



You or someone on your staff/team has a confirmed case of COVID-19.

You or a member of your staff/team has tested positive for COVID-19. What now?

Finding out that you or a member of your staff/team has tested positive for COVID-19 can be a cause for concern on many levels. While your first concern will always be for the individual affected, as a club, you also have to be concerned about the rest of the staff/team and any one that might have had contact with the individual with the positive diagnosis.

These steps will help guide you through what you should do if someone tests positive for COVID-19 to help reduce the likelihood of additional transmissions.

1. Once the diagnosis is confirmed, the individual should follow all medical recommendations, including quarantine for 14 days to monitor symptoms.
2. Seek medical treatment immediately if symptoms worsen.
3. Determine what other staff /participants may have had close contact with the COVID-19 positive individual, if they were in the facility or at the field at the same time as the positive individual. Notify those individuals of the diagnosis and ask the following questions of each person:

- When were they last in contact with the individual diagnosed with COVID-19? Get as detailed an answer as possible.

Some other questions to ask include:

- What was the date of the last contact?
- How long was the contact?
- What was the approximate distance of the contact?
- Are they experiencing symptoms? It's a good idea to instruct them to notify you immediately if they experience any change in symptoms.

4. Conduct a risk assessment for anyone who was exposed to the individual with a confirmed case of COVID-19 so they can take steps, such as quarantining, seeking testing, and implementing any appropriate work restrictions as suggested by the CDC or the local public health authority, to determine self-quarantine/work restrictions.

5. Clean and disinfect environmental surfaces in the facility according to the guidance outlined by the CDC

6. Contact teams or anyone else who may have had contact with the COVID-19 positive individual.

Recommend that they contact their primary care physician for next step advice.

7. Follow the recommendations of the CDC, the local public health authority as well as the state and local government for any additional steps.

These guidelines are intended to provide helpful information staff and members. They are in no way a substitute for actual professional advice based upon your unique facts and circumstances. This content is not intended or offered, nor should it be taken, as legal or other professional advice. You should always consult with your own professional advisors (e.g. attorney, accountant, insurance carrier).