



EDEN PRAIRIE SOCCER CLUB

PASSION • RESPECT • EXCELLENCE

2009-2011(11-19U) EPSC Winter 1 Soccer Programming (Nov-Dec) GKA (GoalKeeper Academy)

POGA will be doing our GoalKeeper training!
POGA is led by founder, Paul O'Connor!

All sessions will be at the EPHS Dome.

GKA with POGA 2X Per Week-Attend when you can, when you want! 11 Sessions

As a former professional and semi-professional Goalkeeper and a Goalkeeper Coach, Paul has witnessed first-hand the impact that quality training plays on a goalkeeper and ultimately their decision to play or quit. Fueled by Paul's love of the sport and understanding that producing successful goalkeepers requires multifaceted training techniques, Paul took action and formed the Paul O'Connor Goalkeeper Academy (POGA). POGA is a place where all goalkeepers, regardless of age, competitive level, or gender, can receive the very specialized training and support they need to succeed.

Curriculum built and led by POGA

Cost \$95 per player

***Refer a Friend Program-**If a non-EPSC friend emails EPSC to sign up for Winter 1 SKILLS, your player AND the new Player will receive a discount code to enter and only pay **\$55! Each**. Discount code expires on October 22nd.

- 1-Tell a friend, share our Info@EPSoccerClub.com email contact
- 2-Friend emails Info@EPSoccerClub.com and gives your name as the friend
- 3-You both receive a **discount code** to use for **\$40 fee deduction** and pay only **\$55 each**
- 4-Now go ahead and register with the code!

*Friend needs to be a non-EPSC member, player, cannot be currently enrolled.

"The goalkeeper always starts again at nil, even when you're 2-0 down. It always starts again at scratch. It's a completely mental thing, and I keep reminding myself of it during matches." Manuel Neuer, Germany and Bayern

Schedule

2x Per Week

Monday 11/11, 11/18, 11/25, 12/2, 12/9, 12/16 (6:10-7:25pm for 11-13U players) (7.30-8.50pm for 14-19U players)
Saturdays- 11/9, 11/16, 11/23, 12/7, 12/14 (2:30-3:45pm 11-13U players) (3.45-5pm for 14-19U players))

Deadline to register is November 1st.

[Click Here](#) to Register