

**The policy for NCYSA regarding heading will be as follows.**

**NO HEADING is allowed in any small sided match (12U and younger).**

**In matches for 13U and older, the roster/team could include 12U and younger players. A 12U player on the 13U roster/team, may head the ball. For the player 11U or younger playing on a 13U team or older, if heading occurs by a player 11U and younger, the referee will not stop play and issue an indirect free kick. It would be very difficult for a referee to be able during the run of play to determine if a player that heads the ball is 11U or younger or 12U and older. As stated by the Federation, it will be the coach and parent's responsibility to "police" a child 11U and younger on heading in a 13U and older match.**

***THIS INFORMATION CAN ALSO BE FOUND ON THE WEBSITE:***

<http://assets.ngin.com/attachments/document/0103/9590/headingPolicy-8-29-2016.pdf>