



PROGRAM SPECIFIC GUIDELINES FOR Great Valley Crew

GVCO Guidelines for COVID-19 Safety

GVCO prioritizes the health and safety of our community. We are following guidance for recreational and youth sports from the CDC, state and local governments, as well as our school district, in modifying policies and protocols to facilitate a healthy and comfortable experience for participants and staff to mitigate the risk of spreading the virus. Individual programs have specific policies related to their programs posted on websites and included in program information. As always, we rely on everyone's cooperation in keeping the whole community safe and need your help in assessing your or your child's risks and staying home when appropriate.

GVCO believes in the value of recreation and exercise in promoting individual health and the benefits of our programs in strengthening our community.

Great Valley Crew Guidelines for COVID-19

GV Crew Program COVID Point Person: Keith Walsh (cell) 610-716-7332
or kewalsh33@aol.com.

If you have any questions or issues please reach out to the GV Crew Program COVID point person.

STANDARD:

Following US Rowing guidelines, CV Crew will only conduct activities while Chester County's infection rate is below the suggested 7.14 new cases per 100,000 population per day. Note: If the GV Crew program is asked to terminate training for the a period of time by either Great Valley School District or Upper Merion Area School District, we will comply.

SCREENING:

- In trying to create a safe and healthy environment for all those involved with GV Crew, we will be asking everyone to be very conscientious and diligent at helping to reduce the spread of the coronavirus. To that end we will be asking all participants to provide a brief screening





questionnaire to GV Crew prior to each time they attend practice. The screening documentation will be available through our www.gvco.org website through a simple Google form, [GVCO Screening Questionnaire](#). GV Crew will require that the form must be fully completed prior to each practice in order for your child to participate. GV Crew understands that this will create a slight inconvenience through the course of the training season; however, a constant, conscientious effort by all involved will allow the program to effectively attain the safest, healthy environment possible.

PARTICIPANTS:

- Mask must be worn at all times, both in the boat and out.
- Boats will be assigned at the beginning of each week. Rowers will stay in that boat for the entire week.
- Rowers will be assigned individual oars for the season. Always use only your oar.
- Each rower will bring their own oar to and from the water.
- Boats will be transported to and from the water only by the rowers for that boat.
- Boats and oars will be cleaned and disinfected after each use.
- Participants must arrive dressed to row. There will be no changing facilities available on site.

COACHES:

- One coach per launch.
- Must wear a mask when on shore. Coaches may remove their mask once in the launch on the water.
- Coaches will assist launch and recovery of boats.

GVCO STAFF:

- GVCO Staff will only go past the parking lot into the boathouse area to assist with supplies and disinfecting procedures. Only coaches and active participants should be in the boathouse area after practice begins.
- GVCO Staff will maintain the list of completed screening questionnaires and eligible participants per practice.
- GVCO Staff will have disinfectant supplies and hand sanitizer for use by participants, coaches, and staff.

PARENTS:

- Parents should not leave the parking area adjacent to the boathouse. Only coaches and active participants should be in the boathouse area after practice begins.
- Parents will need to complete the GVCO Screening Questionnaire prior to players being eligible to practice each day.





- Parents should wear a protective masks, maintain proper social distancing and avoid gathering in large or small groups before, during and after practices.

Thank you to everyone for helping us make the Great Valley Crew healthy and fun!

