

**Recreational Basketball – 2018 Session 1**  
**Merged League Rules:**

**In order to maximize fun and competition, we merged some age groups and divisions. Which Rules to Follow?**

After some thought and discussion, we have put in place the following rule changes for these mixed divisions.

- **1/2 girls:** No change - ball size (27.5), hoop height (8 feet), and rules are the same for both.
- **4/5 girls:** No change - ball size (28.5) , hoop height (10 feet), and rules are the same for both.
- **6/7/8 girls:** Minor change - ball size (28.5) and hoop height (10 feet) are the same. Rules are the same, except for the defense rule which we will defer to the 7/8 rule that full court pressure is allowed stipulated below.
  - *Defense and Double Teaming: For girls grades 7th through 12th, full court pressure is allowed unless the defensive team has scoring lead of more than 10 points. In this case, no back court pressure is allowed. Man to man or zone defenses can be used with no restriction.*
- **2/3 boys ---- This is a slight adjustment from what may have been previously published!!!** Youth size ball (27.5) & 9 foot rims. Will follow 3rd grade rim height and rules/schedule (so we will have competition weeks), EXCEPT for the ball size, which will be set at the 2nd grade (youth-27.5) level.
- **5/6 boys:** Intermediate sized ball (28.5) & 10 foot rims. We will follow all 6th grade boys rules, EXCEPT for the ball size, which will be set at the 5th grade (intermediate-28.5) level.
- **7/8 boys:** No change - ball size (29.5), hoop height (10 feet), and rules are the same for both.

Two quick DIRECTOR clarifications/additions:

- **Standard Operating Procedure:** The aforementioned rules above (ball size, hoop height, and rules) are the DEFAULT rules. All games are should use those.....
- **Unless.....Coaches discretion.** I do not have a problem with coaches working together for sensible solutions on rules, rim height, and ball size when they are *reasonably agreed upon and communicated to the referees before the game*. For example, if two boys teams playing in a week are both 2nd grade teams, and they want to play at 8 foot rims, rock on. Similarly, if two boys teams are both 6th grade teams and they want to use an adult sized ball (29.5)...rock on. I know this is going to come back and bite me, as for some reason, things that are more cut and dry in this league seem to work a little better (HA!!!), but in these cases let's just hope reasonable coaches can agree to make some lemonade out of some lemons. These adjustments will only occur if agreed to by both coaches and referees before the game starts. If one coach doesn't want to do this, then the rules, ball size, and hoop height will defer to the default settings above.