

U9 Guidelines

This level of play introduces a Referee, and a Sweeping Middle Fullback into the game. Quarter times are extended to (12) twelve minutes. FIFA Laws are in effect. Practices should incorporate this new position while continuing to build individual and team skills. Increased focus should be placed on player conditioning as field size and game times continue to increase.

- Sweeping Middle Fullback
 - Played as the middle fullback but has the same run of the field as a forward.

Coaches are no longer permitted on the field to assist players during game play.

Players are to be rotated into different positions throughout the game.

Games

- Games will consist of (4) four (12) minute quarters with a short water break at the end of each quarter.
- Heading of the ball is not permitted in the U9 Division.
- Only (7) seven players per team may be on the field at the same time.
 - (3) Three forwards
 - (2) Two fullbacks
 - (1) One sweeping middle fullback
 - (1) One goalie
- Off Sides
 - Introduced at an instructional level
 - Players may not position themselves in front of the goalie to wait for a pass.
 - Players must remain as even as possible with the opposing teams fullbacks until they gain possession of the ball or a teammate plays the ball through.
- Goal Kick
 - Goalies may place the ball anywhere on the goal box line.