



FCX Goalkeeper Camp 2018 (July 5th-8th 2018)

Camp Dates & Cost

Date: July 5th-8th 2018 **Price:** \$450.00

Location: South Barrington Community Park 8 Bridges Dr. South Barrington, IL 60010.

Registration opens December 15th

Register on www.fcxsoccer.net under your camps.

Why FCX SUMMER Goalkeeper Camp?

FCX has partnered with Goalkeeper Coach, Scott Bowers to run a goalkeeper camp. This opportunity is rare for youth soccer clubs across the United States. The camp will include technical skills, tactical knowledge and nutrition. Coach Bowers has worked in many different national/international, and college roles as a goalkeeper coach. His expertise has allowed him to work with players at the highest levels. FCX Goalkeeper Camp gives athletes a more one on one basis with coaches, for the players who are looking to reach the next level in their career. Any Goalkeeper who wants to know what it takes to achieve their desired level, and understand the standards set to be an elite goalkeeper should attend FCX Summer Goalkeeper Camp





Camp Training Details

The FCX Summer Goalkeeper Camp is open to goalkeepers of all ages/genders from 11-19 to participate; the sessions will include: intense workouts, basic technical training, advanced technical training, tactical situations, and ideas on how to keep the goalkeeper ahead of the rest of the competition. Each day there will be a one-hour classroom session that will cover: Tactical Situations, College Recruiting, and Nutrition.

Schedule

Thursday	Friday	Saturday	Sunday
9:00-11:00 AM Warm Up Topic: Technical Training	9:00-11:00 AM Warm up Topic: Technical Training	9:00-11:00 AM Warm up Topic: Technical Training	9:00-11:00 AM Warm up Topic: Technical Training
11:00-12:00 PM Lunch (SB Pavilion)	11:00-12:00 PM Lunch (SB Pavilion)	11:00-12:00 PM Lunch (SB Pavilion)	11:00-12:00 PM Lunch (SB Pavilion)
12:00-2:00 PM Topic: Tactical Training	12:00-2:00 PM Topic: Tactical Training	12:00-2:00 PM Topic: Tactical Training	12:00-2:00 PM Evaluations Goalkeeper Games
2:00-3:00 PM Lecture	2:00-3:00 PM Lecture	2:00-3:00 PM Lecture	2:00-3:00 PM Lecture

Coach Bowers Resume:

Education/Accreditation

- USSF "A" License
- USSF National Goalkeeping License
- NSCAA Goalkeeper License Level I - II
- Masters in Athletic Coaching Education from West Virginia University
- US Navy Veteran

Experience

- West Virginia University Goalkeeper Coach
- USSF Goalkeeping National Staff
- Region Three Girls ODP
- Staff Super Y-League Goalkeeper (boys and girls)
- Coached at the University of Tampa where the men's program went undefeated and won the NCAA National Championship
- Coached the IMG Academy soccer program teams win the Dallas Cup, the Sun Bowl, and reach the Final Four in the PDL

***Lunch to be brought by participant and will be at the South Barrington Park Pavilion. If you choose to go off campus you must provide your own ride.

***Things to bring: Water, Ball, Goalkeeper Gloves, Shin Guards, Soccer Cleats/Shoes, Sunscreen



Special thank you to our sponsors listed above. If you are interested in sponsoring the FCX Summer Goalkeeper Camp, please contact Ryan Frisbie at ryanfrisbie@fcxsoccer.net