal Size:** pending
- **Field Set-up/ Dimensions:** 1 field (30 yards wide, 40 yards long)
- **Field Markings:** side-line, end-line, mid-field line, center circle and penalty area
- **Build Out Line:** when the goalkeeper has possession of the ball (goal kick/punt) the defending team must **automatically** move behind the mid-field line; the defending team may advance over the build out line when an attacking player touches the ball with his/her feet.

The Game

- **Each team places 5** players on each field. 4 field players and 1 goalkeeper
- **Player Rotations/Substitutions:** Recommend that substitutions take place at either 6 minute mark or at quarters ...UNLESS.... there is an injury, the team has extra player, or the score is lopsided. No
- **Pre-Game of Game:** a short 10-15 practice immediately before all games. Games start at the time posted on your team's schedule.
- **Game Length:** 12 minute quarters; 2 minute breaks between quarters. Halftime = 4 minutes.
- **Change Direction:** players change sides at halftime
- **The Clock:** only stops for serious injury
- **Coaches:** are not permitted on the field at any during the game UNLESS called on by the official

Substitutions

- Substitutions are allowed at any stoppage, quarters, halftime, kick-off or injury. Substitutions are made at mid-field when the referee signals. On-the-fly substitutions (ie hockey) are not permitted.

Referees: Referees are assigned to each game by OYAA. They manage the game clock.

Playing Time: Every attempt must be made to play each child a minimum of 2 quarters per game

Practices: One practice per week expected; more are allowed if able. Practices should last 60 to 75 minutes. Players should do their best to attend 1 practice per week.

Goal Kick Restart

- Goal kicks may be taken anywhere inside the penalty area
- Defending team should line-up at bottom of center circle and then move when kick is taken.



Rules for 2nd Grade Game play

- (1) Referees and coaches can help explain each call to the offending player(s) during the game.
- (2) While offside will not be called; it will be discouraged. Offensive players are not allowed to station themselves in front of the goal. A coach shall not direct a player to play in an offside position. No "cherry picking." Repeated violation will result in an indirect kick of opposing team.
- (3) Players may not handle the ball intentionally. Unintentional or protective hand ball is permitted.
- (4) Defensive players must be at least 8 yards from the ball on any indirect free kick
- (5) Proper Throw-ins are allowed. Referees may demonstrate to help the players execute properly. The referee should allow play to continue after the second throw even if it's incorrect.
- (6) There will be a Goalie; must wear unique color. Can only handle ball inside the penalty area. A ball purposely kicked back to the goalkeeper by his teammate may not be played by the keeper with the hands. If the goalkeeper picks up the ball, the call is an indirect free kick for opposing team; kick is taken from the top of the penalty area.
- (7) There are Direct and Indirect Free kicks: Direct Free kicks can go directly into the goal for a score. Indirect free kick should be touched/played by a second player (offensive or defensive) prior to a second touch by the kicker or a goal being scored.
- (8) All infractions for hand balls, tripping, kicking, pushing, holding will result in the stoppage of play and explanation of the offense. Play resumes with a Direct free kick at the point of the infraction.
- (9) All infractions for dangerous play and poor sportsmanship will result in the stoppage of play and an explanation of the offense. Cherry Picking, high kicks, playing the ball while the player is on the ground, slide tackles and violently charging are dangerous play. Play resumes with an indirect free kick at the point of infraction.
- (10) A drop ball will be used at the point of infraction whenever a call is uncertain of for dual penalties. If close to the goal, move back 8 yards from goal-line
- (11) After an injury, play resumes with a drop ball.
- (12) Unsportsmanlike conduct, offensive language or gestures result in a warning. A second offense results in the player's removal from the game. The ball is put back in play with a drop ball where the play stopped. Repeated offenses (multiple times per game or multiple games should be reported to the OYAA Director of Soccer).
- (13) If a ball crosses the sideline, play resumes with a Throw-in at the point where the ball crossed the line and left the field of play.
- (14) If a ball crosses the End-line in its entirety, it is put back in play with a kick by the opposing team. The kick shall be taken from the corner if it was last played by the defending team and from a spot 6 feet in front of the goal if last played by the attacking team.
- (15) All free kicks (i.e. goal kick) must leave the penalty area.
- (16) The spectators must sit on opposite side of the field across from the players/coaches